



Understand your employee health risks so you can respond appropriately and effectively

On-Site Biometric Screening

Biometric testing is an integral part of identifying and assessing employee health risks. Quantifying health risks provides a road map for prevention strategies.

Most health risk assessment programs rely only on self reported laboratory data to create an employee health risk profile. Self reported health data is often inaccurate and can lead to faulty risk assessments and misdirected action plans for employees. This argument is supported by the fact that an alarming number of persons with medical disease are undiagnosed. In fact, nearly 50% of persons with high cholesterol, 40% of persons with adult onset diabetes, and 30% of persons with hypertension are undiagnosed.

InHouse Physicians addresses this issue by offering cost effective, biometric screening that can be performed as part of the health risk assessment. We avoid the pitfalls of self reported data, create a much more accurate health assessment of your employees, and design more effective action plans to positively modify employee health risks and control associated employer healthcare costs.

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Specific Tests - InHouse Physicians biometric testing offers your employees access to clinical tests that evaluates a person's risk for the most common medical conditions. These medical conditions are responsible for a majority of employee medical costs and include heart disease, hypertension, diabetes, and cancer. The specific tests that are available include blood pressure, fasting blood sugar, fasting lipid panel, HbA1C, bone density, skin cancer screening, and a variety of cancer markers. Attendees are provided with a list of recommendations based on nationally recognized guidelines and have access to our web-based physician consultation services.

Integration - InHouse Physicians' employee lab tests can be shared with your other third party wellness vendors to support the creation of an accurate health risk assessment.

Outcome Based Reporting - Until recently, most employers tied wellness incentives to participation. Many employers are

now interested in providing employee incentives for not only participation, but for improvement in health risk factors. InHouse Physicians' proprietary health screening software allows employers to do just that. Our software is designed to track year-over-year individual changes in participants' biometric values, assign target goals for each biometric parameter, and track associated incentive points for employees who reach the assigned goals.

Communication with Employee's Physician - InHouse Physicians further differentiates itself from other vendors by fostering meaningful communication between our board certified physician specialists and the employee's personal physician. Our physicians share all of the biometric test results with the employee's primary care physician. This action dramatically increases the likelihood that the results of the testing will lead to a positive shift in the employee's quality of medical care, well being, and health risks.



For more information on how InHouse Physicians can help you achieve your event objectives, or for a detailed consultation, call 1-800-356-3627 or visit www.inhousephysicians.com