

We advocate for health.
For personal confidence.
For positive change.



Turn your workplace into a well-place

For more than 20 years, Workpartners has helped employers of all sizes and in all industries make the most of their workforce. We help our clients create vibrant workplaces where every individual can realize their physical and emotional health, be present more days of the week, and contribute more hours of the day.

Workpartners offers award-winning programs to help your employees make changes that lead to reduced costs for your business.

Healthier employees are more productive and engaged employees, and offering these programs demonstrates how much your company values their health.

We don't just show your workers how to change their lifestyle—we offer support throughout their journey to better health. We build a relationship with you and your employees, which allows us to discover and address your unique needs and challenges.

Up to 75 percent of the medical costs associated with poor health can be addressed by helping employees make better lifestyle choices. Workpartners' suite of health management tools and wellness programs can improve employee health and help reduce your benefit expenses.



Workpartners offers comprehensive health improvement programs:

Visit us at workpartners.com
or call 1-866-229-3507.

Assessments and screenings

Workpartners' assessments and screenings encourage employees to take an active role in managing their health, while helping you build a long-lasting culture of well-being.

Integrated Member Engagement Center

Our Integrated Member Engagement Center is the hub for your members to manage their benefits and clinical services via both web portal and mobile app. The Center serves as an individualized engagement platform for members to participate in programs and campaigns to improve their health and well-being. It also serves as your member gateway to file for disability and leaves of absence.

Incentive program

Incentive programs are key to improving employee health. Our award-winning, clinically developed, and proven platform can improve employee health and morale by driving engagement and ultimately reducing health care costs, which positively affects your bottom line.

Lifestyle management program

Our health coaching programs help people make changes that last. Our certified health and wellness coaches are friendly, helpful, and up to date on the most effective ways to support your employees as they strive to improve their health and well-being.

• Stress management

Workpartners can help your employees manage their daily stress, bring balance to their lives, and become more resilient. We've also introduced a self-care app that offers custom cognitive behavioral therapy.

• Weight management

We help your employees make realistic and

permanent changes to successfully manage their weight so that they don't develop the health issues associated with obesity. We teach the importance of good nutrition and regular exercise and provide support and motivation to keep them on the right path.

• Physical activity

Active people feel better, think better, and sleep better. Our programs encourage increased activity levels through customized education and support from expert coaches. Our research shows a \$1,500 cost savings over a four-year period for every sedentary employee who becomes more active.

• Tobacco cessation

The Centers for Disease Control and Prevention estimate that employers incur an additional \$6,000 in annual costs for employees who smoke. Helping people quit can lead to substantial savings. Our programs offer guidance, treatment options, and motivational support to help your employees live tobacco-free.

• Nutrition

Diet is a major risk factor for chronic illnesses. We help educate employees about the benefits of good nutrition and how to make smarter food choices. We also offer consultation services to improve your workplace food service operation to offer healthier options.

• Health coaching

Our professionally-trained health coaches offer advice and motivation as your employees strive toward their goals. They are experts across many lifestyle behaviors—nurses, counselors, dietitians, exercise physiologists, and certified health education specialists.

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