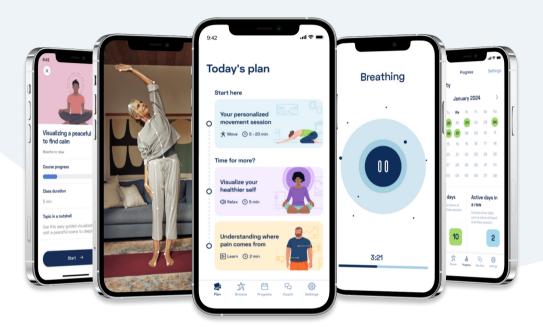
kaia health

Pain relief in the palm of your hand

Kaia Health offers a groundbreaking **digital-first therapy** for back, joint, and chronic pain



You are not alone with musculoskeletal (MSK) pain

1 in 2

Americans have a musculoskeletal condition

1 in 3

Americans have back or neck pain

1 in 2

Americans have reported new or worsening pain after post-COVID

55%

average pain reduction

* Kaia Health. Book of business analysis. 2023

Unlimited Access

Access to digital therapy and expert human guidance anytime, anywhere through the Kaia mobile app.

Complete Clinical Care

Real-time exercise feedback via Motion Coach™ — no sensors or wearables needed.

Personalized Support

Custom exercises, relaxation techniques, and educational content to help manage pain holistically.













Scan the QR code to learn how Kaia is here to help



