



# CAPABILITIES STATEMENT

## ABOUT STRIVE

Strive was established in 2008 and is a nationwide fitness and wellness management company. We provide a full spectrum of on-site fitness, health, and wellness services. Our team serves a mix of customers in the workplace wellness, community health, and government markets. Our solutions address population health management, physical activity, fitness, nutrition, stress management, strength and conditioning, injury prevention, physical rehabilitation, physical therapy, mental health, and musculoskeletal issues. Ultimately, we provide the boots-on-the-ground and can fully administer and coordinate a turnkey wellness program. As a recognized partner by the Centers for Disease Control and Prevention (CDC), our evidence-based programs improve the culture of health, increase measurable levels of engagement, and contribute to reductions in health risks.

## SERVICES

- Workplace Wellness Programs
- Fitness Center Staffing and Management
- On-site Group Fitness and Yoga Classes
- On-site Wellness Coordinators
- On-site Stress Management Programs (Mindfulness/ Meditation, MBSR, On-site Chair Massage Services)
- Musculoskeletal Conditioning Programs (Athletic Training, Physical Therapy, Therapeutic Yoga, Certified Strength and Conditioning Specialists CSCS, Stretching Classes)
- Fitness and Wellness Challenges
- On-site Nutritionists and Fitness Specialists
- Health Coaching
- Educational Workshops and Webinars
- Fitness and Wellness Program Management
- Health and Fitness Screening Events
- Community Health and Fitness Programs
- Fitness Center Design and Development
- Hospital Fitness and Wellness Programs

## CONTACT INFO

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 Web: [www.Strive2Bfit.com](http://www.Strive2Bfit.com)

### NAICS CODES

713940	812990	611699
611620	561210	624190
621340	621999	621330
561110	541611	621339

### DUNS

044754694

### CAGE

78E43

### DSBS

P1898324

### CERTIFICATIONS

Small Business Administration 8(a)	306924
Minority Business Enterprise (MBE)	AZ02299
Disadvantaged Business Enterprise (DBE)	45007

## REPRESENTATIVE PAST PERFORMANCE

- 2017-2019 Federal Aviation Administration (FAA)
- 2015-2019 Los Angeles Metro Transportation Authority
- 2014-2019 Anthem Health and Wellness
- 2016-2019 City of San Diego
- 2016-2019 County of San Bernardino
- 2017-2019 Alameda Health System
- 2016-2019 San Bernardino Unified School District
- 2016-2019 Cigna Healthcare
- 2011-2019 U.S. Airforce
- 2011-2019 BioMed Realty



## UNIQUE VALUE PROPOSITION

- Nationwide Footprint
- Turnkey Service Delivery
- Advanced Reporting Platforms
- Reduced Administrative Burden on Clients
- Competitive Pricing Model