

# Summer & Fall 2024 Services Guide

The 2024 Summer & Fall Services Guide is here, this time in an all-new format.

We've created an interactive, multimedia experience to help you navigate our extensive catalog of programs. From our newest On-site Health Fair Stations and hybrid-friendly Virtual Health Fairs to stress-melting chair massages, there's something to meet every employee's need.

**150+ Programs** delivered virtually or on-site

## Our Areas of Expertise



**Nutrition Education**



**Disease Prevention/Management**



**Financial Well-being**



**Mental Health**



**Sleep & Restfulness**



**Fitness**



**Mindfulness**



**Stress Management**



**Life Skills**

All WC programs can be delivered through the Wellness Concepts Engagement Platform, a user-friendly tool for program registration, presentation access, reporting, engagement, and incentivization.



**Access the guide!**  
[servicesguide.well-concepts.com](https://servicesguide.well-concepts.com)



## Featured for Summer & Fall 2024

### On-site Health Fairs

Host a destination well-being event in your workplace. Design your custom fair with Chair Massage, Nutrition Awareness Stations, Cooking Demonstrations, Trivia Games, and more!

### Virtual Health Fairs

Foster well-being and connection no matter where employees are working with a Virtual Health Fair featuring Live Mainstage Sessions, Q&A, an extensive Resource Library, and prizes!

### Chair Massage

Treat your employees to a short, stress-melting massage from the convenience of your workplace!



### Giselle Ginsberg, MS, RD

*Director of Partnerships*

I'm looking forward to helping you create an unforgettable well-being experience for your clients!

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