Large logistics company reverses rising medical trend while providing employees with richer benefits and improved care quality with Garner

CHALLENGE

A logistics company with over 7,000 employees, 90% of which are hourly associates, was facing rapidly rising healthcare costs while also fighting to attract and retain top talent. They needed a long-term solution that would significantly reduce their cost pressure while also providing higher quality care for their employees.

SOLUTION

Garner deployed a simple plan addition with unique incentive accounts that reduced deductibles for employees by \$3k when they visit a Garner recommended top-performing provider. Empowered by these incentives, employees used Garner's innovative app experience to find the best-performing doctors for their care, which lower costs by an average of 27% per episode of care, while also providing significant quality of care improvements.

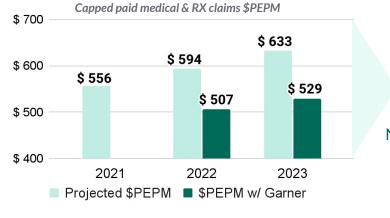
With Garner, members experienced significant improvements in care quality and satisfaction

15%	17%	15%
fewer ER visits	fewer urgent care visits	decrease in neck pain
12%	12%	26%
decrease in back pain	decrease in chiropractor visits	fewer inpatient hospitalization days

93%
Employee satisfaction with Garner

79%
Of enrolled employees used
Garner to find a doctor

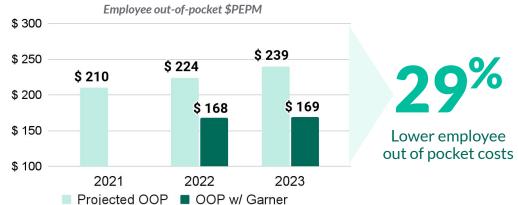
RESULTS: A projected 14% cost increase turned into a 5% decrease after two years



17%
Net plan savings vs
National trend

Originally, they were anticipating a 7% increase in capped paid claims, which turned into an 8% decrease after the first year with Garner.

After two years they saw a 17%, \$4.9 million dollar net plan savings.



Engaged employees with Garner see an average out-of-pocket cost decrease of 80%. During the first year their employees saw a 25% decrease across the board, which grew to 29% the next year as engagement increased.

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