

Mental Health for Hard-to-Reach Employees

journey

10x Increase Engagement
Journey reaches 10x the number of employees compared to EAPs

43% Reduce Medical Claims
Clinical studies show mind-body training reduces healthcare utilization by 43%

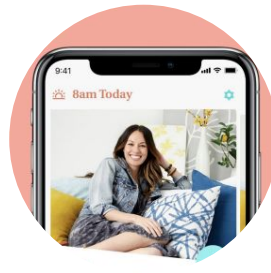
13x Deliver Significant ROI
Journey provides an average ROI of 13x



Rooted in Three Core Beliefs



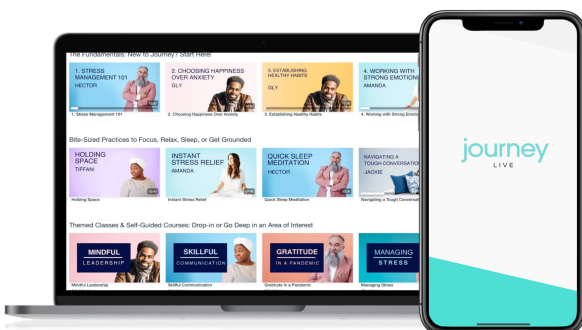
Engagement Must Be *Inclusive* of All Employees, Especially The Hardest to Reach



Employees Need *Proactive* Tools That Meet Them Where They Are



Providing Benefits Is Just The Start - The Culture Must Support Mental Health



Journey is a digital mental health platform that provides employees with tools & resources to navigate work & life, while helping to shift the culture so employees feel seen, safe & supported.



Have questions? Get In Touch | www.journey.live | info@journey.live