

Increase employee health, productivity and satisfaction



Cultivate healthy living and address health risks

Aim to reduce costs by improving employee health

With preventable conditions continuing to rise in the U.S., employers are paying more for health care than they were five years ago — and rising costs are projected to continue. Employers are looking for ways to engage their workforce with the goal of increasing healthy behaviors and reducing costs.

*Cerner Wellness*SM uses technology — complemented by tailored services — to help drive sustainable behavioral changes in a positive, productive way. People can benefit from the tools, which are designed to help them improve quality of life and reduce health care costs.

Impactful population health management

By taking a customized approach to health and well-being that meets your needs, *Cerner Wellness* provides a solution for designing, implementing and managing a successful wellness program.

The online wellness portal enables you to deliver a personalized, meaningful and actionable wellness experience for each individual. The portal can be coupled with our suite of services, from health coaching to labs and biometric screenings to create a comprehensive, seamless experience for your employees.

Key features

- NCQA-certified personal health assessment
- 30+ education workshops
- Team challenges
- Nutrition & exercise tools
- Health coach communication tools
- Incentive and rewards tracking

Use current assets

Cerner Wellness provides a single platform to deploy integrated, measurable wellness programs. Because each organization is unique, it's critical that you have a wellness solution that supports customization and utilization of your individualized approach to engagement, while still providing scalability to do more for your population.

Simplify administration

Cerner Wellness automates many of the administrative and management needs of your wellness initiatives, aimed at making it easier for you to tailor programming and engagement strategies to meet your needs. The management suite empowers administrators, coaches and other health professionals to work with people in an efficient, relevant manner.

As an administrator, you have access to many reporting tools, which offer the ability to segment your population's risks, measure user activity, identify improvements using key indicators over time and report on a variety of other factors. This capability is invaluable in measuring effectiveness, driving quality and ensuring program compliance, which supports a healthier population.

Empowering people

At Cerner, we believe when wellness is managed at the person level, benefits can be realized systemwide. A National Committee for Quality Assurance (NCQA)-certified personal health assessment (PHA), coupled with lab and biometric screening data, provides employees actionable insight for health improvement. The key to *Cerner Wellness* lies in a guided, individualized approach, delivering targeted programming specific to the risks and goals of people in your population.

Providing participants with a choice in how they invest in their health is critical to sustained engagement. We offer seamless integration with multiple health and activity tracking applications and devices, enabling people to track, manage and redeem incentives earned. You can assign customized reward points to behaviors, events and positive health outcomes.

About Cerner

We have more than 30 years of workplace health experience and more than 35 years in health care technology. We are always finding new and innovative ways to deliver value to our clients. We have achieved outstanding results for our own employees and their families. We want to do the same for yours.

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