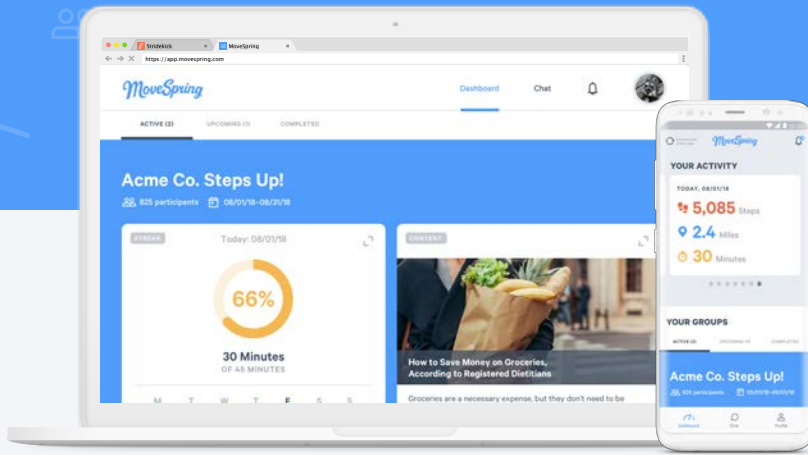




MoveSpring is a fun, easy-to-use activity challenge platform for companies and organizations. Connect any activity tracking device and get stepping as a group! Engage through our iOS app, Android app or on a web browser.



9 Challenge Modes

Nine different challenge modes including team leaderboard, streak, journey, target and more! Compete on steps, distance and active minutes.

Best in class for a fun, easy-to-use step challenge experience.

CONNECT ANY DEVICE

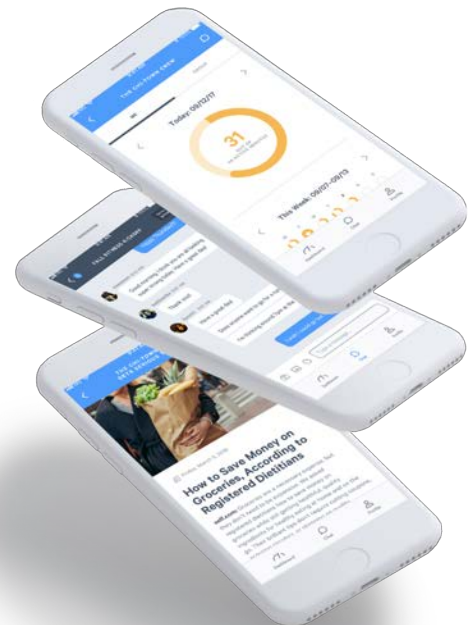
We integrate with the leading providers, covering 90% of the consumer wearable device market including Fitbit, Apple Watch, Garmin and more.

IN-APP CONTENT

Keep your group engaged with content. Upload your own content or choose from our library of curated health and wellness content. Publish videos, articles and posts.

IN-APP CHAT

Group, team and individual chat fosters community and social motivation. Admins have access to chat to send announcements and even provide coaching.



A simple admin center that saves time

Our admin center keeps program management easy and efficient. Manage users, create challenge groups in under 60 seconds, and run reports to see challenge stats, as well as user activity and engagement.