

Mental & Behavioral Health Support

Give your employees comprehensive family-centered care by offering Cleo alongside a mental and behavioral health solution. Cleo has been implemented alongside an EAP, health plan, or carve-out mental & behavioral health benefit providers including Spring Health, Lyra, Modern Health, and Brightline.

70% of parents & caregivers have reported adverse mental health symptoms during the pandemic

79% of Cleo members reported an improvement in mental health after 6 weeks in our Mental Health program

Cleo members enrolled in our Mental Health program reported a CSAT of **4.81**

At Cleo, we work with families to ensure they are utilizing mental & behavioral health benefits when (and if) it's right for their situation.

Cleo is uniquely positioned to complement and amplify your mental & behavioral health benefits:

- Proactive and immediate support:** Cleo's care model surfaces in-app assessments to identify and proactively care for families who might be experiencing mental & behavioral health challenges. For immediate needs, Cleo Guides are trained to triage during their personal interactions with members.
- Addressing root causes:** In parallel with the clinical care your employees may receive through a health plan or behavioral health benefit, Cleo helps members address the root causes, like inadequate sleep, bullying, navigating gender identity, and more. By focusing on the root causes, members can treat issues like depression and/or anxiety.
- Benefits navigation & optimization:** Cleo members can access your mental & behavioral health benefits directly in the app. They can also lean on Cleo Guides, who are trained on your benefits, for information or help navigating to these benefits to drive optimal utilization.

