

Creating Wellbeing Solutions That Work

Your Passion is our Purpose

We believe that the best wellness program is the one that gets used. Let Healthbreak's high-touch level of service combined with Virgin Pulse's award-winning high-tech platform power your wellness program!



Our Capabilities

A High Touch Approach

We innovate, integrate, create, engage, manage, get the wellness word out, have fun, and best of all, we generate award-winning wellness programs. We've been around for almost 30 years so we know what works and how to get you up and running. Fast.



Social Engagement Platform

Award Winning Solutions

Power your business with Virgin Pulse's industry-leading Ignite and Engage platforms. Employers can opt for the social wellbeing solution designed to increase employee engagement, or a total wellbeing solution designed to drive sustainable behavior change. Engage your people and power your business with our unmatched technology.



Wellbeing Programs

Designed by Wellness Experts

We design award winning health and wellbeing programs that help employees take great strides in improving their health. For Life. With our wide array of healthy-lifestyle programs, wellness challenges, and educational offerings, we make employee wellbeing simple for you and entirely attainable for your employees.



Professional Services

Extend Your Team

Power up your wellbeing program with a professional team from Healthbreak. Our staff includes specialists in all aspects of health, fitness, and workplace wellness, including behavior health experts, exercise physiologists, dietitians, health instructors and more. Let Healthbreak extend your team today!

Learn more at www.healthbreakinc.com
Email us at info@healthbreakinc.com or call us at 720.344.9507.