

FUTURE

FUTURE FOR WORK

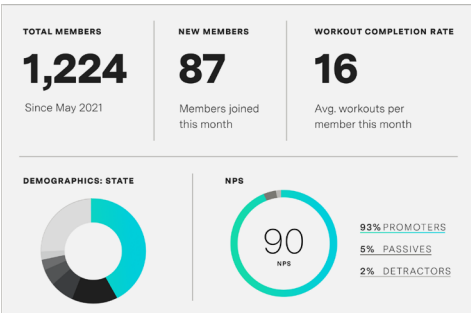
One-on-one fitness coaching for each employee.

Give employees access to the most personalized wellness benefit possible.



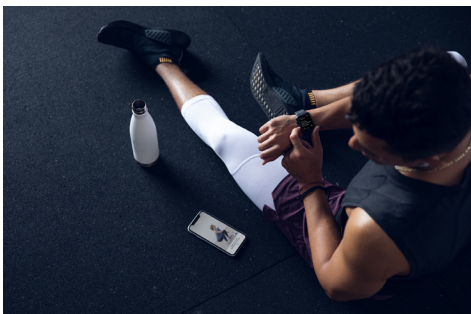
Future is quick and easy to implement.

We can have your company up and running in a matter of weeks.



Proof it works for your team.

Future can provide our partners with regular reporting and in-depth data with key metrics such as utilization and engagement.



Flexible pricing options to fit your needs.

Future offers full, partial, and no subsidy options and special corporate rates.

UTILIZATION

16 WORKOUTS PER MONTH

Members sustain 16 workouts per month and workouts avg. 40 minutes.

ENGAGEMENT

4 TEXTS PER DAY

Members exchange 4 texts every single day with their coach, or 1,300 per year, on a wide range of topics.

HOLISTIC

94% BEYOND FITNESS

94% of members talk to their coach about nutrition, stress, sleep, and injury.

Contact us at future.co/corporate-wellness

Available in the U.S.

How it works:

Pick your coach

01

We'll help you find the perfect coach who will help you set and achieve your fitness goals. No commitment required — switch coaches (or cancel) any time.

Receive your plan each week

02

Your coach will create a complete training plan based around your equipment, location, and schedule. Each week, your new guided workouts drop right in the Future app.

Break a sweat

03

Just hit start and we'll do the rest. Work out as much as you want, when you want. This part'll be easy. Well, it'll be hard, too. But it'll be worth it.

Talk to your on-call coach

04

You and your coach will celebrate achievements and tune your routine to perfection. Talk to them as much or as little as you want, **it's as intuitive and fun as texting with your best friend.**

Why organizations turn to Future.

Situation-proof options

Your next fitness investment must be flexible, adaptable, and able to reach everyone in your dispersed workforce.

Competitive benefit expectations

You want to offer intuitive and modern wellness benefits that employees can't find everywhere.

Burnout is real

Taking all the planning and self-motivation out of fitness gives employees one less thing to worry about.

Generating inclusivity

Hand-crafted, human-centered benefits are core to who you are, and you want to ensure everyone fits.

Building community and fun

You're looking for something new to re-energize your culture and connect people.

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