

# SEASON

## Make Meal-Time Easy for Employees, from Work Week Lunches to Dinner with the Whole Family

Season Health is the leading food-as-medicine platform. Our comprehensive approach is easy to implement and supports all employees, whether they are generally well or managing chronic conditions such as diabetes, kidney disease, and high-risk pregnancy.



### Season's all-in-one solution



**Registered Dietitian in your pocket:** Our RDs offer 1-on-1 support via virtual visits and create nutrition content throughout the Season platform.



**Delivery-powered food market:** Employees have access to medically-tailored, culturally-relevant meals and recipes that can be delivered right to their door.



**Integrated benefits bank:** Employees can purchase food using food credits or existing benefits, such as SNAP and WIC.

### How Season Engages Employees

In a 3 month program with commercial members, Season saw deep engagement across our platform:

96%

customer satisfaction score

79%

of members attended 2+ RD visits during the program

80%

of members ordered food 2 or more times per month



15 meals

avg. number of meals ordered per member per month during the program

## Clinical Outcomes for Commercial Members

High engagement across commercial members is reflected in the observed clinical outcomes after three months.

**-1.4 pts**

Average decrease in A1c in 3 months (starting A1c  $\geq$  8)

**-2.1%**

Average decrease in BMI in 3 months (starting BMI  $\geq$  28)

Season provides a holistic suite of food as medicine services to all employees, making meals and nutrition fun and easy

### ONE SOLUTION FOR ALL OF YOUR EMPLOYEES

Season has your entire workforce covered. From remote, white collar workers to the deskless workforce, Season delivers a consumer-grade experience for all employees.

"Season has gotten my husband and me out of a rut. It's been nice having fresh ideas and buying healthy foods."

"The changes I have made from using Season have positively impacted my quality of sleep, my mental health, and my hypertension."

- REAL MEMBERS USING SEASON

### BENDING THE COST CURVE

Season helps bend the cost curve for employers by decreasing total cost of care through targeted intervention for employees with chronic diseases and population health tools for the rest of your workforce.

### CULTURAL COMPETENCY

Locally-sourced, culturally-relevant recipes.

Season consults with a culinary council made up of local community members during recipe development.

Bilingual Registered Dietitians offer nutrition counseling in multiple languages.