



HealthSource
Solutions

HealthSource Solutions
also provides:

- Health screenings
(cholesterol, glucose,
blood pressure, BMI)
- Flu shots
- Wellness portal
- Educational displays
- Seminars

www.healthsource-solutions.com

10159 Wayzata Blvd.
Suite 100
Minnetonka, MN
55305

763-287-0740

info@healthsource-solutions.com

Wellness Program Management

Provide Depth and Focus to Your Wellness Program

We partner with you to develop a well-planned, highly executable wellness program that drives real results.

Our Model



Why choose Wellness Program Management?

Customize plans and metrics: we design a strategic plan specific to your company's unique goals and track outcomes important to your company

Keep your program on track: we provide oversight and guidance throughout the year

Share information: we replicate successes and best practices from our clients

Integrate resources: we maximize your EAP, health plan, portal or other benefits offerings

Stay current: we keep up with what is trending, the latest research and new areas of focus

ENRICH EMPLOYEE WELLBEING

Wellness Program Management

Choose the model that best supports your company's health management goals.

MODEL 1

Designed for companies needing an annual plan and guidance

- Annual calendar with goals
- Monthly check-ins
- Educational handouts
- Consulting on programs
- Year-end dashboard
- Coordinate two behavior change programs per year
(printed tracking materials are an additional fee)

\$5,550/year,* 4 hours/month

MODEL 2

Designed for companies who are looking to enhance their wellness program and want to make an impact

- Develop and execute annual plan
- Develop Wellness Team and Champions
- Attend monthly Wellness Committee meetings
- Manage communication plan
- Launch and support wellness tools
- Consult on policy and environment
- Provide awareness and educational resources
- Provide on going program support
- Reporting
- Maximize resources (health plan, EAP, broker, etc.)
- Coordinate up to three behavior change programs per year (printed tracking materials are an additional fee)

\$9,970/year,* 8 hours/month

MODEL 3

Designed for companies who are committed to imbedding wellness into their health management strategy

- Includes all services listed above plus more hours of time to be onsite for various program needs
- Onsite communication at company meetings
- Provide educational materials: posters, displays, resource guides, handouts
- Offer behavior change programs
- Educational seminars
- Coordinate health events or health fair
- Launch of initiatives/challenges

\$16,900/year,* 16 hours/month

ONSITE STAFFING

Designed for companies who need someone to take on the daily tasks of program implementation, leading communications and facilitating engagement

- Includes all services listed above *plus* a dedicated Onsite Wellness Staff (.6 FTE or greater)
- Provide thought leadership and drive a culture of health
- Develop and guide the wellness committee
- Develop and execute the communication plan
- Maximize awareness of all health resources
- Collaborate with Risk Management, Safety, Benefits and Medical
- Lead Wellness award application process
- Manage evaluation, data collection and year-end report
- Oversee fitness center/room (if applicable)

Call for pricing

* 12 month service agreement required. Travel expenses may apply.