

# SHIP BREAST MILK, SHATTER GLASS CEILINGS

How breast milk shipping supports families and your bottom line.

# FOR MOMS & BABIES

#### Breastfed infants have reduced risks of:

- Asthma
- Obesity
- Type 1 diabetes
- Severe lower respiratory disease
- Ear infections
- Sudden infant death syndrome (SIDS)
- Gastrointestinal infections (diarrhea/vomiting)
- Necrotizing enterocolitis (NEC) for preterm infants

#### Breastfeeding can help lower a mother's risk of:

- High blood pressure
- Type 2 diabetes
- Ovarian cancer
- Breast cancer

When employers support workplace lactation, breastfeeding duration is dramatically increased. Comprehensive corporate lactation programs have reported that 75% or more of participating moms achieve 6 months or more of breastfeeding.

# FOR EMPLOYERS\*

## **Lower Medical Insurance Claims**

Breastfed infants incur lower health costs from fewer doctor visits, hospitalizations, and prescriptions, which helps the company's bottom line when employers subsidize health insurance.

## **Reduced Absenteeism**

Breast milk boosts infants' immune systems and helps protect them from common childhood illnesses - this is particularly true for babies in a childcare environment. One-day absences (to care for a sick child) occur more than twice as often for mothers of formula-fed infants than for those of breastfed infants.

## **Improved Employee Retention**

Employers with lactation programs benefit from significantly higher retention rates over the national average and reduced recruitment, hiring, and training costs.

## Improved Employee Satisfaction

Providing lactation support helps ease the transition back to work following maternity leave. Employees whose employers provide lactation support report improved morale, better job satisfaction, and higher productivity than those without it.

#### Improved Employee Recruitment

Companies with comprehensive lactation programs demonstrate a commitment to Diversity, Equity and Inclusion (DEI). Additionally, these employers earn public recognition and media attention, which can boost recruitment efforts and general goodwill within their communities.

Milk Stork clients comprise over 20% of the Working Mother 100 and over 15% of the Fortune 100 Best Companies. Top-tier publications regularly laud Milk Stork clients for their support of mothers and families.

# WHY MILK STORK? Milk Stork's experience in getting liquid gold where it needs to go is unrivaled.

4.5M Ounces Shipped | 840 Employers Support | 94 Countries Served



Business & Personal Travel

Help pumping moms get their breast milk home from anywhere in the world.



**Employee Relocation** 

Help families relocate their frozen stashes of breast milk when they move.



Surrogates

Ensure that families can safely and efficiently ship breast milk from their surrogate to their baby.

# **SUPPORT WORKPLACE LACTATION**

## THE MILK STORK FLOCK

Practical, pay-per-use lactation benefits.



**Pumping & Lactation Support** 



**Easy Access to Breast Pumps** 

#### **Breast Milk Shipping**

# **ESTIMATED COSTS**

Milk Stork's breast milk shipping and family benefits are pay-per-use — employers only pay for what employees order. Utilization costs will vary based on demographics, breastfeeding rates, and travel policies.\*\*

## **Breast Milk Shipping**

Help traveling moms and families using surrogates get their breast milk home to their babies.

#### Domestic

- Pump & Tote 34/72 oz
- Pump & Ship 34/72 oz
- Freeze & Check 48 oz
- Freeze & Ship 48 oz
- Stash Mover 180 oz
- Stash Shipper 180 oz

## Virtual, On-Demand Lactation Consulting

Support new parents with access to expert breastfeeding advice.

- 1-month unlimited access
- 3-months unlimited access

## Lactation Room Pump + Supplies

Give employees everything needed to pump at work via leasing a Medela Symphony multi-use hospital-grade breast pump with quarterly supply boxes.

#### International

- Pump & Check
- Pump & Ship
- Freeze & Tote
- Freeze & Ship
- Stash Mover
- Stash Shipper

## **Breast Milk Nutritional Testing**

Empower moms with detailed explanations and actionable insights specific to their breastfeeding journey.

- Basic Kit
- Standard Kit

#### **Access to Breast Pumps Through Insurance**

Help moms determine their preferred pumps and have them delivered.