



*Taking Action. Inspiring Change.*

**Data doesn't lie.  
And the truth  
is, wellness  
works – but  
only when that  
data is made  
actionable.**

**Orthus Health saves employers money by enhancing the health of their employee population.**

We seamlessly combine data, analytical science and clinical expertise to pinpoint at-risk individuals, modify behavior and drive the greatest impact on employee health and **employer savings.**



**With a singular, integrated mobile-enabled wellness platform, Orthus Health:**

- Evaluates population health with science-based analytics that predict a population's modifiable health risks down to the individual
- Teams your employees with US-based certified health coaches who leverage pertinent clinical data to care, engage, and inspire action
- Engages employees with personalized digital wellness empowering individuals to avoid emerging risk or better manage chronic conditions
- Continuously monitors the wellness process to keep saving employers money

## **Our Formula for Wellness that Works**

**Discover** 

hidden savings and emerging modifiable risks

**Direct** 

personalized action that motivates positive change

**Deliver** 

individualized health and lifestyle interventions

**Drive** 

meaningful health cost trends that last

## A Wellness Platform Curated for You



### KNOW YOUR NUMBER®

Health survey that pairs with member biometric results to provide a personal health risk score and report



### INCENTIVE MANAGEMENT

Tools to design, implement, and track benefit program incentives



### WELLNESS CHALLENGES

Structured activities and health trackers to encourage member engagement



### LIFESTYLE COACHING

Health coaching for modifiable behaviors, powered by analytics



### VALUE ADD HEALTH PROGRAMS

Tobacco cessation, weight loss, and pre-hypertension



### DIABETES MANAGEMENT

Continuous monitoring, intelligent alerts, and coaching support using any glucometer

# It's time to rethink wellness.

## Taking Action & Inspiring Change in Employee Lives

*"I work with my Orthus Health Coach and it has been a wonderful experience. Last July I weighed in at 196 lbs. Today, the scale smiled back at 144 lbs. For the first time in 45 years, I like myself. I can honestly say I never did before."*

– Stacey Rawls  
Balls Food Employee