Workplace Wellbeing

Attract, Engage, and Keep Good People

Our Mission

We believe that workplace wellbeing is a culture. We want to inspire and uncover the highest potential in people at work, every day, so they can show up healthy and at their best.

Our business is putting people first. It drives everything we do. We're a service—not a faceless platform—that understands without healthy and happy people, there wouldn't be a great and successful business.

Core Values

- / Make Wellbeing Accessible
- / Teach the Value of a Healthy Lifestyle
- / Bring Fun to the Workplace







Financial Fitness





Emotional Health



Professional Development



Social Engagement

Trusted By Leading Companies

"FitPros is a wonderful partner and has helped us adapt to the new wellness environment."





A Global Service Provider

We're Committed To

- / Collaborating with You and Your Team (HR Benefits Groups, L&D D&I, Broker, ERG Groups etc.)
- / Handling the Coordination, Logistics, and Communication Materials
- / For long term programs, you will have a dedicated Success Manager to ensure the success of your program
- / Consistent and Ongoing Innovation
- / Superior Customer Support















/ 1,090+ FitPros University Certified Health and Wellbeing Professionals

/ Insured

/ Active Review Process

/ 50+ Unique Areas of Expertise

Virtual. On-Site. On-Demand.

/ Health Talks

/ Health Fairs

/ Social Engagement

/ Fitness Classes



Health Talks

An informational presentation—virtual and on-site—with a certified professional who inspires healthy living through a motivational discussion.

/ Nutrition / Stress Mgmt

/ Leadership / Mental Health

/ Parenting / Communication

/ Sleep / Diversity, Equity, Inclusion

/ Ergonomics / Emergency Preparedness

/ Financial / Doctor Led

/ Learning

& Development





Social Engagement

Engage your staff in their personal wellbeing goals while building team camaraderie.

Sessions are available virtually or on-site.

/ Cooking Class / Self Defense

/ Improv / Trigger Point

/ Challenges / Vision Board*

/ Trivia / Succulent Making*

/ Painting / Crafting*

/ Magic Show / Mystery Dinner*

/ Escape Room / Sushi Making*

/ CSR / Cookie Dough Tasting*

*Home delivered kits are included.

Fitness Classes

Exercise classes that are easily implemented into any space—virtual and on-site—to make physical health and wellbeing accessible to all.

/ Yoga / Pilates

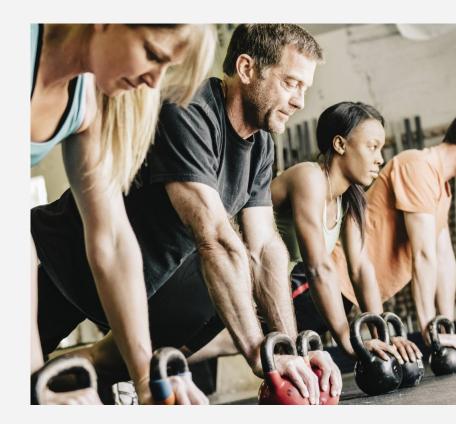
/ Bootcamp / Hip Hop

/ Boxing / Zumba

/ Qi Gong / Tabata

/ Meditation / Live DJ Fitness

/ Barre / Family Yoga



Wellbeing Portal



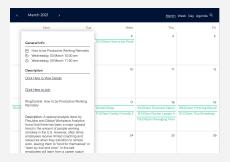
Wellbeing Portal Content

Here you'll have access to online fitness and workshop content curated by credentialed health educators as well exclusive vendor deals from our partners.



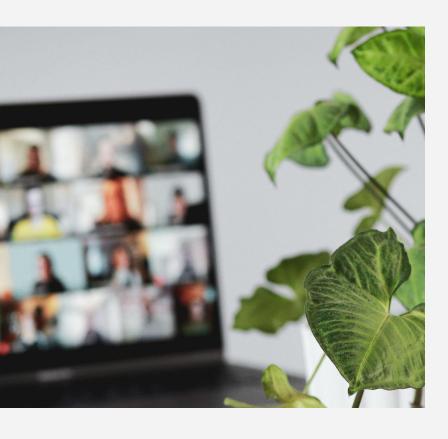
Les Mills

Voted #1 best home workout of 2020. 100 videos, including equipment and non-equipment workouts, from the six most popular programs + technique tips, and mindfulness videos.



Events Calendar

A one-stop place to access your calendar displaying upcoming programs and session, logistics, registration links, plus any handouts (recipes, takeaway flyers, etc.)



Virtual Health Fair

Bring your remote team together to learn, share, and celebrate. A virtual health fair is a great way to give your employees access to fun, online sessions delivered by credentialed experts to build a culture of health, no matter where your staff is located.

/ Fitness Class / Hosted webinar with carriers

/ Health Talk / On-demand Classes

/ Meditation / Custom Employee Portal

/ Cooking Demo And, lots of customization options

Onsite Health Fair

Unlike old-school health fairs, FitPros throws a wellbeing party for your employees. Our goal is to support your efforts to engage your staff in their wellbeing, and with the benefits your company offers.



- / Secure 15+ vendors, and all vendor communication leading up to Fair (smaller fair size option is available)
- / Collection of vendor's Certificate of Insurance
- / 2 Hour Health Fair
- / 3 FitPros staff on-site day of to coordinate and engage with employees
- / Tote Bags, Chair Massages, Snack Table, and a Live DJ

- / FitPros activities; such as Boot Camp Challenge, photo backdrop, and wellbeing passport game with BIG prizes
- / Wellbeing Passport prize(s) that FitPros will intake and bring the day of event typically values over \$500

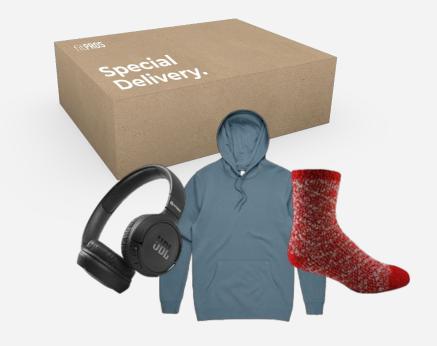
See a Health Fair In-Action >

Care Packages

Thoughtful Employee Gifting and Recognition Made Easy.

Designed to promote holistic health and team engagement, our care packages recognize your employee's dedication with thoughtfully curated gifts. Employees can wear your brand with pride. Make it easy by sending this gift directly to them.

Great for the holidays, new hire and anniversary gifts!



FitPros.com



Wellbeing Plans

STARTER \$10,000	PREMIUM \$25,000	ELITE \$50,000
STARTER \$10,000 4% Discount from List Price \$8,500 to spend on FitPros Services Dedicated Client Success Manager Branded Marketing Materials Public Wellbeing Portal Access Annual Virtual Program Analytics	Starter Plus: 6% Discount from List Price \$20,000 to spend on FitPros Services Custom Branded Wellbeing Portal Access with Company Event Calendar Quarterly Virtual Program Analytics	Premium Plus: 9% Discount from List Price \$40,000 to spend on FitPros Services Monthly Virtual Program Analytics 10 Day Change Policy Window (20) \$25 E-Gift Card Employee Incentives Wellbeing Expert Pre-Calls Annual Wellbeing Bank Rollover
Employee Feedback Surveys VIP Thought Leadership Invitation Snack Brand Partner Discounts Wellbeing Technology Partner Discounts 14 Day Change Policy Window	Quarterly Wellbeing Newsletter Wellbeing Portal Analytics On-Demand Fitness Video Library 30-Day Racery Challenge	

Let's go!

Thank you for letting us show what we're all about. We can't wait to start building your workplace wellbeing program.



Jack Stern
Director of Sales
jack.stern@fitpros.com
fitpros.com