



## FINANCIAL WELLNESS



Financial stress has a huge impact on your employees' wellbeing. Between living expenses, loan payments, and activity fees for children, financial stress adds up. With all the bills to worry about, 65%<sup>2</sup> of Americans end up saving little or nothing, leaving them struggling in retirement. Securing a solid financial future is possible. Help your employees take a holistic approach to achieve their financial goals.

HealthCheck360 offers a financial well-being solution for your employees through the award winning MetLife Retirewise® program. You don't have to be a MetLife client in order to take advantage of this financial wellbeing program, and Retirewise® goes beyond planning for retirement. This comprehensive financial and retirement education series supports and complements your benefit plan. No matter what age, background or career stage, your employees will get the information they need to take action and make smarter decisions. And all at no cost to you and your employees.

### WHAT'S INCLUDED

- 4-part in person workshop series with local financial professionals
- Optional complimentary personal consultations
- Customized employee communications
- User friendly registration site hosted by MetLife for workshops and individual consultations
- Program materials provided including a workbook
- Employee feedback and reporting

EXPERIENCE YOU  
CAN COUNT ON<sup>3</sup>

1,915

COMPANIES  
OFFER RETIREWISE<sup>®</sup>

10,934

RETIREWISE<sup>®</sup>  
WORKSHOPS DELIVERED

190,631

RETIREWISE<sup>®</sup>  
ATTENDEES

79,061

OF ATTENDEES  
REQUESTING APPOINTMENTS

#### PROGRAM OUTLINE

The program delivers objective information that covers a broad spectrum of financial and related topics from budgeting, and basic financial investment concepts to how to structure a retirement income stream.

MetLife has an exclusive arrangement with Massachusetts Mutual Life Insurance Company financial professionals to deliver the program.

#### Session topics include:

1. Building the Foundation
2. Creating and Managing Wealth
3. Establishing Your Retirement Income Stream
4. Making the Most of What You Have

Help your employees better understand their finances, manage their debt, and secure a bright financial future.

1 <https://www.apa.org/news/press/releases/stress/2016/coping-with-change.pdf>

2 <https://www.bankrate.com/banking/savings/financial-security-0318/>

3. 2018 Retirewise Workshop Results

\*Minimum group size is 500 employees; all employees do not need to be at the same location.

