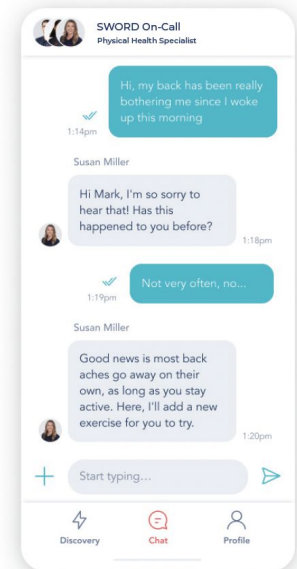




Sword+ Overview

An End-to-End Solution to Cut Your Massive MSK Spend



Introducing Sword+, the industry's flagship solution for MSK prevention, and the first of its kind for injury and pain avoidance in the MSK space.

Sword+ is the most comprehensive, end-to-end musculoskeletal (MSK) prevention program on the market. Our clinical-grade approach covers a wide spectrum of MSK disorders, and fills the gap on injury and pain prevention where other programs fall short.

The Value of Sword+

1. **Empower Your Employees:** Get your workforce the expert answers they need to avoid unnecessary ER or doctor's visits, and reduce their risk of MSK injuries.
2. **Improve Productivity:** Keep your employees healthier by addressing minor MSK problems before they become acute or chronic issues, and cut down on sick days.
3. **Monitor Risk:** Help at-risk employees follow best practices such as office and industrial ergonomics to avoid costly injuries on the job.
4. **Curtail Costs:** Reign in direct and indirect expenses related to MSK disorders, including lower productivity, absenteeism, and insurance claims.

Comprehensive, Clinical-Grade Solution for MSK Prevention



The Academy: Self-paced video library focused on employee education, including exercises, movements, and behavioral controls that will help people avoid injury in the first place.



SWORD On-Call: Access to a physical health specialist trained in treating back and joint pain. Whether your employees need answers, guidance, or support, they can message an expert day or night*—all from the SWORD Health app.

Companies That Use Sword See:

- \$2,472 savings per member per year
- 72% average increase in productivity
- 34% drop in MSK spend

Get a true end-to-end solution for MSK care and prevention with Sword+.
Contact a SWORD Health rep today for a demo.