

Quitting Smoking. Simplified. For Your Workforce.

Yusuf Sherwani, MD CEO

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Use technology to help people achieve their goals, one healthy habit at a time.





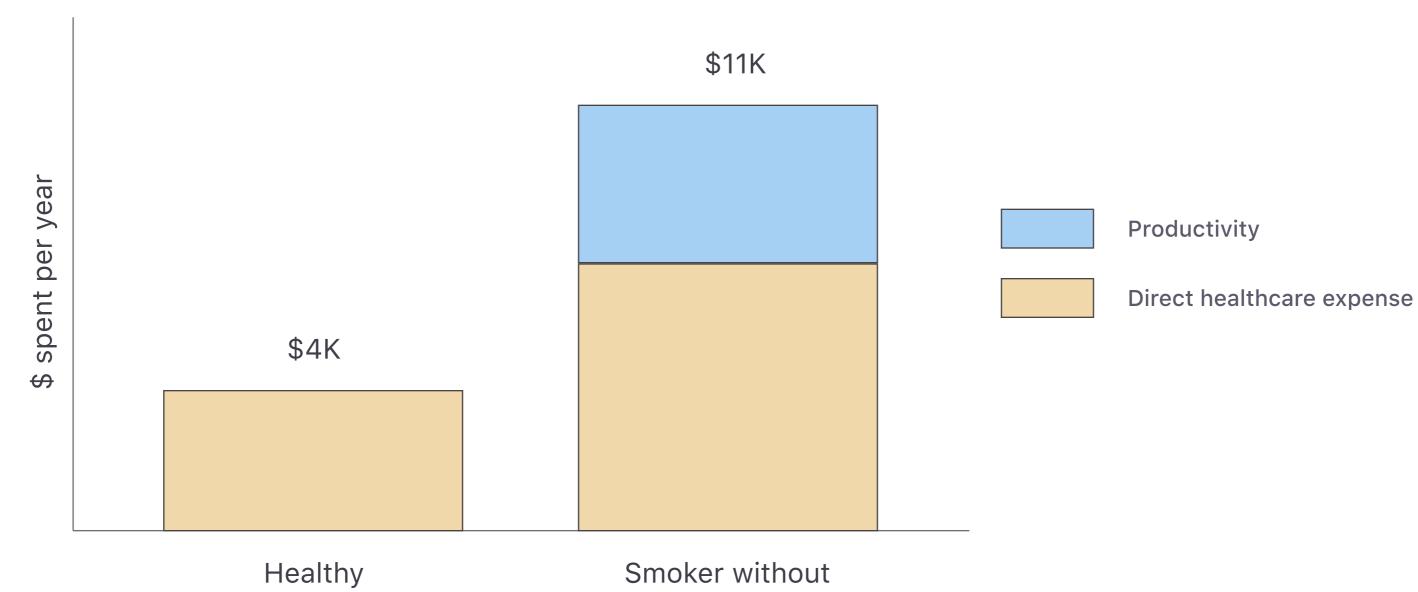
On average 15% of employees smoke and 10% are trying to quit...fewer than 0.3% are succeeding long-term.



HEALTHCARE COST

QuitGenius

An employee who smokes cigarettes cost roughly \$7,000 more than a non-smoker. If they also have hypertension, diabetes or a mental health condition, that number is even higher.

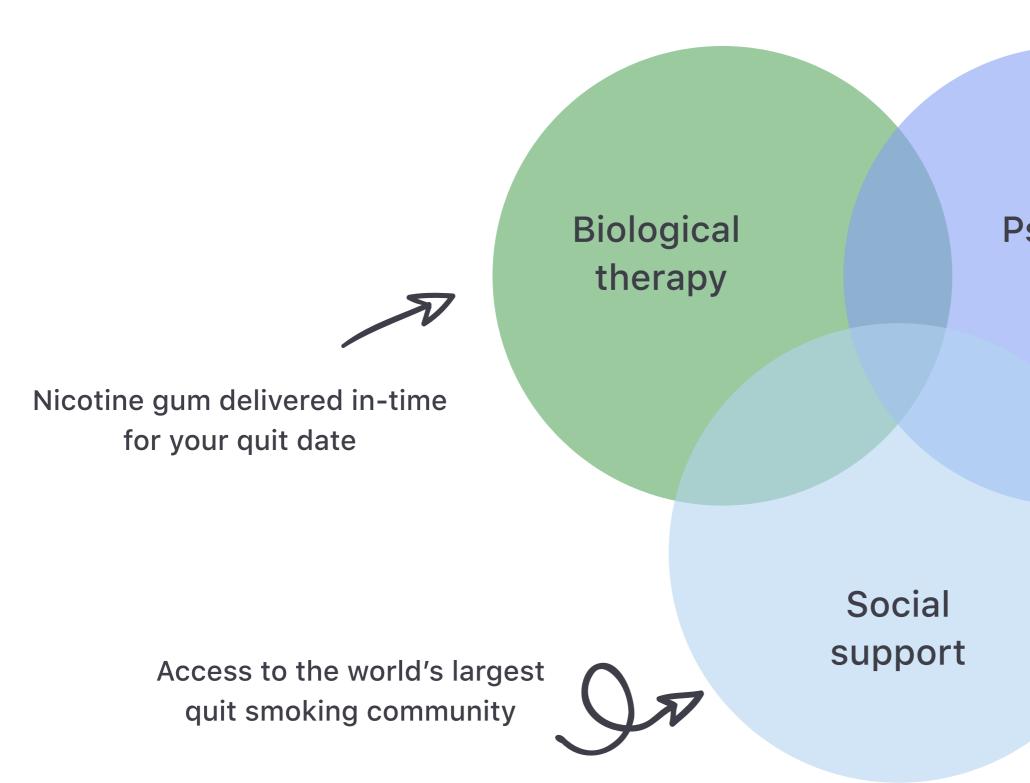


complications

3 PILLARS OF BEHAVIOR CHANGE

QuitGenius

The Quit Genius program is the only <u>complete quit smoking solution</u>

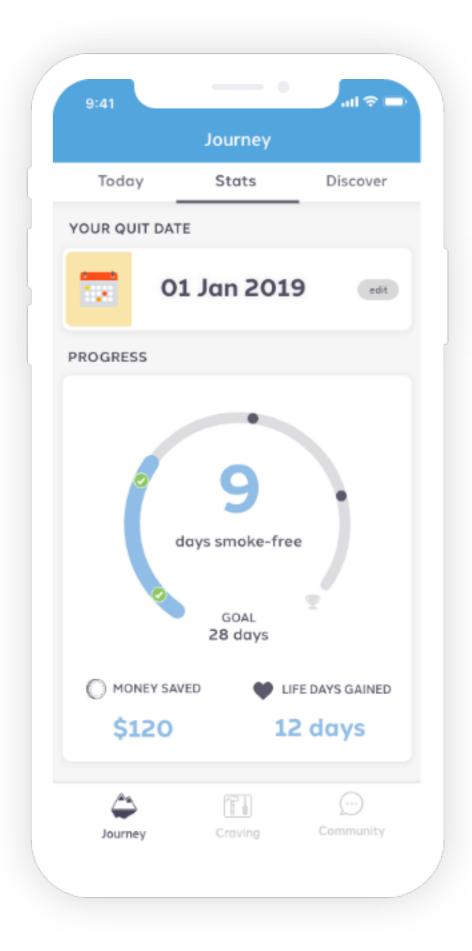


Psychological therapy



1:1 Quit Coach augmented by our Al-driven journey

Quit Genius is a breakthrough cognitive behavioral therapy (CBT) program designed to help your employees quit smoking for good.



HUNDREDS OF THOUSANDS ENROLLED

Quit Genius has already helped over 60,000 smokers successfully quit smoking

"Quit Genius will help usher in a new era of medical treatment"

— Apple

"Quit Genius highlight[s] how supportive, effective treatment can be as accessible as reaching for your phone"

— WIRED



Avg user rating (~ 2,875 users) **221K**

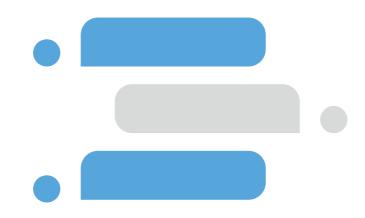
Smoking diary entries



Actions completed

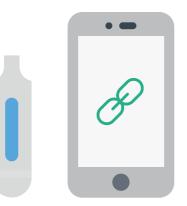
109K

Community discussions



Unlimited 1:1 coaching

Our coaches deliver gold-standard CBT to help users stay motivated and on track



Connected health device

Mobile-connected breath tester for reporting and to track progress in real-time



An app that gets smarter

A journey of guided sessions personalized to your own triggers



Nicotine Replacement Therapy

NRT helps users combat cravings in the first weeks after their Quit Date

| | QuitGenius | American Cancer Society* Quit For Life® Program |
|--|------------|---|
| Algorithmic content journey personalized to triggers | | Generic information only |
| Unlimited one-on-one coaching with the same Quit Coach | | X |
| On-demand craving support | | Telephonic coaching only with a different coach each time |
| Carbon monoxide breath sensor | | X |
| Full year of coaching support | | X |
| Peer support community | | \checkmark |
| Integrated nicotine replacement therapy | | |
| 100% fees at risk (min 30% CO verified quit rate guarantee) | | X |
| Transparent reports (inc number of signups, engagement, CO verified quits, changes in attitudes) | | X |

9

PARTICIPANT INTAKE PROCESS

1: Awareness Campaign



2: Application

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3: Enrolment Call

4: Starter Kit





| Kick-offFoundation 01-054-8 weeks12 weeks | | | | | | | | |
|---|----|---|------------|-----|----|--|--|--|
| | 01 | 02 | 03 | 04 | 05 | | | |
| User enrolment & marketing | | Preparing to quit | | | | | | |
| Postcard mailout | | Quit Coach & Peer-to- Peer Community | | | | | | |
| Competitions/raffle | S | Set a Quit Date | | | | | | |
| Direct email | | Complete Foundation Steps | | | | | | |
| SMS | | S | moking Dia | r\/ | | | | |
| On-site events | | 5 | | ı y | | | | |

stain

weeks



Weekly Check-ins with Quit Coach

3 Months Nicotine Gum Course

New Sustain Content Unlocked Every Month

Connected Device

QuitGenius MORE EFFECTIVE THAN CONVENTIONAL THERAPY

Outcomes: Quit Genius is 10x more effective than going cold-turkey

36%

quit rate at 4-weeks
vs 3% quit rate via
the cold-turkey

The only digital program with 3 peer-reviewed research papers. Conducted in partnership with Imperial College London

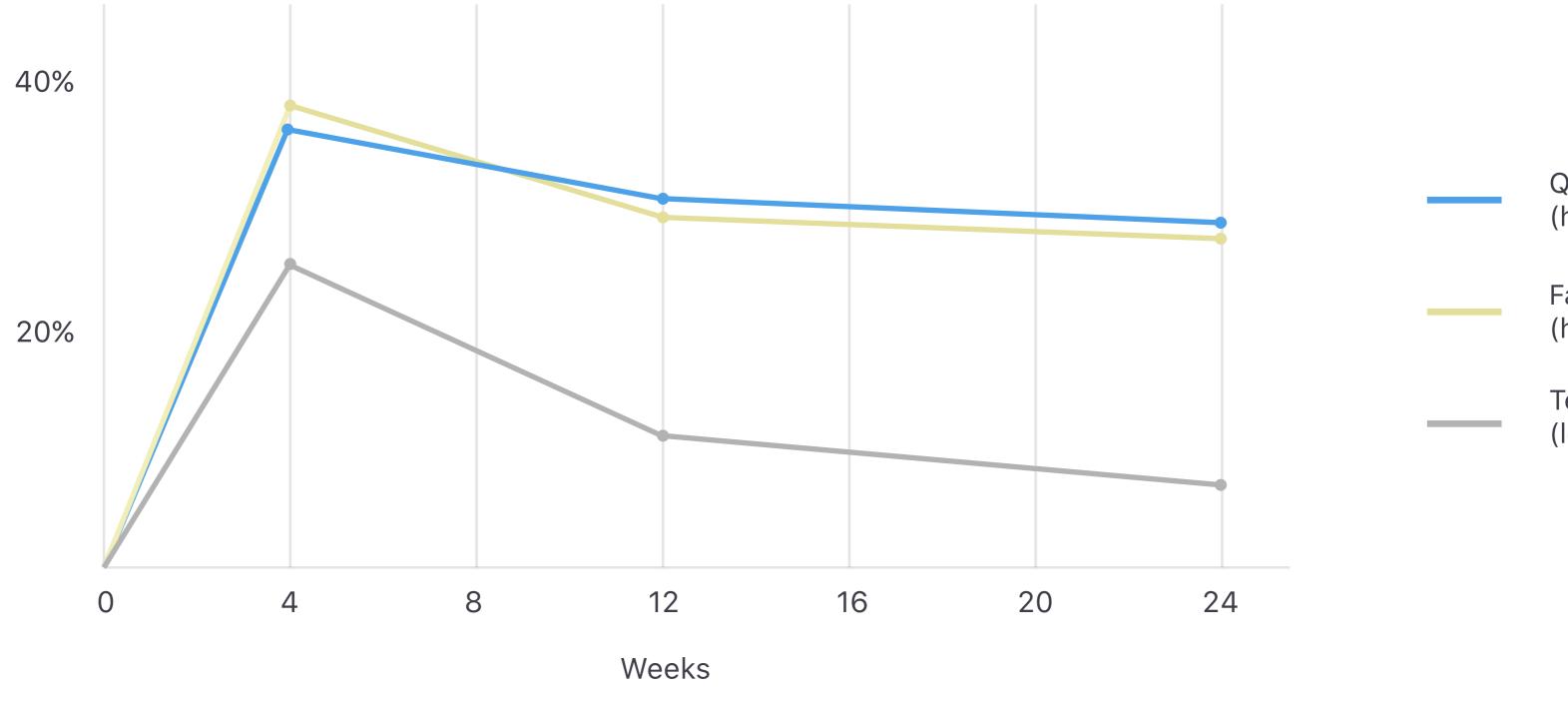
Publications:

Outcomes for Quit Genius: A Novel CBT mHealth App - https://mhealth.jmir.org/2018/6/e10024/ An Evaluation of Quit Genius against NHS Smoke Free - https://mhealth.jmir.org/2018/4/e98/ A Framework for Gamification in Smoking Cessation - https://games.jmir.org/2016/2/e18/

59.6%

fewer cigarettes smoked by nonquitters

QuitGenius HIGH INTENSITY VS LOW INTENSITY COACHING



Reference:

Evidence of Real-World Effectiveness of a Telephone Quitline for Smokers Outcomes for Quit Genius: A Novel CBT mHealth App Quit Genius (high-intensity support)

Face-to-face coaching (high-intensity support)

Telephonic coaching (low-intensity support)

Cost per employee per year

Direct healthcare costs

(8% healthcare costs)

Productivity (absenteeism & smoking breaks)

Pension benefit* (not applied to 401(k) plans)

Total Cost

*if relevant

Impact calculator from Ohio State University: https://tobaccocontrol.bmj.com/content/23/5/428



\$2,827

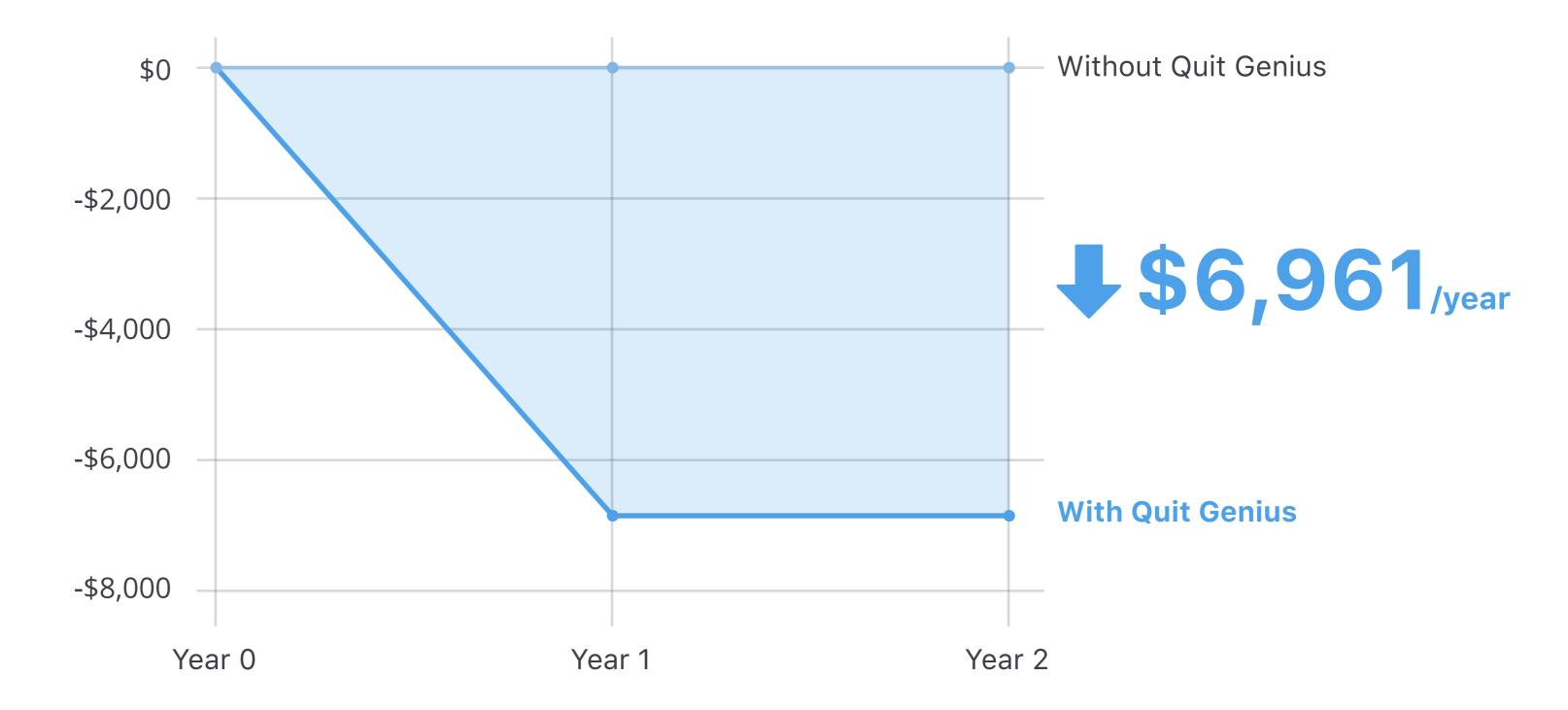
\$4,517

(\$383)

\$6,961



Estimated cost savings per enrolled patient



Cost savings based on research from Ohio State University - https://tobaccocontrol.bmj.com/content/23/5/428



Detailed Reports

We'll share regular and detailed insights throughout the journey, so you'll be able to track the uptake, engagement and ROI of the Quit Genius Program

Sample Report

The scope

Quit Genius is the world's first mobile app to deliver personalised and scientifically-proven therapy to help smokers quit and stay smoke-free.

The following report contains data around smoking prevalence as well as the general health and wellbeing of your employee population

Smoking at Company X

12

average number of cigarettes smoked per day

16

average number of years smoked

68%

participants had previously tried t quit smoking

41% of participants from a Fortune 100 employer successfully quit smoking long-term

In April 2018, a Fortune 100, self-insured employer partnered with Quit Genius to reduce \$5.1m in excess smoking-related claims per year from 2,500 smokers.

The Challenge

- 2,500 smokers in the organisation across multiple sites.
- \$5.1m in excess healthcare claims.
- 7,250 lost days per year.
- Very low utilisation of in-person and group coaching.

76%

41%

Of participants completed the Quit Genius program.

Of participants successfully quit smoking at 6 months.

NPS score. In addition, users reported improvements in self-esteem, productivity and perceived health.

Jenny's Story

340 days smoke-free

I used to smoke 15 cigarettes per day for decades. I had already tried the lot: cold turkey, patches, gum but none of them seem to work. Quit Genius was different because it taught me how to prepare before quitting. My face is glowing, my smile is more beautiful. I love being smoke-free!

- Member since September 2017



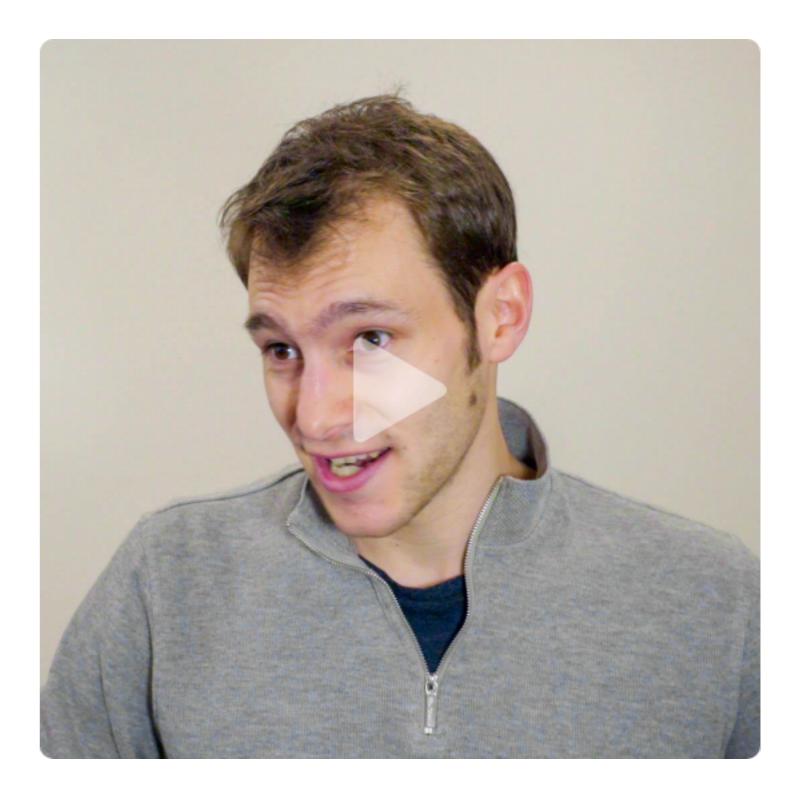
Watch at https://youtu.be/0yjFEz2vRxQ

Steve's Story

270 days smoke-free

One real benefit of Quit Genius is that I had contact with a really good psychologist. She was brilliant! It meant that through all the ups and downs, I had someone that I could speak to whenever I needed to. If you're trying to quit smoking, I would really recommend Quit Genius!

- Member since December 2017



Watch at https://youtu.be/npHvXKMz1DY

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QuitGenius



