



AIRROSTI REHAB CENTERS
TREATMENT OUTCOME RESULTS

Musculoskeletal Value Based Benefit Report for:
Airrosti Book of Business

Data Reported as of: **May 18, 2024**

Total Number of Cases: **1,509,638**

Average Treatment Duration (Per Case): **3.2**

PATIENT REPORTED OUTCOMES

Objective Outcome Reporting: The following is a summary of the effectiveness and efficiency of the Airrosti Treatment Model as reported by Airrosti patients (not Airrosti providers), including patients still in treatment.

Patient Reported Overall Improvement

	Much Improved	Improved	No Change	Worse	Much Worse
At Last Visit	53%	40%	7%	0%	0%

Patient Reported Pain Level

	None	Very Little	Moderate	Significant	Extreme
Pre-Treatment	1%	9%	50%	36%	4%
At Last Visit	27%	51%	19%	3%	0%

Patient Reported Age of Injury

Duration of Injury	# of Cases	Avg. Visits
Acute (0-14 Days)	477,675	2.8
Subacute (15 Days - 12 Weeks)	421,162	3.2
Chronic (12+ Weeks - 1 Year)	238,127	3.4
Long Term Chronic (More than 1 Year)	369,661	3.4
ALL CASES	1,509,638	3.2

AIRROSTI VS. TRADITIONAL CARE

The Impact of Airrosti as a First Treatment Option: The following patient reported data demonstrates Airrosti's ability to prevent unnecessary treatment costs and the importance of educating health plan members to choose Airrosti first.

	Patients Who Chose Airrosti AFTER Unsuccessful Traditional Care	Patients Who Chose Airrosti as FIRST Treatment Option
ALL PATIENT CASES	49% (737054)	51% (772584)
Referred to Specialist	40% (294548)	4% (28207)
Referred to Diagnostic Imaging	70% (515818)	3% (26357)
Taking Medications (Rx and Non-Rx)	43% (313715)	16% (124993) <i>Non-Rx Only</i>
Previous Surgery for Injury	7% (49824)	N/A
Prior Rehab Visits (PT/Chiro)	47% (342776) <i>avg. number of visits: N/A</i>	N/A
AVG NUMBER OF AIRROSTI VISITS	3.4	3.0

POST TREATMENT SUCCESS

Post Treatment Plan Surveys: In addition to tracking treatment results each visit, Airrosti conducts a post treatment plan survey on a patient's final visit to gauge the impact on key cost saving and patient satisfaction indicators.

	Patient Reported Resolution & Prevention <i>(Cases Reporting "YES" to Survey Questions)</i>
Did Airrosti Resolve Your Injury/Condition?	88% (986720) *
Did Airrosti Help Prevent a Recommended Surgery?	21097
Did Airrosti Help You Eliminate/Reduce Medications Taken For This Injury?	94% (449296) *
Did Airrosti Prevent Further Medical Services For This Injury? <i>(Including Patients Reporting Prior PT/Chiro Visits)</i>	91% (986629) *

**Number of survey participants answering question*

Patient Satisfaction Results From Post Treatment Survey

YES, I Would Recommend Airrosti to Friends and Family	Extremely Satisfied	Satisfied	Dissatisfied	Extremely Dissatisfied
99.5%	88.5%	11.2%	0.3%	0.1%