

# MSK care that's better for your employees and your bottom line

Reduce unnecessary surgeries, enable faster recoveries, and lower your MSK (musculoskeletal) spend

Vori Health is a nationwide specialty medical practice delivering a virtual-first MSK solution to help your employees get back to their lives faster. As the only nationwide MSK practice, Vori Health is the most convenient way to get your employees the appropriate care at the right time without bouncing around the healthcare system.

Up to **50%** of back surgery is unnecessary or inappropriate<sup>1</sup>

Only with Vori Health can your employees who need orthopedic care get end-to-end support. Whether your employees need a physician-led diagnosis, prescription, physical therapy, and/or health coaching, our multi specialty teams work together to manage all aspects of care.

## KEY PROGRAM BENEFITS

- **4 x ROI**

Take control of your rising healthcare costs with appropriate MSK care that drastically cuts spending.

- **85% engagement**

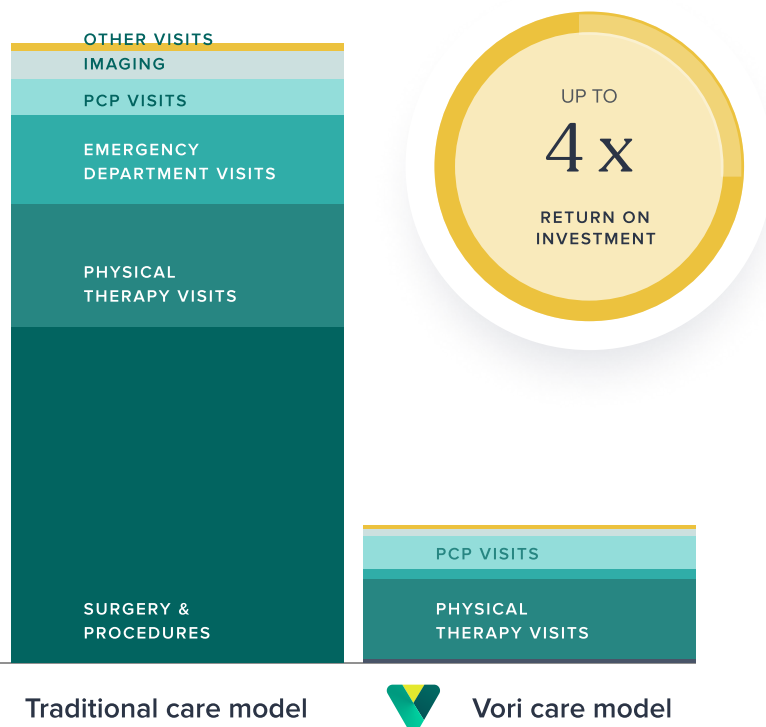
By removing the need for clunky sensors, members can complete their physical therapy whenever and wherever it is most convenient.

- **87 NPS (Net Promoter Score)**

Provide a solution that gets results, saves money, and delights employees.

- **Convenient hybrid care**

Meet your members where they are with a nationwide medical practice offering both in-person and virtual services.



## A MEMBER STORY



### What matters to Jackie:

Going for long hikes with her chocolate lab Choco

### How she found Vori Health:

Jackie's employer promoted a new benefit, Vori Health. Jackie was tired of her pain and wanted to get back to her life, so she scheduled a visit.

### Came to Vori Health for:

Lower back pain, knee pain, weight loss

### Support she received:

After her initial intake with a sports medicine doctor, Jackie needed an anti-inflammatory prescription, 12 weeks of virtual physical therapy, and health coaching to optimize her nutrition and daily habits.

### What Jackie achieved:

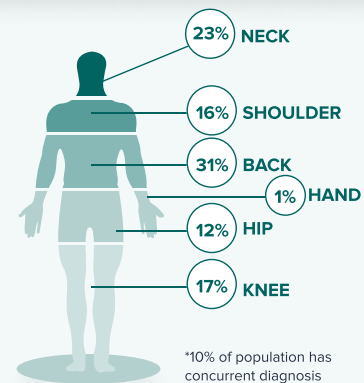
Jackie lost 15 pounds and lowered her back pain from a 6/10 to a 0/10. She now enjoys walking 30 minutes daily with her dog.

## Finding what really matters

Vori Health's physician-led teams focus on the whole person. By addressing the biopsychosocial needs of members, we see greater adherence and higher member satisfaction.

### SAMPLE MEMBER MONTHLY REPORT

#### MSK TREATMENT AREAS



#### PATIENT REPORTED OUTCOMES



#### MENTAL HEALTH (PHQ-2 & GAD-2)



**Data Security:** HITRUST & SOC2 Certified

[1] Epstein NE. Are recommended spine operations either unnecessary or too complex? Evidence from second opinions. Surg Neurol Int. 2013 Oct 29; 4(Suppl 5):S353-8. doi: 10.4103/2152-7806.120774. PMID: 24340231; PMCID: PMC3841934.