Personalized, Convenient **Mental Health Care for Your Employees**

Your workforce is diverse, so the mental health care you offer them should be as well. Cerebral offers a comprehensive solution in which all mental health needs can be treated. Our assessments identify the best treatment pathway for each of your employees, regardless of how mild or severe their mental health condition.



Virtual Care for Anyone, Anywhere

Our comprehensive virtual care model gives your employees immediate access to a variety of mental health resources, ensuring your employees receive the right level of care at just the right time.

Sub-Clinical



Digital Tools

CBT Exercises Mindfulness Mediation



Therapy



Clinical

Counseling

Licensed

Medication **Management**

Breaking Down the Barriers to Care

Speed to Care

of visits are scheduled within 2 business days

Diversity of Providers

of Cerebral's providers identify as non-white

Care Everywhere

states where we offer services

Proven Results

fewer missed work hours due to health problems

10%

decrease in impairment to work productivity

decrease in symptoms of depression and anxiety

What We Treat

- Depression
- Anxiety
- · Insomnia
- · ADHD
- · Children & Adolescents
- · Bipolar Disorder
- · PTSD/Trauma
- Phobias
- · Post-Partum & Menopausal Depression
- · Substance Use Disorder & Addiction

Each condition has specialized clinicians and customized digital tools that can be configured to meet any combination of the employees' needs.



Learn more at www.commercial.cerebral.com.



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