

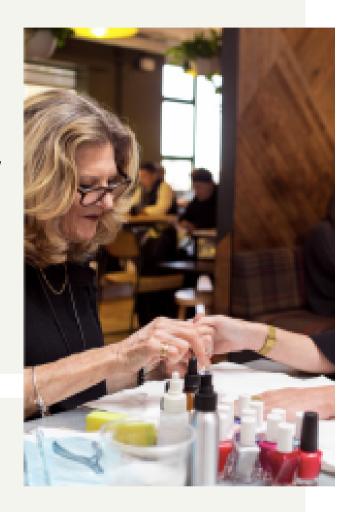
# Menu of Services

Corporate Chair Massages

>\$175/hour per massage therapist

- Educational Talks (DEI Speakers/Mental Health/ Nutritional Workshops)
  - >Duration 1 hour
  - >Virtual \$750+
  - >Onsite \$1500+





Chair massages, Manicures, Medical Aesthetics >\$2,500

Self Defense Class:

Improve awareness, Boost confidence, and teach you how to protect yourself and others

>\$2,500

#### **Health Fair:**

Chair Massages, 6-8 Wellness Vendors, Smoothie Samples, Fun Giveaways & Raffles

- >Duration 2 hours
- >\$2,500



2 massage therapists2-3 wellness vendors

- >Duration 2 hours
- >\$1,500



#### Webinars

- >Duration 1 hour
- >Virtual \$750
- >Onsite \$1500

## Team Building

Employee Challenges, Team Trivia)

>\$500+



### Social workshops

Wine & chocolate night, cocktail mixing)

>\$1500

Corporate Wellness Subscriptions (Monthly and Yearly options)

>Silver Package: \$1000/month

>VIP Premium Package: \$1500/month



Office Number: (646) 565 - 0711 www.bodyworksforyourhealth.com