



& Delivered to your home

3x

Higher effectiveness



Scientifically validated ₽**50x**

Investment return within 1 year

10x

MINDCO

Adoption and enrollment than market standard

VR MET is our R&D proprietary technology

We developed the only approach worldwide that uses cognitive training with VR-MET (Virtual Reality -Mindfulness Exposure Therapy)

to change unhealthy habits and behaviors, train your brain where and when you want. VR-MET technology is clinically validated with studies co-authored with researchers from Johns Hopkins University and published in the prestigious journal JMIR, reflecting an efficacy of 33%.



Increase productivity

Increase loyalty

Reduce health related costs

AVAILABLE PRODUCTS



The most effective program on the market to help you quit smoking.



kit



Mindco Relief

Train your mind and body to reduce and control stress.

MIND COT NE

OUR SOLUTION

Mindco unique characteristics

Easy to follow programs that help users improve through daily contents, VR simulations, coaching and more.

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Virtual training

Everything the user needs to use to be healthier in a kit. Includes Virtual Reality cardboard, user manual and accessories. Train your brain with Virtual Reality scenarios, educational content and relaxation sessions.



Digital Follow Up

Track your progress, share your experience with others people and access your personalized data through our mobile apps.



Human coach

Performed by certified and trained therapists to guide and keep the user engaged throughout the program.

MindCo is the most effective program on the market

