

Features & Benefits

THE MEMBER EXPERIENCE



Member Portal

24/7 access to personalized online member portal (the *inCheck* Wellness Hub™). From completing online wellness challenges to tracking eating habits and physical activity to earning Champion Reward™ Points, the member portal is the one stop shop for wellness tools and resources.



Health Screening (Optional)

Get an invaluable glimpse into the risk for various chronic diseases with this screening for blood pressure, glucose, cholesterol, LDL, HDL, and triglyceride values. Have data directly transmitted into the Well Nation® Health Risk Assessment and receive Champion Rewards™ Points automatically.



Online Health Risk Assessment (HRA)

State-of-the-art Health Risk Assessment. Includes lifestyle behavior assessment and incorporates the WHO HPQ Select survey tool to assess productivity. Upon completion of the HRA, members receive direct access to their personalized results report



Health & Wellness Library

A library of searchable wellness resources, with topics ranging from heart health, tobacco cessation, nutrition, men's/women's health, and much more. Resources can be viewed online, saved, and are printable.



eCoaching (Optional)

An online platform of wellness coaching delivery. With eCoaching, members access lessons, education, and guided habit building each day of the program. Members are rewarded coaching credits linked to the Champion Rewards™ Tracking System as they progress and complete daily activities.



Mobile App

On-the-go accessibility to monitor points, track food intake and physical activity, complete wellness challenges and more. Available for Apple and Android devices.



Champion Rewards™ Tracking System

Earn points for completing various activities, such as the Well Nation® Health Risk Assessment, preventive exams, biometric screening, and challenges. Points can be aligned with any employer incentive program.



Gamified Wellness Challenges

Individual challenges and corporate challenges available. Earn points for completion of challenges. Corporate challenges connect to personal wearable devices when data applicable.



Personal Fitness Devices

Platform connects to all popular Personal Fitness Devices for use with Well Nation® Android and Apple app. Personal device data can seamlessly integrate into applicable corporate challenges.



Help & Support

FAQs and member guides available throughout the member portal to assist member in use of the Well Nation® platform. Technical support available at the click of a button to provide assistance with any technical questions.

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THE EMPLOYER EXPERIENCE



Administrator Resources

Written guides and video tutorials available on the client portal (the *inCheck* Employer Hub™) to support successful program planning, launch, management, and incentive fulfillment.



Progressive Program Materials

Library of “click and print” communication templates available on the client portal to make communicating your program easy and hassle free. From pre-launch flyers to program wrap-up letters, we’ve got your communication covered.



Personalized Population Dashboard

A comprehensive employer dashboard provides live-time program statistics at your fingertips. View participation trends and analysis of enrollment, HRA, health screening, eCoaching, corporate challenges, and more.



Health Screening (Optional)

Includes a blood pressure and basic glucose/lipid panel. Cotinine and height/weight testing also available. Onsite screening event(s) or individual screening kits available. Or, use your own third-party vendor and have results uploaded into the Well Nation® system.



Incentive & Rewards System

Utilize the Champion Rewards™ Program to allocate points for the completion of various wellness activities. Generate a participation report at the click of a button on the client portal to see up to the minute points earned for each participant.



Corporate Challenges

Choose from a library of 20 fully automated, gamified corporate challenges to offer throughout the program year. Keep an eye on challenge participation with the live-time client portal. Challenges are integrated on the Well Nation® mobile app for ease of access by employees.



Reports

Real-time member participation reports which include information on key program components and Champion Reward™ Points accrued. Generate aggregated member results from the Well Nation® Health Risk Assessment, wellness risk analysis and productivity impact reports.



Client Support

Access to an Account Management Team and technical support specialists to ensure your program is a success. Our wellness program experts are here as a guide, resource, and support for your program.