

SUCCESS STORY

Taking a whole-person approach with case management & virtual care.



Jana

At the age of 51, Jana was diagnosed with early-stage, non-invasive breast cancer.

As a wife, mom of three, and full-time teacher, she was worried about how her diagnosis was affecting her and her family.



Problem

Jana had been going through chemotherapy for approximately six months. She was working with Case Management to ensure she was getting the best care for her complex medical condition. During a check-in call with Jana, her Case Manager noticed she sounded anxious and depressed.



Solution

Jana said that she was feeling depressed about not being able to do things with her family and also admitted that she was fearful about the future, which was causing her tremendous amounts of anxiety. It was determined that she would benefit from mental health support, so the Case Manager made a virtual appointment with one of our Mental Health Specialists for the very next day.



Result

By speaking with the Mental Health Specialist, she was able to successfully work through her feelings of depression and anxiety. Her family was also able to get support and guidance on how to better support her throughout her cancer journey.

