



## EXPAND YOUR PROGRAM ADVANCED PORTAL OPTIONS INCENTIVE PROGRAMS

### THE EMPOWER PROFILE HRA:

A health risk assessment that is revolutionary in design, researchbasis, data capture options, reports and flexibility.

- Completed online prior to the screening event
- Easy to complete – takes about 5 minutes
- Based on leading cost avoidance research (H.E.R.O. & U of M)
- English and Spanish versions available
- Used by over 2,000,000 participants.

### Personal Report:

Delivered confidentially to participants online 3-5 days post screening.

- Focus on success regarding controllable risk & efforts in germ resistance, resilience, weight control, prevention of injuries, heart disease & cancer.

- Scientifically designed to accelerate personal improvements in health & use of related support resources.

## COMPREHENSIVE **36 TEST** BLOOD PANEL AND MORE:

Identify early warning signs for: Heart Disease, Diabetes, Liver Abnormalities, Nutrition Disorders, Kidney and Thyroid Disease, Anemia, Cancer, Abnormal BP, BMI Risk and Lifestyle Risks

- **Diabetes/Kidney:**

Glucose, Bun, Creatinine, Calcium, Phosphorus

- **Electrolytes/Oxygen Capacity:**

Sodium, Potassium, Chloride, Red Blood Cell

- **Nutrition:**

Calcium, Total Protein, Albumin, Uric Acid, Magnesium, Iron

- **Heart/Cholesterol:**

Triglycerides, Total Cholesterol, HDL, LDL, HDL Cholesterol Ratio

- **Liver:**

Total Bilirubin, Direct Bilirubin, Alkaline Phosphatase, SGOT, SGPT, GAMMA GTP, LD

- **Thyroid/Infection/Anemia/Cell Count:**

T4, White Blood Cell Count, Hemoglobin, Hematocrit, MCV, Platelet Count, MCHC, MCH

# A FRESH APPROACH TO A HEALTHY LIFE