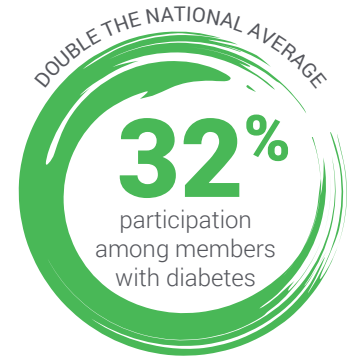


Bending the Diabetes Cost Trend

Seeing rising medical claims driven by costly chronic conditions and a lack of member engagement with their care, a Massachusetts municipality, in an effort to bend their cost trend, implemented the Abacus Diabetes Care Rewards Program.

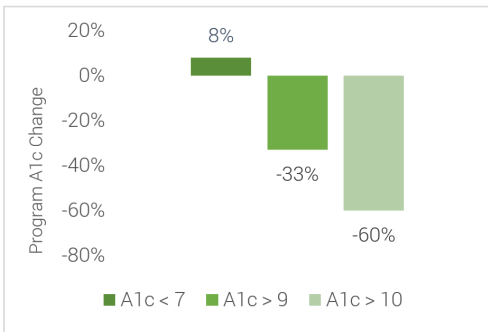
Implementing the Program allowed them to provide a benefit enrichment that was confidential for the member and comprehensive in scope to attack the costs.

In the past seven years, the City has seen dramatic results demonstrated in terms of member participation, shifts in A1c and medical trend. Health plan members doubled the national average for participation among employees, spouses and dependents in disease management programs.



A1C Changes

Program Lifetime

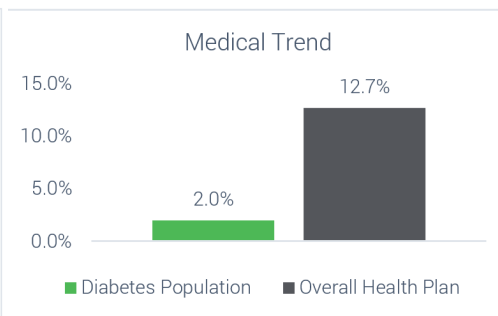
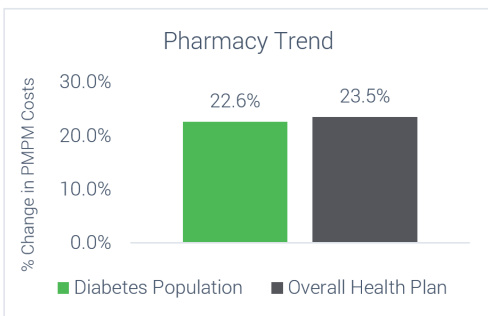


An A1c test is a key clinical measure for diabetes that shows blood glucose control over the past 90 days. The Program increased the number of members in more controlled ranges (A1c < 7) and dramatically reduced members not demonstrating glucose control (A1c > 9 & > 10), helping to reduce their risk for adverse events.

While using pharmacy-based incentives to support participants, the pharmacy costs for all members with diabetes was slightly less than the overall City's pharmacy trend.

Cost Trends Over 7 Years

All Members With Diabetes VS The Overall Employee Population



In addition to supporting the members on their diabetes journey, the Program was able to take diabetes from being a top cost driver for the City and reduce the medical claims trend well below the overall trend for the City. **This saved the City millions of dollars in avoided healthcare costs.**

About Abacus Health Solutions

Abacus is a pioneer in the behaviorally focused disease management field. Our approach is simple, attack the high cost drivers with precision focused interventions proven to improve health, reduce hospitalizations and lower costs.

Utilizing the latest in healthcare technologies, our programs for diabetes, hypertension and weight are built to foster high rates of adoption, drive members to providers, leverage remote monitoring technologies, and align with healthcare goals of quality and outcomes. Resulting in healthier less costly more productive employees.

Better Health | Fewer Hospitalizations | Lower Costs



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