

# The best mental health care for your workforce



Help your employees get better, faster with the highest-quality mental health benefits

## 82.7%

of your employees will clinically improve or recover in an average of 8-12 sessions with Lyra.



### Fast Access to Care

- ✓ Largest network of evidence-based mental health providers
- ✓ Covering 2.2 million members, including children under 13, teens couples, families, and adults for a diverse group of employers
- ✓ In-person, video, live messaging, mental wellness tools, and onsite care options



### Great Member Experience



### High-Quality Care

- ✓ Rigorous data-driven measurement of impact and quality
- ✓ Digital platform with same-day appointments available
- ✓ Deliver more care that works – for all needs, from stress to suicide

# The most comprehensive mental health care benefit tailored to your unique members

## CORE SERVICES

Customize your flagship mental health benefit using the best of Lyra's technology, network, and expertise:

### Preventative

Lyra  
Essentials\*

Lyra  
Guided  
Self-Care

Lyra  
Coaching

Lyra  
Therapy

Lyra  
Medication  
Management

### Moderate-Severe

- Unlimited 24/7 care team
- Care platform and app
- Mental health assessments
- Work-life services
- Disability and leave evaluations

- Workshops and training
- Critical incident and support
- Unlimited manager consultations
- Member communications and content
- Enhanced reporting

\*COMING EARLY 2022

## SUPPLEMENT YOUR BENEFITS

Offer easy access to care and 12-25 free sessions to your members through Lyra while keeping your existing EAP.

## REPLACE YOUR EAP

Reimagine the role of an EAP and offer 12-25 sessions and work-life services.

## REDEFINE WORKPLACE MENTAL HEALTH CARE

Offer the most complete care with Lyra's EAP and expanded access to services through Lyra's client-specific health plan network.

Morgan Stanley

"With Lyra, we offer access to high-quality mental health providers."

AMGEN

"These are stars in the industry."

Uber

"Lyra is our partner for mental health."

Learn more at [lyrahealth.com](https://lyrahealth.com)