

### What you get with Wellthy:

# Family care for your work family

Wellthy is the leading caregiving solution for employees and their families. We provide personalized support to help individuals balance work and the demands of caring for a loved one or themselves.



#### CARE PLANNING

# Helping families plan and learn

Comprehensive care planning tools and resources in one centralized, accessible place.



#### CARE CONCIERGE

# Helping families get things done

Dedicated, hands-on support from expert Care Coordinators who get to know each family and tackle their to-dos.



#### WELLTHY COMMUNITY

# Helping families feel less alone

Peer-to-peer platform where family caregivers can find support and exchange knowledge.

45 hrs

it's stressful! On average, family caregivers spend 45 hours per week providing care<sup>1</sup> **73%** 

of U.S. employees have caregiving responsibilities<sup>2</sup>

**\$44 B** 

caregiving costs companies \$44 billion each year due to lost productivity, absenteeism, and retention<sup>3</sup>



"Before I learned of Wellthy, I was on the verge of considering a leave of absence from work to focus on the items needed for my family. In a very short time, that all changed."

Deborah, on caring for her family

<sup>2</sup> Harvard Business School. "The Caring Company." (2019)

<sup>3</sup> BCBS. "The Economic Impact of Caregiving." (2021)





# How a Care Coordinator can help

Wellthy supports employees and their families across the full spectrum of care. And we consider all of the variables of care including medical, financial, in-home, housing, legal, and social-emotional needs.

## Wellthy can help with:



#### **Aging**

For families with aging members dealing with all kinds of life changes.



#### **Health Conditions**

For individuals and families with a tough diagnosis or ongoing condition.



#### **Mental Health**

For those struggling with depression, anxiety, alcoholism, and other mental health concerns.



#### **Veterans Support**

For our heroes and their families to get the care they deserve.



#### Financial Hardship

For those hard working families feeling financially strained.



#### **Special Needs**

For special families with unique and intersectional needs.



#### Childcare

For families who need help finding quality, reliable, and cost-effective childcare solutions.



#### **Teen Support**

For parents or guardians that need help navigating the unique challenges their teenagers face today



For hard-working families, relief is near

91

world-class Client Net Promoter Score (NPS)<sup>4</sup> 90%

are better engaged and less stressed at work<sup>4</sup>

1 in 3

say Wellthy prevented a LOA or resignation<sup>4</sup> 2 in 3

miss fewer meetings or work days<sup>4</sup>

- 2 Harvard Business School. "The Caring Company." (2019)
- 3 BCBS. "The Economic Impact of Caregiving." (2021)
- 4 Wellthy. "Net Promoter Score® (NPS) Response Data via AskNicely". (2022)



# Comprehensive support, no matter the journey

#### Aging

- Finding the right in-home aide or organizing a move into a facility
- Recommending local socialization programs
- Setting up in-home modifications, meal delivery, and transportation
- Helping a family find the right legal resources
- Navigating Medicare, Medicaid, Social Security and Veterans' benefits

#### **Special Needs**

- Managing and sourcing aides and therapists
- Navigating state and employer-sponsored benefits and coverage
- Assisting with school decisions and transitions of care
- Tracking down insurance approvals

#### **Health Conditions**

- Finding providers, scheduling appointments, contesting insurance bills
- Navigating alternative treatment, clinical trials, and top research centers
- Handling the transfer of medical records and tracking down referrals
- Sourcing support groups and therapists

#### **Veterans Support**

- Helping veterans and caregivers gain access to benefits and providers
- Navigating benefits and coverage offered through the VA and privately
- Helping with a veterans financial benefit application
- Finding emotional support programs
  Smoothing the transition from the military
- ✓ to private citizenship

#### Mental Health

- Finding the right provider or in-patient/outpatient program
- Navigating in-network and out-of-network options
- Exploring alternative therapy options
- Ongoing check-ins and support

#### Childcare

- Finding the right in-home nanny or daycare
- ✓ Evaluating local camps, clinics, activities, etc.
- Sourcing supplemental academic support
- ✓ Referring third-party back-up options

#### Financial Hardship

- Sourcing providers who work on a sliding scale (for those uninsured or underinsured)
- Securing third-party prescription/ copay coverage
- Advocating on appeals, bills, and financial aid applications
- Vetting affordable housing options
- Finding community-based resources/programs

#### **Teen Support**

- Finding mental health providers
- Sourcing academic and tutoring support
- Evaluating post-high school options
- ✓ Finding LGBTQ+ providers and support
- Evaluating options for special needs education
- Identifying health/ wellness resources and support (eg. substance use, eating disorders, stress management, sexual health, etc)