



Driving Impactful Outcomes With TaskHuman

Take a look into how utilizing TaskHuman's platform of accredited coaches helped one Job Corps's employee entirely reverse the effects of non-alcohol related steatohepatitis (NASH) - and potentially save her employer hundreds of thousands in future medical claims.

What Is NASH?

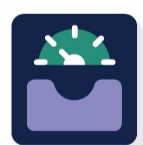
Nonalcoholic steatohepatitis (NASH) is the form of Nonalcoholic Fatty Liver Disease (NAFLD) in which one has inflammation of the liver and liver damage, in addition to fat in their liver. The inflammation and liver damage of NASH can cause fibrosis, or scarring, of the liver. NASH may lead to cirrhosis, in which the liver is scarred and permanently damaged. Cirrhosis can lead to liver cancer.

"I felt like I was completely alone on this journey," the employee said prior to finding TaskHuman. Things then started turning around once she started using the platform.

"It was just amazing to me that **everything I needed was right there on TaskHuman,**" she said. "And it wasn't going to be as hard as I thought it was going to be. It was going to be doable."

The Outcome

After 6 months of using TaskHuman's platform, this employee's commitment to her health and the expertise of her TaskHuman coaches paid off with her liver enzymes back to normal limits. The results shocked her doctor:



30

Pounds Lost



5+

Inches Off Several
Measurements



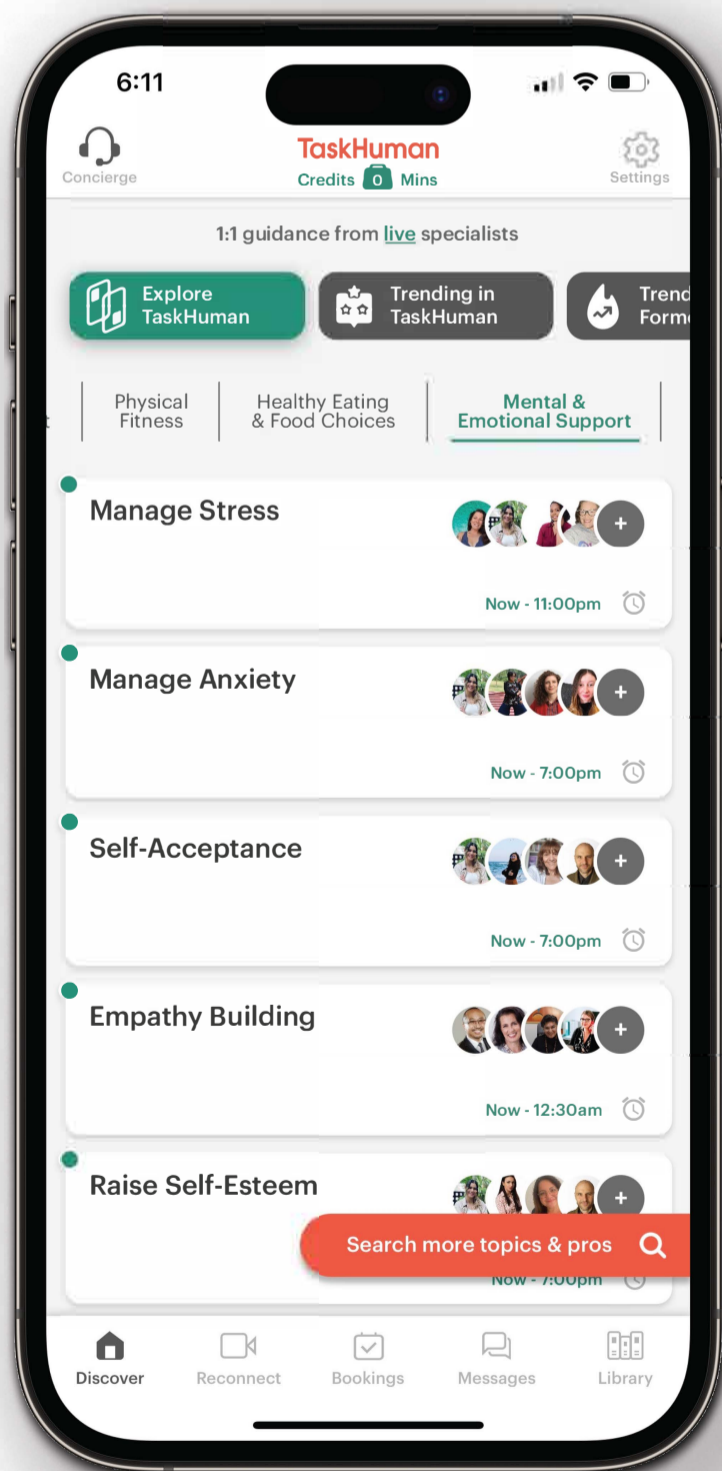
\$1.2

Million Estimated
Savings In Future Claims

Why TaskHuman?

Employees are different at their core. They define well-being differently, have different needs for growth and support, and above all else, individual growth is extremely personal. What works for one may not work for others. TaskHuman supports each employee's unique need by offering a comprehensive solution that supports a global and diverse population.

- **Just In Time Support:** Our real-time coaching supports all stages of employees needs at the tap of a finger.
- **Equitable Support For Employees:** TaskHuman provides the full spectrum of well-being to a global population under one vendor. 1800+ coaches across 90 different countries speaking 70+ languages
- **Comprehensive Solution:** Enjoy 1,000s of skills across 8 different categories of well-being including Physical Fitness, Healthy Eating & Food Choices, Mental & Emotional Support, Spiritual Practice & Guidance, Financial Literacy & Coaching, Home & Family Coaching, Personal Growth & Development, and Professional Development.
- **Cost Savings:** Companies benefit from added Insurance savings, medical & workers comp cost savings, higher employee productivity, all while providing a benefit that attracts and retains top talent.



Ready To Get Started?

Learn about the incredible ways TaskHuman can support your client's organization. Be part of the community of corporations who are investing back into their staff and seeing amazing results.

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