



COMPREHENSIVE SERVICES GUIDE



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➔ About Us

IT'S ALL FOR YOU

Corporate wellness takes many paths, but we believe that our approach is the most successful. Why? We listen to you. It's in our company name! We don't believe in one-size-fits-all well-being solutions because no two people are alike. Our dedicated team of experts is here to support each custom-designed, data-supported program.

We strive to be an all-inclusive wellbeing solution for employers of all sizes, demographics, and industries. There are many options to choose from when it comes to a corporate wellness program. Our goal is to meet companies where they're at while providing a comprehensive solution that helps them obtain their own goals.

Through technology and innovative solutions, we aim to empower employees to take control of their well-being. Happier employees help create healthier workplaces. Our programs foster a culture of learning, education, and the chance to build healthy habits daily.

Vision and Mission

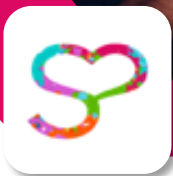
From the smallest beginnings to the largest organizations, we aim to inspire happier, healthier workplaces.

INTERNAL VALUES

Transparency
Customer-Driven
Growth-Mindset

CLIENT-BASED VALUES

Transparency
Customer-Driven
Growth-Mindset



WHO WE SERVE

We Provide Unique Teams with Flexible Wellness Solutions. Whether you're a Human Resources professional looking to improve employee wellness, a broker for a health risk consultancy group, or a healthcare system team, we have programs for you. We are currently partnered with more than 750 clients nationwide and 2 million participating members.

➔ Wellbeing Portal & Smartphone App

Wellworks For You provides cutting edge technology to engage members and improve their health throughout the year. The member will have the opportunity to access their program through their computer, tablet, and/or on their smartphone. The wellness portal will be branded with the company logo, color scheme, and content for members to explore your unique wellness solution. Below you will find more details regarding these amazing features of the technology that you can include you're your wellbeing solution.



Health Risk Assessment



Educational Content



Biometric Progress



Financial Wellness



Health Coaching Dashboard



Fitness and Nutrition Tracking



WellBeats



Rewards Mall



Wellness Discounts



Third-Party Integrations

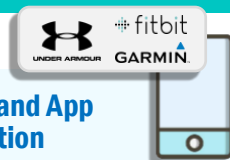


Targeted Courses and Benefit Resources



40+ Languages

FEATURED HIGHLIGHTS



Device and App Integration

Have your participants easily track their activity, nutrition, heart rate, and more through the connectivity of devices and apps such as Fitbit, Apple Health, Garmin, and more.



Challenges

Have your members interact and engage through friendly competitions. They will be able to compete in individual and team challenges throughout the year.



Push Notifications

Keep your member's up to date with the latest program news and provide personal messages to each member based on their health status, incentive progress, and more.



Incentive Tracking and Progress

All member's will be able to see their current status in real-time through the incentive progress section directly on the homepage and the smartphone app.

➔ The Dedicated Team

Wellworks For You was created as a vehicle to assist employees in designing and implementing Comprehensive Wellness Programs focused on the prevention of chronic disease, education, and promotion of a healthier lifestyle. When it comes to wellness, we believe that one size doesn't fit all. That's why we have a dedicated Account Management team for each of our clients to provide you with the highest level of customer service and customization for your company's unique needs.



Coordinators

Your dedicated team of wellness experts customize and manage the day-to-day of your wellness program.

- Day to Day Wellness Coordinator
 - Answers employee inquiries within 24 hours, Monday - Friday
 - Provides program reporting
 - Processes participant program forms and provides participants with confirmation of credit
- Schedules all services, challenges, programs, and strategies for improvement
- Keeps your team apprised of wellness trends

Communication/Marketing

The skilled and experienced creative marketing team assists with the promotion of your program.

- Provides Designs high quality posters, emails, flyers, brochures, postcards, and payroll stuffers customized to your program
- Creates custom and engaging videos outlining your program requirements, incentives, and wellness activities
- Distributes monthly Wellness Newsletters complete with informative articles, healthy tips, and recipes

Managers

An experienced manager will oversee the success and timeliness of your program.

- Leads initial implementation meetings
- Assists with wellness program design, communication strategies, and best practices for your wellness program
- Oversees all aspects of program management
- Provides continuous education to coordinating team on new trends and updates for wellness programming
- Reviews year over year programs to strategize improvements and enhancements

Customer Service

Our trained team members take a customer first approach to supporting the management of your program.

- Provides customer service and answers participant questions via phone, email, and chat
- Works closely with the coordinating team to understand our programs and assist participants quickly
- Assists participants with Wellness Portal logins and password resets
- Processes participant program forms
- Available Monday - Friday, 8:00AM - 6:00PM EST

➔ Reporting

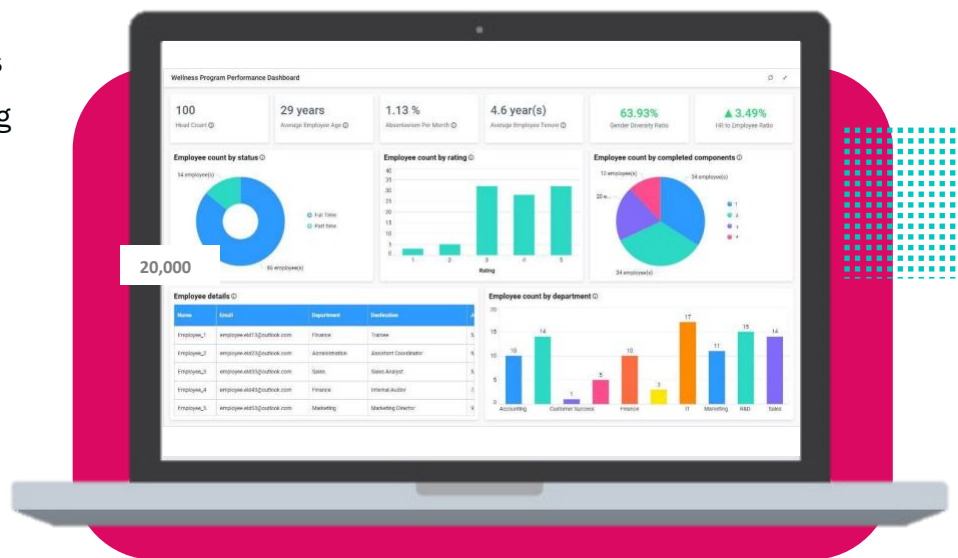
Access to data and reports provides each client to review engagement, participation, employer health risks, improvements, and more. We provide meaningful reporting throughout the year as our dedicated team reviews the engagement within the program but we also provide on-demand reporting features so you and your team can review reports in real time. The dashboard also allows the team to slice and dice the data by location, division, age, gender, and more to produce the most accurate analysis necessary when enhancing your program year over year. Our team will also provide expertise when analyzing these reports and providing recommendations throughout the year.

REAL TIME ADMINISTRATIVE ACCESS REPORTING DASHBOARD

Some of these reports include:

- Engagement Reports
- Program Participation Reports
- Aggregate Biometric Screening Baseline and Cohort Reports
- Health Risk Assessment Baseline and Cohort Reports
- Incentive Eligibility Reports
- Event Participation Reports
- Satisfaction Reports
- Benchmarking Reports

AND MORE...



➔ Targeted Communication Strategies

Each participant will receive a personal approach when it comes to receiving communications. We strive to promote the program based on each individual and tailor the messaging based on their personal journey within the program as well as their overall health. Through our system we can target communicate to the participants on any data point.

These data points can include:

- Incentive Progress
- Age/Gender Appropriate Screening Reminders
- Biometric Screening Results
- Risk-Based Programs
- Event Reminders
- Challenges
- Health Coaching
- Third-party Programs
- Location/Division
- Union/Non-Union Populations
- Benefit Status
- Employee/Spouse
- Custom Fields (ex: employee ID number, etc.)

AND MORE...

MULTI-LEVEL COMMUNICATIONS

Understanding each demographic within the population will provide a strong communication approach on all levels. One of our main focuses is to build a specific strategy surrounding each one of these demographics. Creating a communication strategy for the administrative staff may look different than for bus drivers or manufacturing staff. Through our technology and our multi-level communication approach we can provide an engagement strategy for each demographic.



EMAIL

TEXT

PUSH
NOTIFICATION

HOME
MAILER

PHONE
MESSAGING

➔ Incentive Designs

Wellworks provides program specific and customizable designs based on the goals of the organization and their demographics. We leverage our expertise when designing the incentive strategy and build a program with the client that will be the most effective and engaging while also providing meaningful outcomes.

The incentives can be based on premium differential, rewards mall, payroll contributions, health savings accounts, and more. The tracking of events, activities, outcomes can include:

- Biometric Screenings
- Health Risk Assessment
- Annual Preventive Exams
- Age/Gender Appropriate Screening
- Tobacco Attestation
- eLearning Educational Courses
- Challenges
- Third-Party Programs
- Gym Visits
- Steps
- Race Participation
- Volunteering in the Community

AND MORE...

The customizable designs include:

**COMPONENTS | STEPS PROGRAM | POINTS-BASED
OUTCOMES-BASED | STRATEGIC COACHING PROGRAMS**



**Physician
Results Form**

+



**Health Risk
Assessment**

+



Preventive Exams

=



**Submit Your
Completed Forms**

SAMPLE POINTS PROGRAM

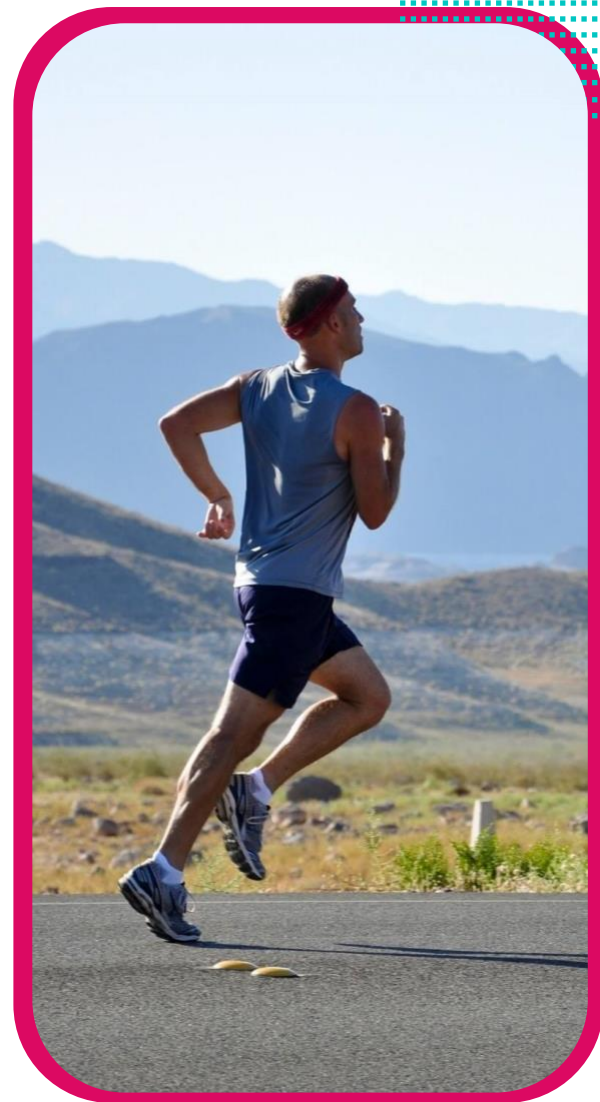
NOTE: Below is an example points program.

The activities/ events points can be weighted based on the type of program offered.

Activities/Events	Points
Biometric Screening	100
Health Risk Assessment	100
Tobacco Attestation	50
Age/Gender Appropriate screenings	50
Challenges	50
10,000 Steps	25
Race Participation	25
Volunteering in the Community	25
Gym Visits	25

SAMPLE OUTCOME BASED/IMPROVEMENTS

Metric	Healthy Range	Improvement
HDL Cholesterol	Men: ≥ 40 mg/dL; Women: ≥ 50 mg/dL	5% increase
LDL Cholesterol	≤ 129 mg/dL	5% decrease
Blood Pressure	Systolic: ≤ 120 ; Diastolic: ≤ 80	2% decrease
Waist Circumference OR BMI	Men: ≤ 40 inches; Women: ≤ 35 inches BMI: Between 18.5 and 24.9	2-inch decrease
Fasting Glucose	Under 100 mg/dL	5% decrease
Tobacco	Positive or Negative for Tobacco	



THIRD-PARTY TRACKING INTEGRATION

We realize you may have other third-party programs in place under the wellness umbrella. We work with you to include the tracking of these programs, as well as tailor the program to include communication strategies and more. We can setup a file feed to receive this data whether it is the health insurance carrier files for completion of age/gender screenings or a diabetes program available to qualified participants. Our team will work with you to customize the design and tracking.

➔ Rewards Mall

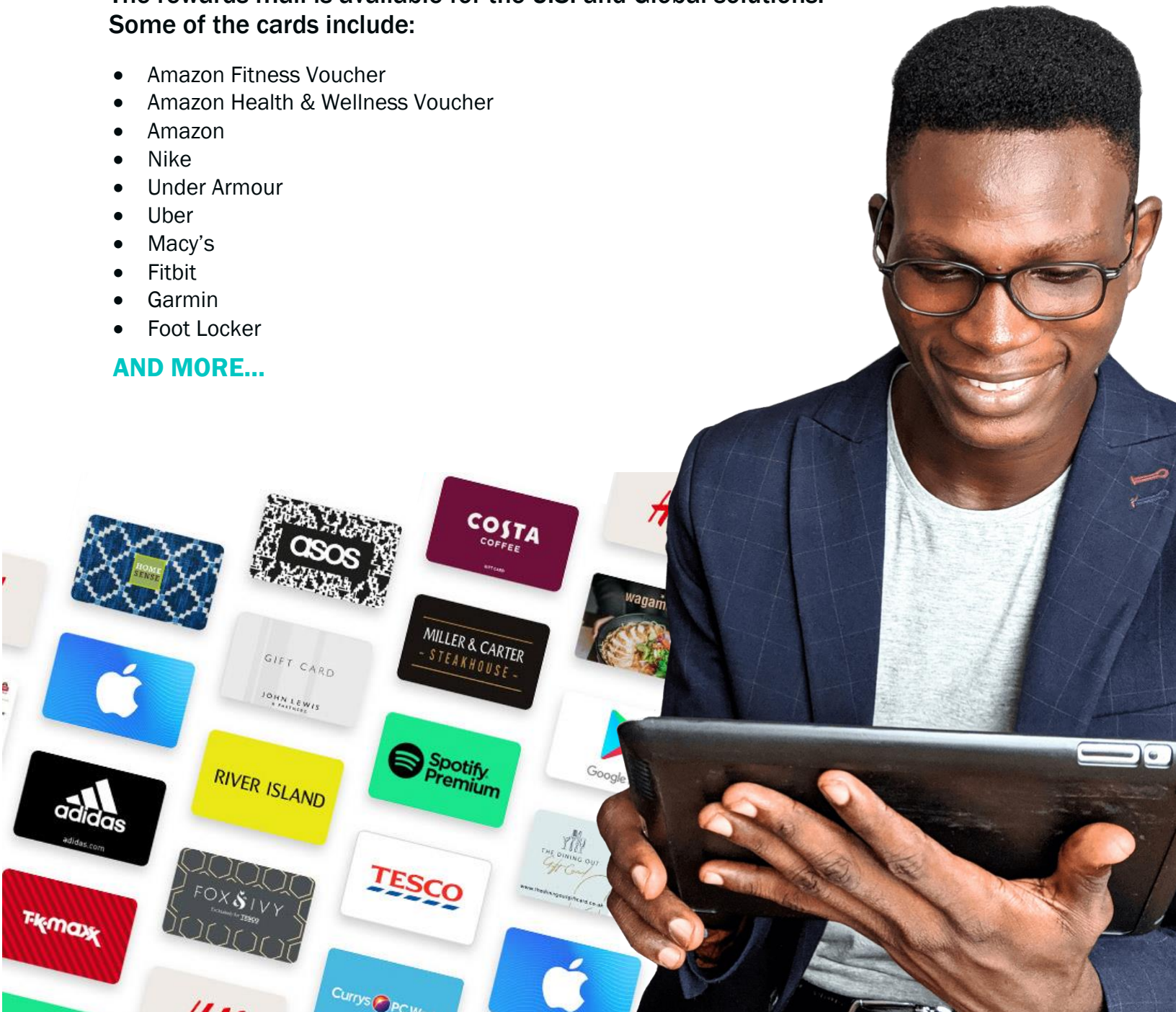
Reward your participants through our Rewards Mall. Participants will have the ability to redeem electronic rewards cards throughout the year. We will work with the team in determining the incentive amount(s) and when the incentive will be distributed. The rewards mall can be activated for all eligible employees or segmented based on a certain status such as medical vs. non-medical. We offer wellness related cards only or all cards available to the participants. The participant can also donate their incentives to preferred national charities.

The rewards mall is available for the U.S. and Global solutions.

Some of the cards include:

- Amazon Fitness Voucher
- Amazon Health & Wellness Voucher
- Amazon
- Nike
- Under Armour
- Uber
- Macy's
- Fitbit
- Garmin
- Foot Locker

AND MORE...



➔ Wellness Challenges

Let's motivate and engage your population through different wellness challenges throughout the year. We provide real-time on-demand leaderboards for participants to be able to interact and view their progress as well as their colleagues progress throughout the challenge. We provide over 40 challenges for the client to choose from or we can customize a challenge with the team.

60 + Challenges Available

Year-Long Challenges

Individual and Team Challenges

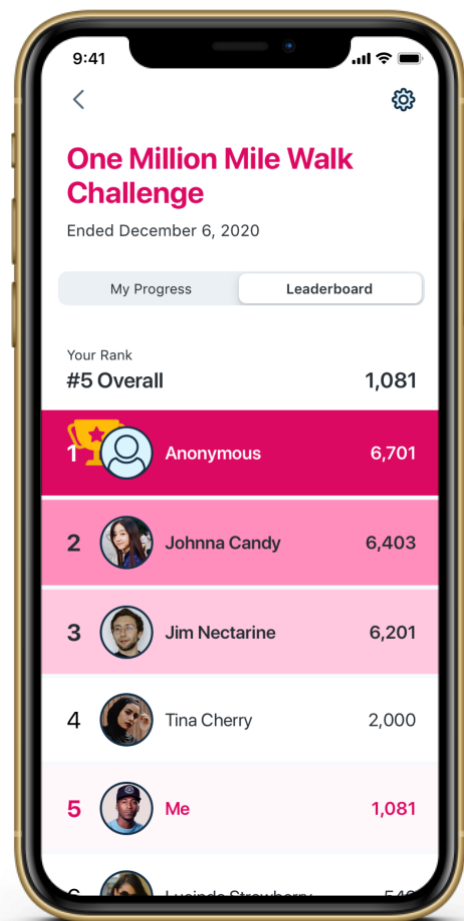
4-12 Week Challenges

Gym Check-Ins

Weekly Motivational Messages

On Demand Leaderboard

AND MORE...



CUSTOMIZABLE CHALLENGES AVAILABLE!

These challenges are not just based on steps or activities. We provide challenges for the total wellbeing and healthy habits for the member. Some of these challenges include:

WALKING CHALLENGES



Cruisin' Through Cali
Appalachian Trail
Exploring Jamaica
MUCH MORE!

WEIGHT MANAGEMENT



Slim For Summer
Maintain Don't Gain
Spring Slimdown
Biggest Loser

HEALTHY HABITS

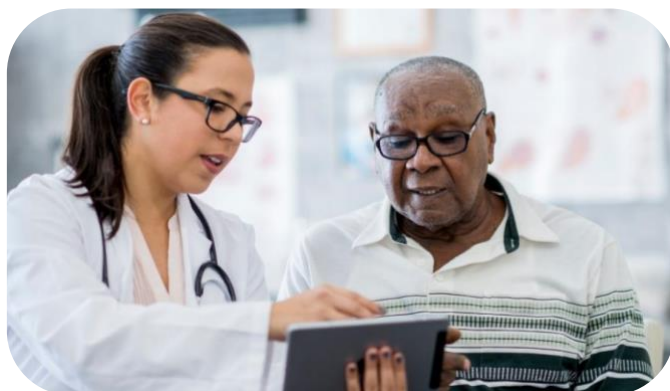


Self-Care Sundays
Challenge Your Palate
Harvest Your Health
MUCH MORE!

➔ Biometric Screenings & Physician Form Collection

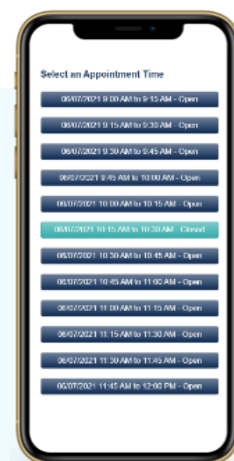
The collection of biometric data provides participants insight into their health risks. We provide multiple options when collecting this data which may include onsite biometric screenings, lab vouchers, physician results form collection, and at-home test kits. Through these options, we can collect data to analyze the overall health of the organization and tailor programs specific to the individual's risks. We provide individual reports to the participant via the technology and provide aggregate baseline and cohort reporting to review risk reduction and program design year over year.

ONSITE BIOMETRIC SCREENINGS



APPOINTMENT SYSTEM

Make it easy for participants to schedule directly through the wellness portal or smartphone app. Telephonic and paper sign-ups available.



Our team will lead in the setup and scheduling of the onsite biometric screening event's. We can provide fingerstick or venipuncture options onsite to collect the necessary biometric data. Depending on the testing method selected, these tests include:

- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Glucose
- Blood Pressure
- Height
- Weight
- Waist Circumference

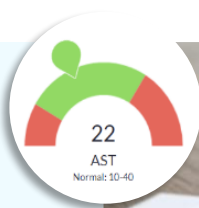
Additional Tests

- Chem 30+ Panel
- HbA1c
- Nicotine/Cotinine
- PSA
- TSH
- CBC
- Vitamin D

AND MORE...

RESULTS

Participants are able to access their results directly on the technology and view their year over year cohort reporting.



LAB VOUCHER PROGRAM

Participants can complete a lab voucher through a preferred local lab. Results are uploaded into the participant's dashboard for view.

PHYSICIAN RESULTS FORM TRACKING

We can collect the biometric data through a physician results form. Participants will visit their physician for their annual preventive exam. It will be at that time that the physician will fill out the physician results form with the biometric results and the participant or physician will submit the form directly to Wellworks. The participant can submit the form via the wellness portal, smartphone app, secure email, mail, or fax. Once we receive the form, we will process the document and upload the data into the individual's account.

FORM READER TECHNOLOGY

Wellworks' form submission technology makes it easier than ever to upload your program forms right on your Wellness Portal or the Wellworks Mobile App. The new form reader technology will instantly scan and read your form data right from the snap of a picture.

AT-HOME TEST KITS

At the convenience of their own home the participant can complete the home kit. The participant will prick their finger and drop 4 droplets of blood into the device. Once they follow the additional instructions the participant will mail the device to the lab and their blood will be processed with results being provided through the wellness portal.

SEND RESULTS TO YOUR PHYSICIAN

A cornerstone of all wellness programming is collection of health metric data. Collecting this information allows our team and our participants to review and understand their health status and areas of potential concern. This is crucial when working to improve one's physical health through wellness interventions.

Whether a participant is working with a Wellworks For You Health Coach or their personal doctor, it is important for them to access their health metric data and voluntarily share it as needed. The participant has the ability to fax their results directly from the Wellworks technology.



Automated Fax

An automated and secure faxing option that will send a user's health metric data to their Primary Care Physician(s) from the portal when health metric data is present for a specified metric collection event.



Confirmation Email

A confirmation email to the participant once fax is sent.



Comprehensive Report

A report within the Reporting Dashboard to show all sent faxes for a given company.

➔ Age/Gender Appropriate Screening Tracking

Prevention is a key component for individuals to reduce their risk of chronic diseases. Add this to your incentive design to motivate members to complete these screenings and improve their overall health. Wellworks can track and verify the completion of age and gender appropriate screenings through form verification tracking or working with the insurance carrier/TPA in delivering files directly into the Wellworks technology.

The verification and tracking can include:

- Mammogram
- Annual OB/GYN
- Colonoscopy
- Colorectal Exam
- Dermatology Exam
- Prostate Exam
- Vision
- Dental



➔ Health Assessments



KNOW YOUR NUMBER POPULATION HEALTH ASSESSMENT

The Know Your Number (KYN) assessment provides each participant a personalized view into their overall health but also their chronic risk. The KYN is a “prospective” proprietary disease prediction risk assessment tool that combines participants onsite biometric/lab screening results with how they answered the Know Your Number questionnaire. Driven by a powerful, patented predictive technology KYN identifies an individual’s near term 5-year risk for the top 6 diseases that are highly modifiable and drive a significant portion of health costs. These include heart disease, stroke, type 2 diabetes, heart failure, along with COPD and Lung Cancer for smokers. Risk includes: their current risk, modifiable risk, and percentile/relative risk to peer group for each disease. The client will receive baseline aggregate and cohort reporting.

The KYN Assessment Provides:

- Graphics indicating your risk of the 9 most common chronic diseases
- An individualized risk-reduction plan
- Personalized information and risk factors based on age, gender, and ethnicity
- Wellness and disease management

Laboratory Test		Notes	High Risk	Intermediate Risk
Lipids	Total Cholesterol (mg/dL)		248	
	LDL-C Direct (mg/dL)		164	
	HDL-C (mg/dL)			
	Triglycerides (mg/dL)			
	Non-HDL-C (mg/dL) (calculated)			
	apo B (mg/dL)	189	158	59
	P (nmol/L)			

MY HEALTH RISK ASSESSMENT

The Health Risk Assessment is the first step in population health management strategies. It helps you identify and predict risk factors for preventable chronic conditions specific to your populations – and their readiness to change. With this information, you will be able to pinpoint and prioritize the best programs and interventions to help reduce costs downstream.

The Health Risk Assessment evaluates:

- Self-Perceived Health Status
- Nutrition
- Biometrics
- Physical Activity
- Social & Mental Health
- Readiness to Change



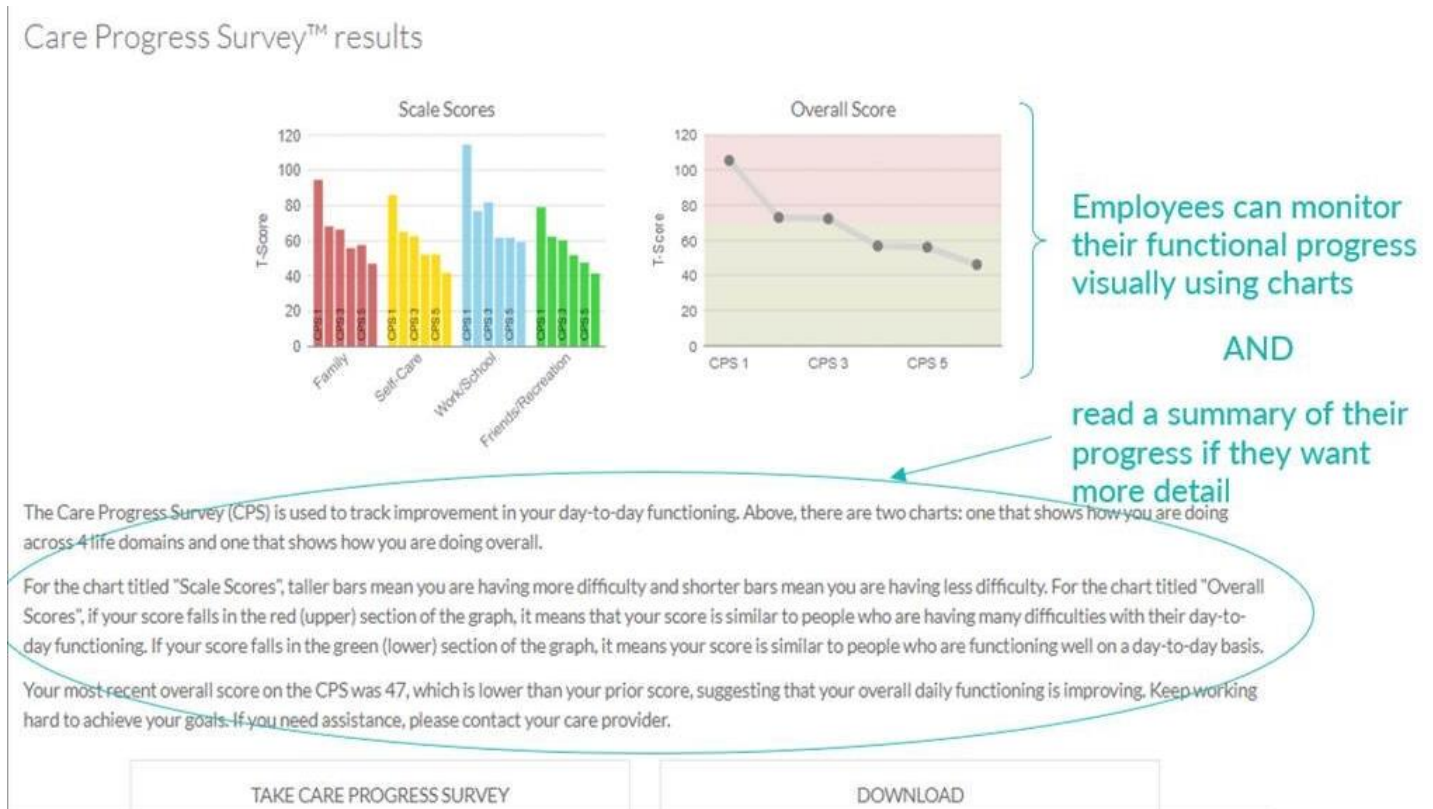
RISK

WELLBALANCE BEHAVIORAL HEALTH SURVEY

The WellBalance Behavioral Health Survey is a HIPAA-compliant solution that is used to efficiently, accurately, and systematically provide confidential screening, access to tailored care resources, and outcome measurement for corporate employees in need of mental health and/or substance abuse services. Testing delivered to employees extends beyond the typical evaluation of depression and anxiety, covering additional problem areas such as sleep, trauma, substance abuse, and more.

The process consists of:

- Population Screening Leading Directly to Tailored Treatment Options
- Access to Thorough Assessment as Needed
- Employee and/or Care Provider Reviews Testing Results
- Development of Care Plans Based on Data
- Ongoing Measurement of Functional Improvement in Response to Care
- Use Machine Learning to Guide Future Preventative Care



➔ Targeted Education Courses

Provide your members with access to educational videos and eLearning Series so they can start to improve and build a healthier lifestyle. Through our library of over 250+ videos, the participant will have access to engagement videos and quizzes. The eLearning Series promotes lifestyle change through courses they can complete. These courses can be 4 weeks to 8 weeks in length and include modules with 3 - 8 minute videos with quizzes.

The targeted eLearning series provides a personalized program for each participant based on their risks through the biometric or HRA data. These programs are automatically populated based on the members risks and can be provided as resources or included in the incentive design.



Weight Management

Sleep and your Health

Stress Management

Physical Activity

Tobacco Cessation

Mental Wellbeing

➔ Health Coaching & Chronic Care Management

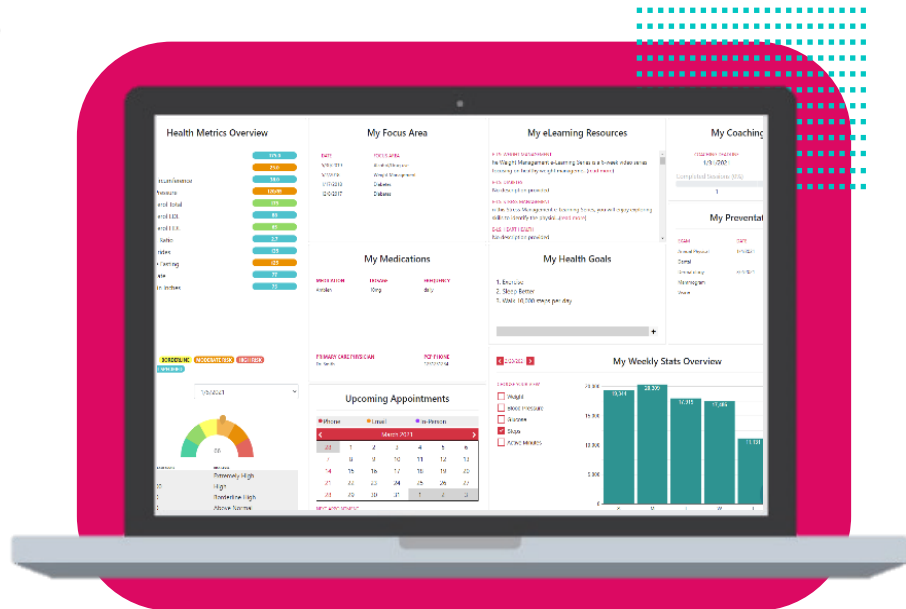
HOW IT WORKS

The Wellworks Health Coaching Program is based on creating a bond between participant and Coach to encourage and enhance behavior change. Through Active Listening, and the Transtheoretical Model, the Coach is able to meet the participant where they are in their journey to change. The Coach and Participant create goals together, discuss strategies, and through Motivational Interviewing, continually connect back to the intrinsic motivators that will encourage long term, sustainable change. Along the way the Coach offers education and tips, discuss challenges and setbacks, celebrate successes and uncover strengths, to encourage the participant to access a healthier version of themselves. The trusting and supporting relationship between Coach and Participant is the foundation on which change is made, from adding more steps or vegetables to the day, to addressing and reducing risk for chronic conditions, and developing lifelong healthy habits that will stay with the participant forever.

We provide one-on-one approach to coaching so the participant will work with the same coach throughout their coaching experience. This provides the participant to become comfortable with the coach overtime and take a deeper discussion in terms of their lifestyle which provides even more meaningful goals and building healthier habits. These coaches are Registered Nurses, Registered Dietitians, Nutritionists, and more.

The participant also has access to a coaching dashboard where the coach will review biometric and HRA results, customize goals, record sessions, and more.

- Real-time data and goals
- Review your progress
- Schedule a meeting with a health coach through a calendar
- Select a health coach based on their background/expertise
- Telephonic scheduling



AND MORE...

Coaching topics include:



**TOBACCO
CESSATION**



**DIABETES
MANAGEMENT**



**WEIGHT
MANAGEMENT**



**PHYSICAL
ACTIVITY**



**STRESS
MANAGEMENT**



TELETHERAPY



OUR STRATEGIC HEALTH COACHING SOLUTIONS IMPROVE PARTICIPANTS LIFESTYLE, WHILE REDUCING THEIR HEALTH RISKS.

Telephonic Coaching

Participants can speak with their coaching one-on-one and build customizable and meaningful goals tailored to their lifestyle.

Chat/Electronic Coaching

Participants who would rather chat or speak with their coach via email will have the capabilities to chat directly from their personal portal or secure email.

On-Site Health Coaching

Extending the personal experience, participants can meet with their coach at work to set goals and review their results, progress, etc.

Strategic Outbound Health Coaching

Once we have identified the risk of the population through the biometric data and/or health assessment, we will provide telephonic and electronic outreach to the at-risk members to engage them within the coaching program.

Incentivized Health Coaching

High or at-risk members sometimes need a little motivation to start their journey on building a healthier lifestyle. Through the incentivized coaching strategy, we will blend coaching into the overall incentive program based on their risk level. The strategy can be based on their biometric outcomes and/or health risk assessment. Participants will have to complete a certain number of coaching calls/sessions based on their results and coaching calls throughout the year to start to build behavior change.



➔ Mental Wellbeing Solutions

WelBalance

MENTAL WELLBEING PROGRAM

The **WellBalance Behavioral & Mental Wellbeing Program** will take you on a journey of self-exploration, helping you to understand and improve lifestyle habits that impact your overall health. Over the course of the program, you will be guided through 4 main segments that explore the 8 pillars of health and wellness.

- NUTRITIONAL
- FINANCIAL
- ENVIRONMENTAL
- PHYSICAL
- INTELLECTUAL
- EMOTIONAL
- SOCIAL
- CONNECTEDNESS

You will have access to a virtual journal, habit tracking games, educational videos, and an abundance of personalized educational resources to help you dive deeper into any topics of your choosing.



ADDITIONAL RESOURCES



WELLBEING VIDEO LIBRARY



WELLNESS LOCKER



EMPLOYEE ASSISTANCE PROGRAM



HEALTH COACHING



LEARNING DASHBOARD



WELLBEATS



FINANCIAL WELLBEING

WellBalance

RESILIENCY TOOLS



Our partner **MINDYRA** offers several tools utilized within the WellBalance program. The Mental Health Program “MHP” is Mindyra’s online mental healthcare solution that provides mental health resources to employees when and where they need them. Within the program, employees may quickly and confidentially self-screen for relevant mental health challenges. Based on the screener results, employees are provided mental health resources in real-time specific to their challenges and at a level of engagement they want, ranging from education and self-help to the option to connect with a professional. As an integral part of the program, employees regularly self-administer the Care Progress Survey™, which takes less than 5 minutes and keeps them engaged in the success of their care.

KNOWLEDGE8 provides education and quizzes on the 8 pillars of wellbeing. Once the member understands each pillar they can truly start to identify which pillar or pillars they may need to improve within their own life.

Once the participant has the knowledge of each pillar they are ready to begin their journey through the 5 week program, **FOCUS5**. The participant will be able to select which pillar they would like to focus on that week. The participant will select the pillar and establish 2-3 obstacles they have within their life. The participant will also establish goals to overcome the obstacles. They will work throughout the week to keep within their goals while rating themselves in the beginning and end of each week.

Challenges provides member’s the ability to build healthy habits over time. The 8-week **WHOLESOME HABITS** challenge provides the participants the ability to track habits in all 8 pillars of wellbeing.



ENVIRONMENTAL WELLBEING refers to leading a lifestyle that is respectful of your surroundings; nature as well as your personal environment.





ANDREW BRAZIER
THERAPIST | CERTIFIED F



ADDITIONAL RESOURCES

Behavioral Video Library

Members will have access to complete behavioral courses at any time throughout the program. The behavioral library provides over 450 course videos. The topics of the courses include:

- MINDFULNESS & MEDITATION
- SELF-CARE
- MOTIVATION
- DEPRESSION
- GRIEF & LOSS
- DIET & MENTAL HEALTH
- PARENTING
- STRESS REDUCTION
- GRATITUDE
- ANXIETY
- PTSD
- POSITIVE PSYCHOLOGY
- CAREGIVER BURNOUT
- RELATIONSHIP ISSUES

Meditation & Yoga Library

Provide your members with a library to select meditation courses and yoga classes. These courses can be quick 30 second relaxers or 30-minute courses. The participant will have access to multiple instructors to choose their favorites. This library includes:

- INTERACTIVE LIVE GROUP SESSIONS
- DAILY TIPS
- ON-DEMAND VIDEOS
- AND MORE...

One-On-One Behavioral Coaching

WellBalance members may work with our Certified Life Coaches and Licensed Clinical Social Workers (LCSW) as wellbeing navigators. Our Coaches will actively work with participants using the results from our comprehensive assessment tools and Care Progress Survey. Sessions will center around topics such as:

- STRESS
- DEPRESSION
- ANXIETY
- SLEEP
- FAMILY LIFE
- SUBSTANCE ABUSE
- TRAUMA
- PERSONALITY
- AND MORE...

LIFE, WORK, FAMILY, & WELLBEING

EMPLOYEE ASSISTANCE PROGRAM

Designed for Whatever Challenges Life May Bring



VALUE & QUALITY

At Wellworks For You, our approach to EAP goes beyond providing an employee benefit. Compassion, paired with a people-centered approach, contributes to increased levels of employee engagement and life satisfaction. Our dedicated team has the experience and expertise to assess, develop a plan, and monitor high profile situations that impact managers and Human Resources.

DEDICATED SERVICES

- Telephonic, video, and face-to-face counseling
- Risk assessment and response
- Critical incident response and management
- Manager consultation and referrals
- Work/life resources and community referrals
- Online content and resources
- Professional development for managers
- Leadership, workgroup, and employee training

Mental Health & Substance Abuse Counseling

Help your employees obtain the help and assistance they need. As an employer, you know the impact mental health and substance abuse issues can have on your workforce. Our counseling programs help employees stabilize their words and return to work positive, productive, and prepared for duty.

Mental Management Consultation

In addition to any personal concerns of their own, your managers and leaders must handle the impact of struggling or dysfunctional employees on your organization's success. Our team of dedicated management consultants and performance coaches will help your managers address employee issues in a timely and effective manner.

Work/Life Resources

In today's connected world, the boundary between employee's work and personal lives are easily blurred. Our team will connect your employees with resources to help navigate financial, legal, and dependent care challenges. The result? A more focused, engaged, and productive workforce.

Critical Incident Response

Offering on-site support for your organization, our team of crisis response professionals helps your organization and employees to cope with critical events. Individual and group debriefings, management consultations, and educational presentations help workforces transition to the "new normal" post-crisis.

The stressful forces in your employees' lives can have a negative effect on your business. Our Employee Assistance Program helps you provide essential workplace support programs.

➔ Financial Wellbeing

FINFIT FINANCIAL WELLNESS SOLUTION

Provide your members with a solution to improve their financial wellbeing. Members will have access to a financial wellbeing portal to complete financial assessments, financial courses, one-on-one telephonic financial coaching, and more.



The members will have access to:

- Financial Dashboard and Budget Calculators
- Personalized Financial Assessment
- Educational Tools and Resources
- One-on-One Financial Coaching
- Automated Savings Programs
- Student Loan Services
- Credit & Banking Solutions
- Early Wage Access
- Coupon Vault
- AND MORE...



▼ Plan



➔ On-Site/Virtual Events

Whether onsite or virtual, you can have your members interact with an expert on multiple different topics. Members can take advantage of fun and exciting event such as:

- Yoga Classes
- Stress Reduction
- Healthy Cooking Demonstrations
- Goal Setting
- Weight Management
- Healthy Eating
- Circuit Training
- Zumba
- AND MORE...



➔ Wellworks Advocacy

Receiving medical bills can be very stressful and confusing when knowing what to pay, is this an actual bill, etc. Through our health advocacy program, we remove all the worry and uncertainty surrounding medical bills. We provide an easy way for the individual to verify any medical bill so it can be negotiated and paid with confidence.

HOW EASY IS IT?

Simply snap a picture and send. The team will research, verify, and explain the situation. We never quit until bill corrections, appeals, and price negotiations are done.

Stop worrying about confusing medical bills.

An easy way to verify any medical bill so it can be negotiated and paid with confidence.

Our members are never alone.

I have insurance, why do I have a bill?

What are the codes & are they accurate?

I paid a co-pay, why do I have another bill?

What is the bill for?

I'm generally unsure about the bill, who can I ask?

