

EXPERT, ONGOING TEXT SUPPORT FOR ...

Grief

Texts are rooted in scientific research on bereavement and personalized based on the cause of death, age, relationship, and more.

Caregivers

Texts address anticipatory grief and caregiver stress and include strategies for improving patient care and navigating end of life.

Pregnancy Loss

Texts address the challenges and emotions surrounding pregnancy loss with specialized texts for miscarriage, medical termination and stillbirth.

Pet Loss

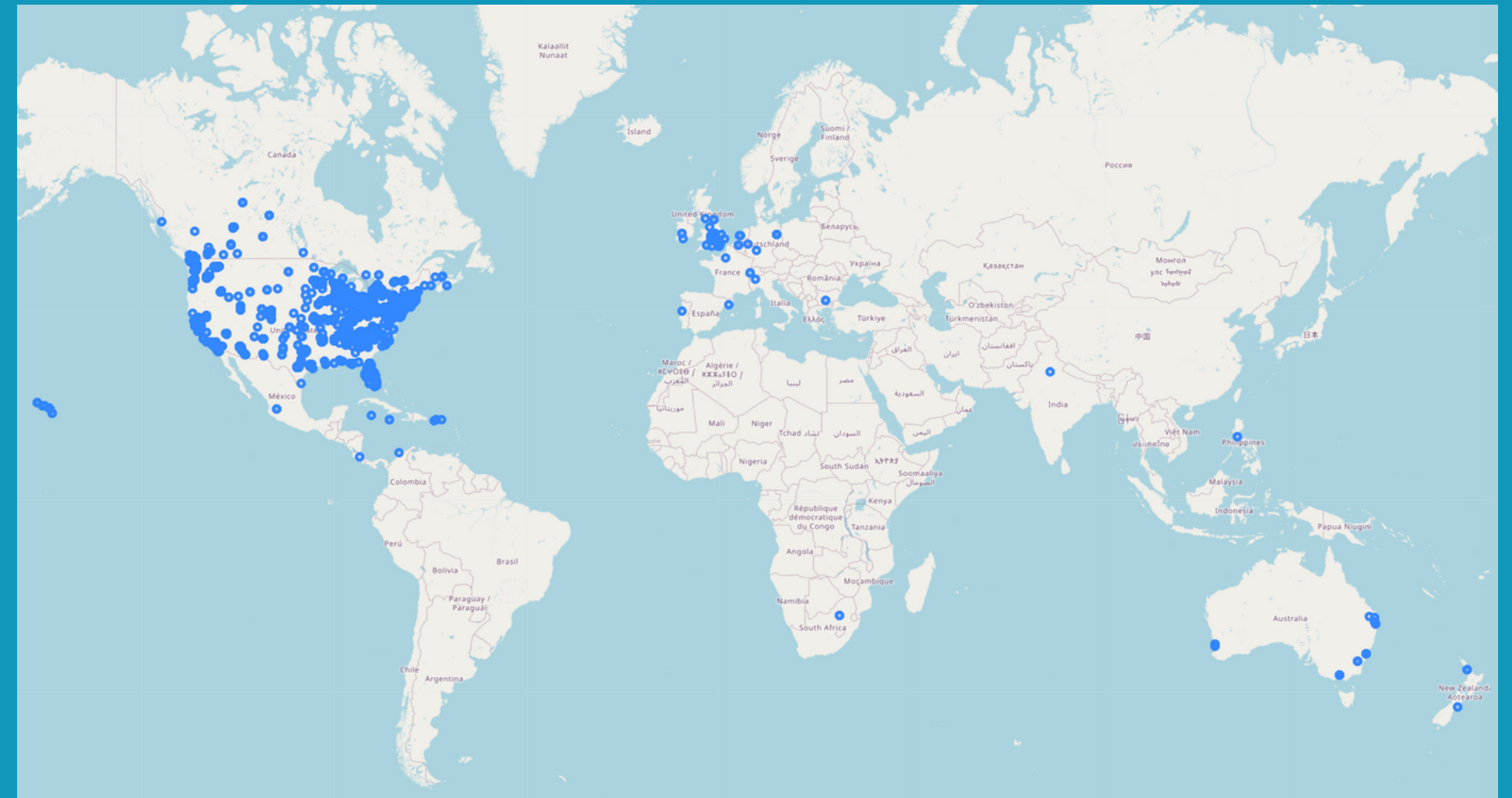
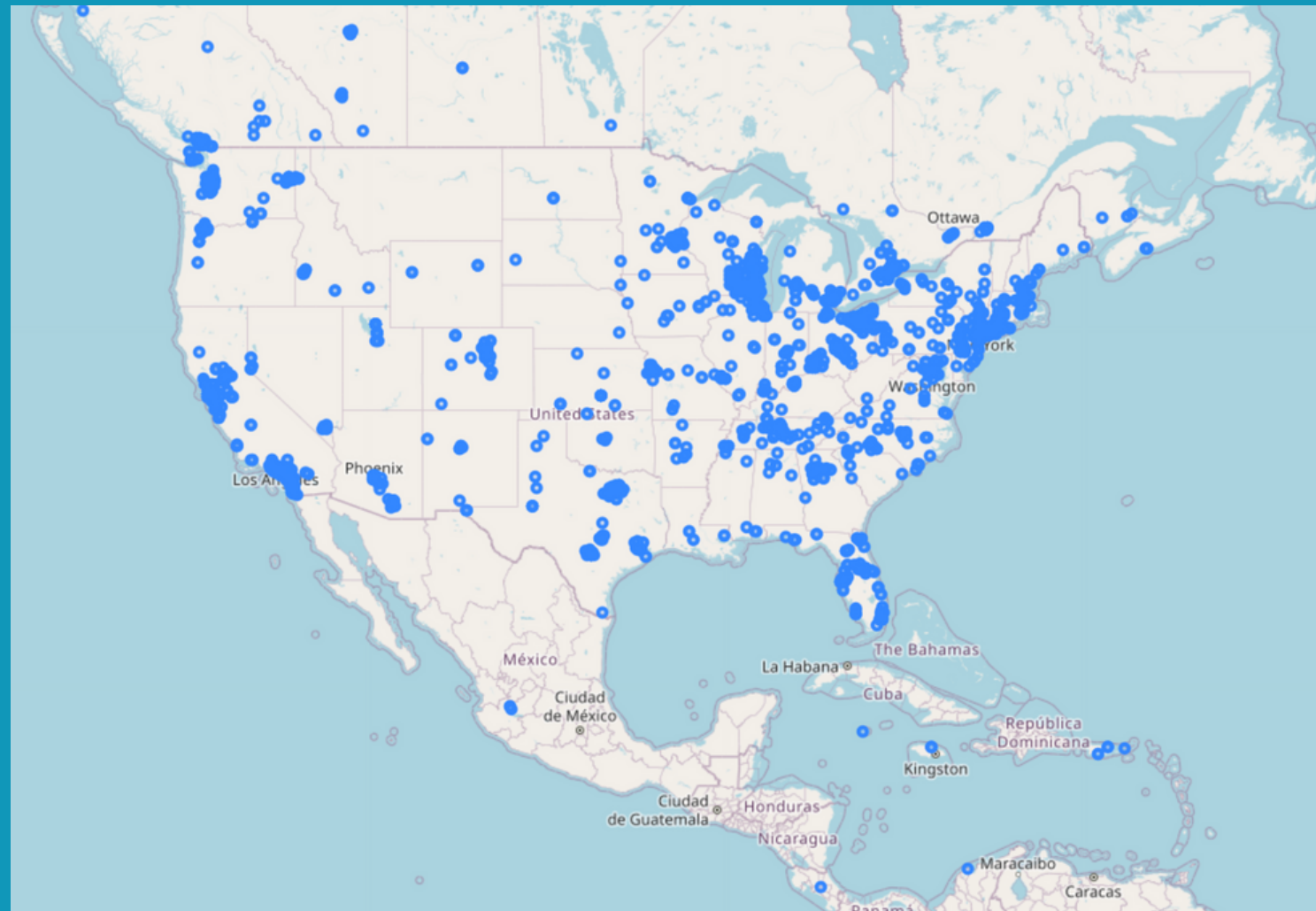
Support for bereaved pet owners, based on the type of pet, cause of death, and more.

Healthcare Workers Facing Burnout & Fatigue

Texts help healthcare workers improve their well-being, with messages personalized based on role, healthcare setting, seniority, and more.



SUBSCRIBERS AROUND THE WORLD



Help Texts subscribers are in 50 states and 26 countries

TEXT IS EQUITY

Accessible

Reaches underresourced and vulnerable populations.
Available in 20+ languages

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A full year of support for $\leq \$99$

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There's nothing to download and support comes straight to your phone

