



# IGNITE & REBOOT PACKAGE

**STRETCH** your legs & your capabilities  
**MOVE** your arms & your energy state  
**STRENGTHEN** your body & your mindset  
in just 15 minutes

## Includes

LIVE Reboot 15 classes via Zoom (private link)

Subscription to Self Reboot's Video Library

- Exercise Videos
- Master Classes: mental, nutritional, and financial wellness
- Guided Meditations

Reporting

Monthly FREE Pop-Up Classes

Marketing materials to promote the program

Up-to 500 employees

## Pricing

12 live classes  
12-month subscription

Investment \$3,300  
\$13 per employee  
based on 250 employees

6 live classes  
6-month subscription

Investment \$1,650  
\$7 per employee  
based on 250 employees



*Turnkey Wellness*

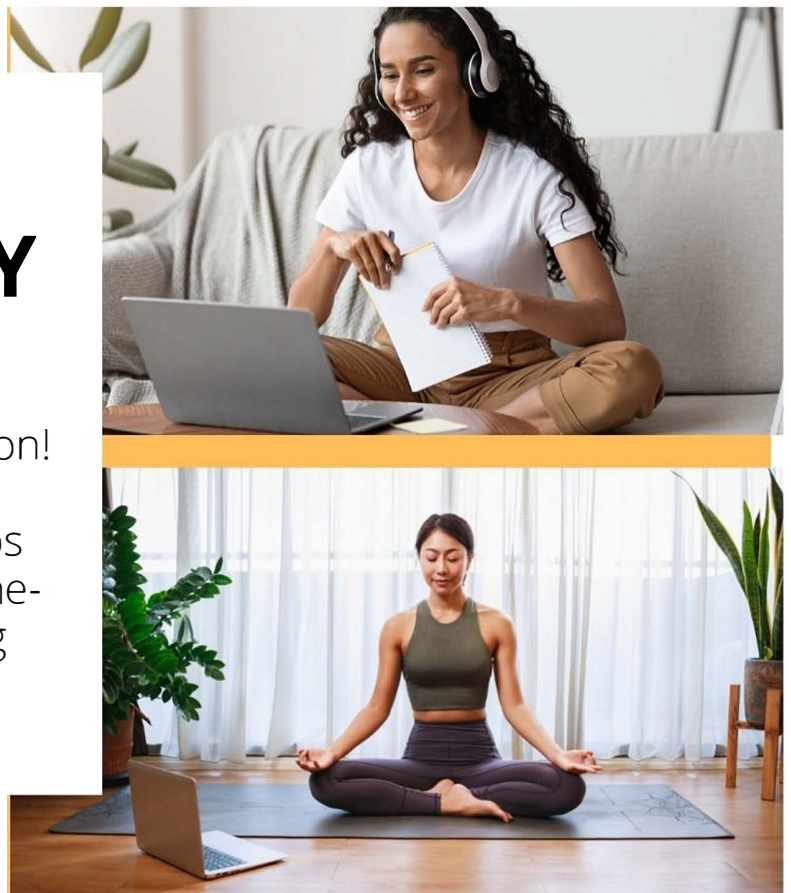
SELF REBOOT 

For more info & to set up a demo  
EMAIL: [dawn@selfreboot.org](mailto:dawn@selfreboot.org)

# ONLINE VIDEO LIBRARY

**Less is More** with *Self Reboot's* online subscription!

Selecting a class on most apps can be overwhelming and time-consuming because of having way too many options to choose from.



## PACKAGE INCLUDES

- Exercise videos
- Masterclasses on mental, nutritional, and financial wellness
- Guided meditations
- Monthly pop-up classes
- 24/7 access for employee and their family

### *Onboarding is a breeze...*

You don't need help from the IT department because there are no integrations to set up. We'll have your site live within 24 hours and email you the website link along with marketing materials to promote the program.

