

My Happy Plates

Personalized Weekly Meal

Plans with On-Demand

Grocery Delivery

Our plans make dinner faster, cheaper, healthier, and really tasty.



free
for school
faculty &
staff

HOW
IT
WORKS

1

Personalized

Create your profile - likes, dislikes, style, nutritional goals, budget, cook time, allergies, and more.

2

Plan

Weekly plans with recipes hand-picked for you and portioned to the # of people you're cooking for.

3

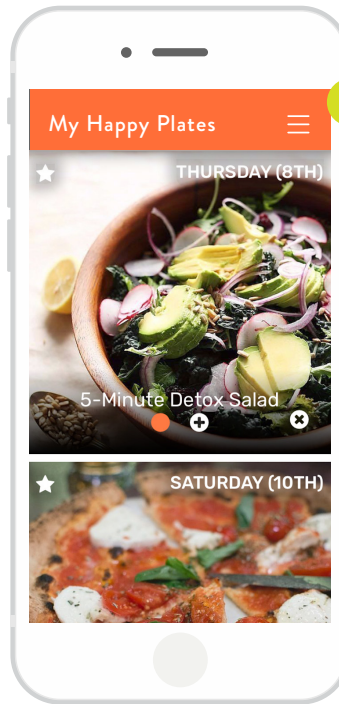
Groceries

Get your groceries delivered in as little as 1 hour or use our smart shopping list to save \$ and time at your favorite store.

3

1-Click Grocery Delivery

Build a smart shopping list and access on-demand groceries delivered **right to your door!**



1 Design Your Perfect Plan

Build your plan with endless customization: vegan, paleo, vegetarian, pescatarian, gluten free, low sodium, soy free, lactose free, low calorie, low cholesterol, low fat, nut free, & so much more!

2

Planning is easy and fun!
Weekly meal plans are flexible, convenient, and easy to use.

myhappyplates.com

Now you've got an all inclusive FREE membership!

HERE'S HOW TO GET STARTED

1. Use unique link below to create your account.
2. Take 15 seconds to set your preferences.
3. Never stress about what's for dinner again.

Use this case-sensitive link to sign up:
<https://myhappyplates.com/join/district-79fd8876>