



# Organizations Need A Comprehensive EAP More Than Ever.

Learn what makes Carebridge the best choice.



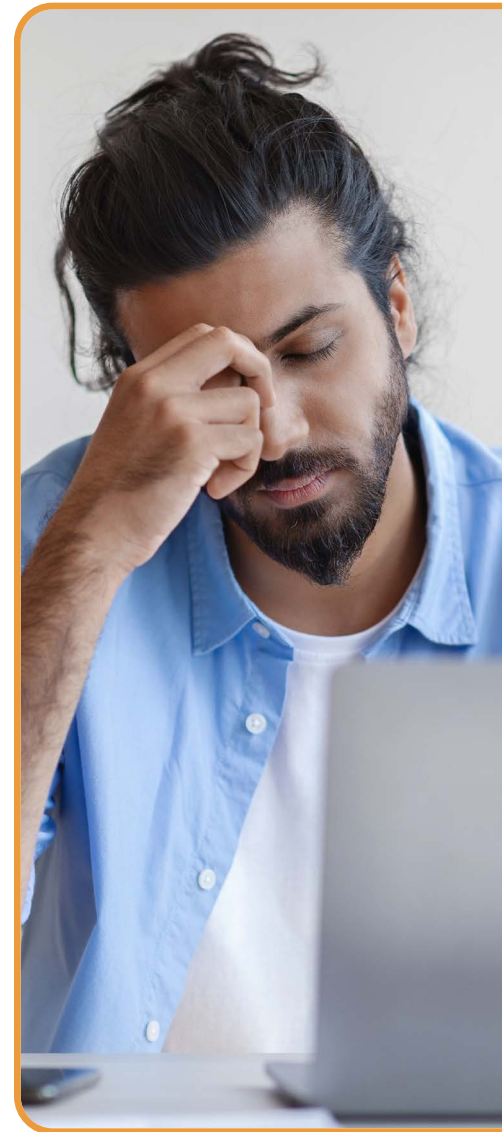
# The Mental Health of Nearly Half of U.S. Workers is Declining.

The toll is personal and professional, projected to result in **\$16 trillion in lost output and productivity by 2030.**

Every dollar invested in treatment returns an estimated **\$4 in increased productivity.**

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*Carebridge Employee Assistance Program addresses the most critical issues facing organizations and their employees today through preventative and proactive mental health care and work-life services.*



**1 in 5**

U.S. adults experience mental health issues



**82%**

of employees with mental health issues indicate it impacts their work



**17%**

of youth (6-17 years) experience mental health issues

# Employee Wellbeing is Top-Priority. Shortcuts Aren't an Option.

Employee engagement and wellness are top-priorities for organizations right now. Workers expect support from their employers, and leaders need programs that cover a broad spectrum of needs.

**61%** of employees are burned out from high-stress, causing poor physical health

**96%** of employees believe showing empathy can advance employee retention

**87%** of employees expect their employer to support work-life balance

**#1** reason that employees go out on disability worldwide is depression

## So what should organizations do?

### Carebridge Employee Assistance Program is the answer.

Unlike single-source solutions, mobile apps, and insurance plans, our EAP is comprehensive, fully integrated, and offers continuity of care. With services from prevention to intervention, and programs to help drive utilization, our EAP positively impacts employees and the organization's bottom line.

**89%**

of employees at companies that support wellbeing initiatives are more likely to recommend their company as a good place to work. In today's challenging labor market, organizations cannot risk taking shortcuts.

# What Makes Carebridge the Best Choice?



## We offer convenient pathways to care to drive utilization

*Services are confidential with 24-7 availability*

- Consultations via In-Person, Video, Phone, and Chat
- Unlimited Access to Work-Life Specialists
- Life Coaching, Live and On-Demand Trainings, and Virtual Support Groups
- Digital Tools and Easy, Turnkey Resources



## We're easy to work with, from customization to care coordination

*Ease-of-doing-business for all stakeholders*

- Integration with Insurance Providers
- Dedicated Account Managers
- Diverse Proprietary Network of Clinicians
- Engaging Coaches and Presenters



## We support the organization and the employees

*A proactive and personalized partner*

- Critical Incident Services
- Management Support
- Extension of HR Department
- Help Promoting the EAP

# About Carebridge

*We cover a wide-range of needs for organizations and employees through preventative and proactive mental health care and work-life services.*

### Mental Health

Anxiety • Depression  
Conflict • Grief • Addiction

### Work-Life

Childcare • Eldercare  
Legal • Financial

### Emotional Wellbeing & Behavioral Change

Motivation • Stress Relief  
Mindfulness • Goal Setting

### Critical Incident

Crisis Response & Support  
Immediate Intervention

### Management Support

Issue Resolution  
Emotional Intelligence  
Communication Strategy





## The Results Are Reflected in Our Retention.

For 30 years, Carebridge has achieved consistent results for premier organizations—and has **retained 97% of clients in the past ten years.**

We're proud to have a positive impact on the emotional wellbeing, mental health, and everyday safety of today's workforce, and to foster greater employee engagement, productivity, and financial health for organizations.

While our proven results and ROI are what make Carebridge EAP the smart choice, it's our compassion that makes us the right choice.

*We're real people who are always available to help other people.*



# From Prevention to Intervention, Carebridge Can Help.

[sales@carebridge.com](mailto:sales@carebridge.com)

[carebridge.com](https://carebridge.com)



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