



Integrated Employee Wellness Solutions



MASSAGE

Calming chair massages help relax employees and decrease anxiety & stress.



YOGA

Regular yoga practice creates mental clarity and sharpens focus and concentration.



MINDFULNESS

Mindfulness has proven to lower depression, chronic pain, and anxiety.



ASSISTED STRETCHING

Stretching, especially after prolonged sitting, helps recurring back pain issues.



Workplace burnout? Not on your watch.

Zeel@Work delivers mobile stress reduction solutions to rejuvenate employees and promote a culture of wellbeing. Our nationwide network of trusted providers and industry-leading tech bring wellness to your organization—flexibly, scalably, effortlessly.

How does it work?

BOOK: Use our instant booking tool or speak to our team about scheduling recurring or event-based sessions. Whatever the frequency, top-tier wellness professionals are guaranteed.

ENJOY: Our wellness professionals come directly to you. Just set aside the space and choose from Massage, Yoga, Assisted Stretch, and Mindfulness—or a combination!

REPEAT: You choose the frequency, and employees can book their own sessions in a snap—complete with automatic reminders. Our our award-winning 24/7/365 support team are here to support and empower you every step of the way.





Seamless support is in our DNA.

We see each and every client as a valued member of the Zeel family. With a full complement of dedicated support, you'll always be at the center of our universe.

Your **Client Success Manager**—your primary day to day contact—will help you get maximum value out of your Zeel@Work program, while your **Account Manager** will help you strategize for your organization's unique needs.



What do our clients say?

"Partnering with Zeel has made implementing a wellness program simple! Our employees continually express their excitement about the chair massages."

-Melissa B., HAWKE MEDIA

"Love the convenience of feeling relaxed at work, made possible by wonderfully talented massage therapists!"

-Mona Wong,
PFIZER

"Our employees love Zeel Chair Massage. They come in early and stay late the day Zeel is in the office."

-Unity Stokes,
STARTUP HEALTH

Ready to get started?

Contact us at zeelatwork@zeel.com to start building your program.



On-Demand Chair Massage Events

**Not ready for a recurring program?
You can still book a one-time Chair
Massage event with Zeel!**

Proven to reduce workplace stress by up to 85%, massage's many benefits also include blood pressure reduction, improved sleep quality, and increased productivity.

Bringing chair massage to your office is easy—using our self-serve portal, you can book any time, for any size team, as soon as same day! Massage therapists in the Zeel network are available 365 days a year in over 100 cities nationwide.

**Book today at our self-serve portal:
zeel.com/chair-massage**

