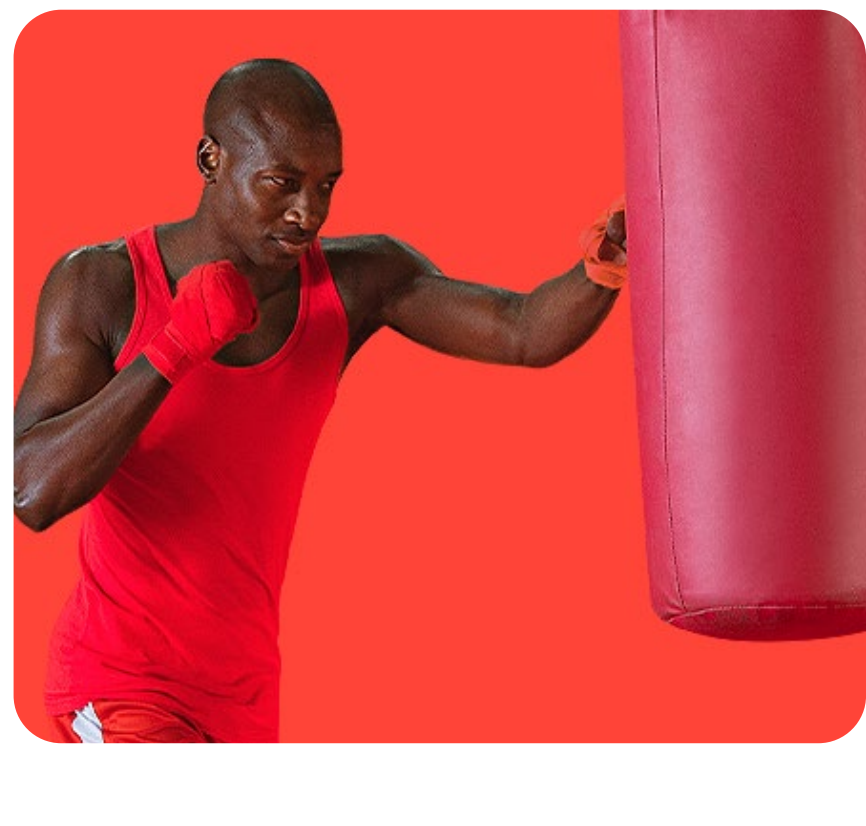


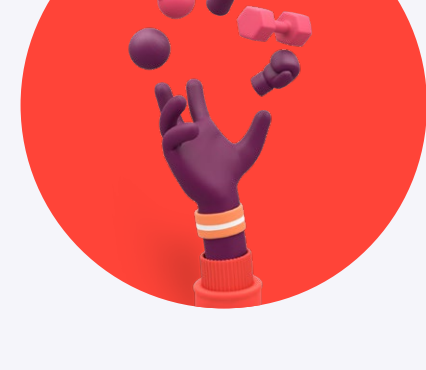
Gympass



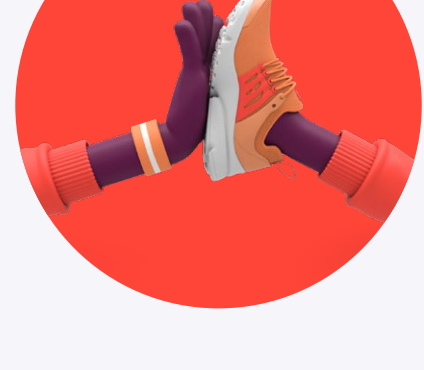
Gympass is your wellbeing partner!

Plus, you can add your dependents at standard Gympass rates. Employees & their dependents do not have to choose the same plan!

Prioritize your physical and mental wellbeing and create new habits with an all-in-one subscription that gives you access to:



The best gyms and studios near you



Live-streamed and on-demand fitness classes



1:1 virtual personal training with certified trainers



Wellbeing apps supporting nutrition, mental wellbeing, meditation, and more

Begin your wellbeing journey with Gympass partners, including:



Life Time



LA Fitness



Orangetheory



Crunch



F45

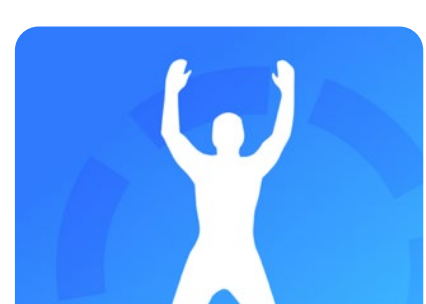
Or get a taste of the Gympass experience without any cost through our Digital Plan.*



MyFitnessPal



Meditopia



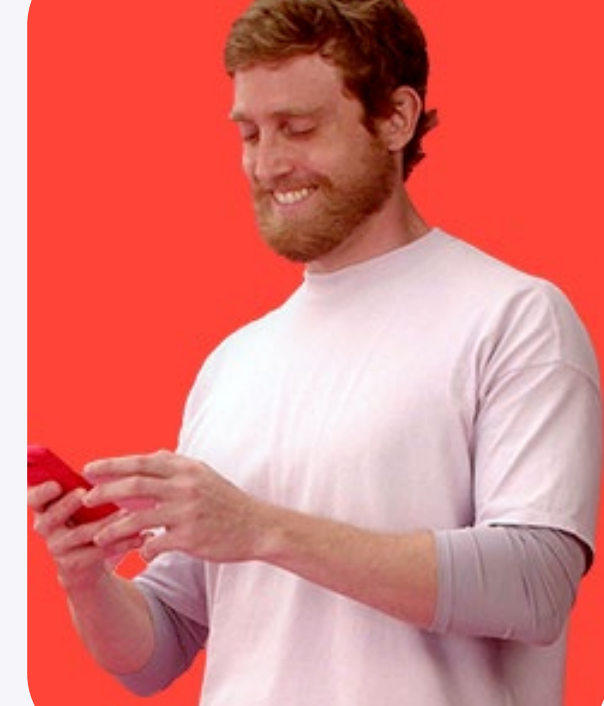
FizzUp

*Specific gym partners and apps vary according to each Gympass plan.

Digital Plan Free	Starter you pay only \$11.99 /month	Starter + you pay only \$19.99 /month	Basic you pay only \$34.99 /month	Bronze you pay only \$59.99 /month
Silver you pay only \$99.99 /month	Gold you pay only \$174.99 /month	Platinum you pay only \$239.99 /month	Diamond you pay only \$279.99 /month	

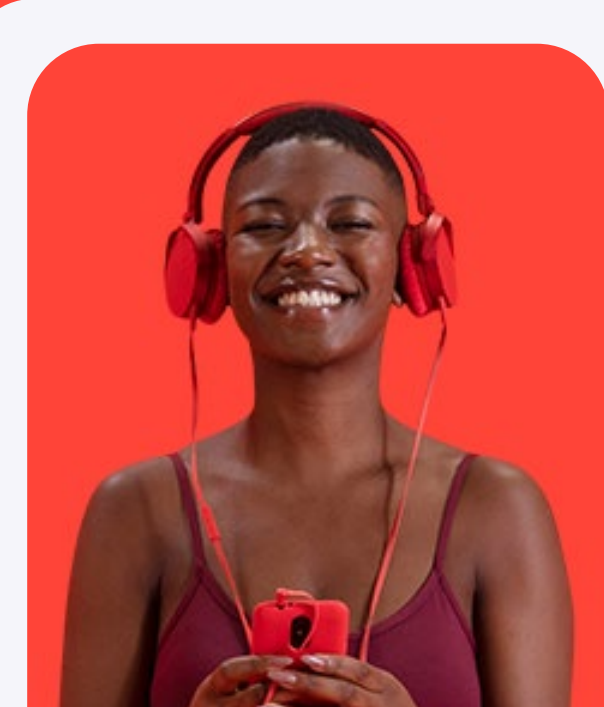
To browse all the plans and find gyms, studios, and Apps available in each one, get started today.

How to start your wellbeing journey with Gympass



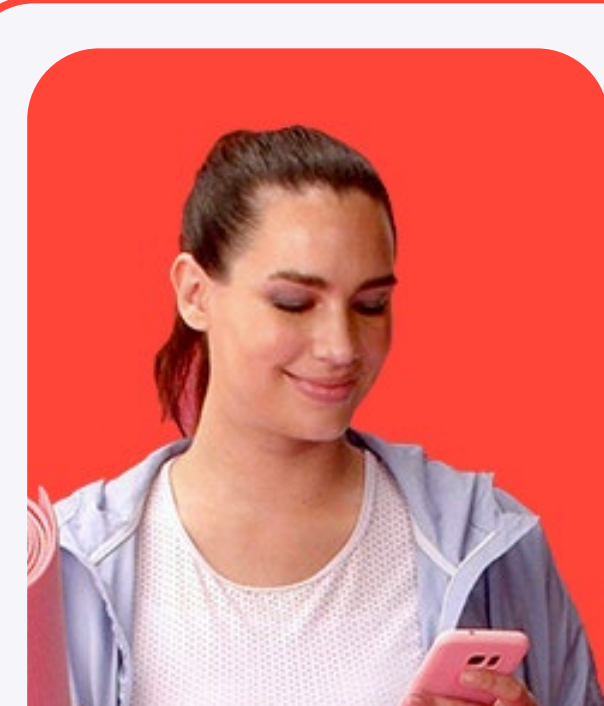
How to sign up

- 1 Visit www.gympass.com/us or download our app.
- 2 Click on "Sign up" to register and create your free account.



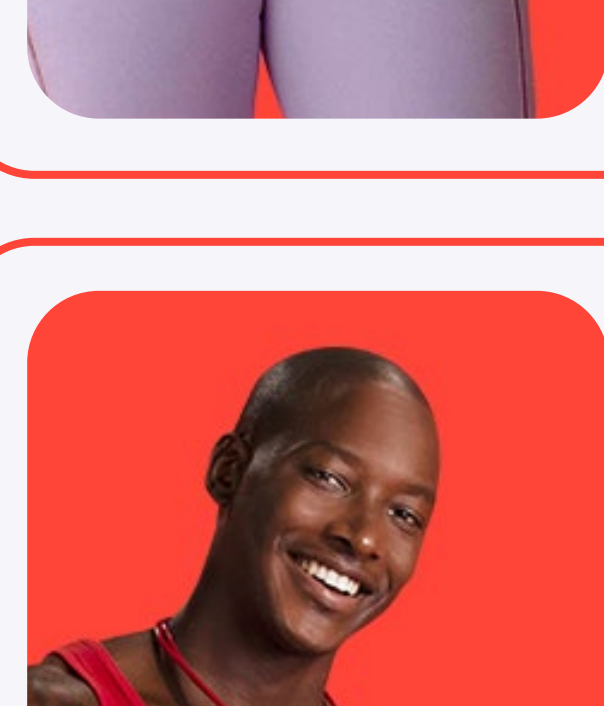
How to select a plan

- 1 Each plan is designed to accommodate a variety of preferences. Browse the different plans and pick the perfect one for you!
- 2 Once you confirm your payment information, your plan will be activated and you can start to use Gympass immediately!



How to find the best gyms

- 1 Use the "Search" feature on the Gympass app to easily find gyms and workouts near your office, home, or on the road.
- 2 Pick a day and plan your visit. Note that some gyms have the possibility to book in advance on the app.
- 3 When you arrive at the gym, enter the "Check in" field in the lower right corner of the Gympass app, select the venue's name, and hit "Check in".



How to book live classes and 1:1 personal training sessions

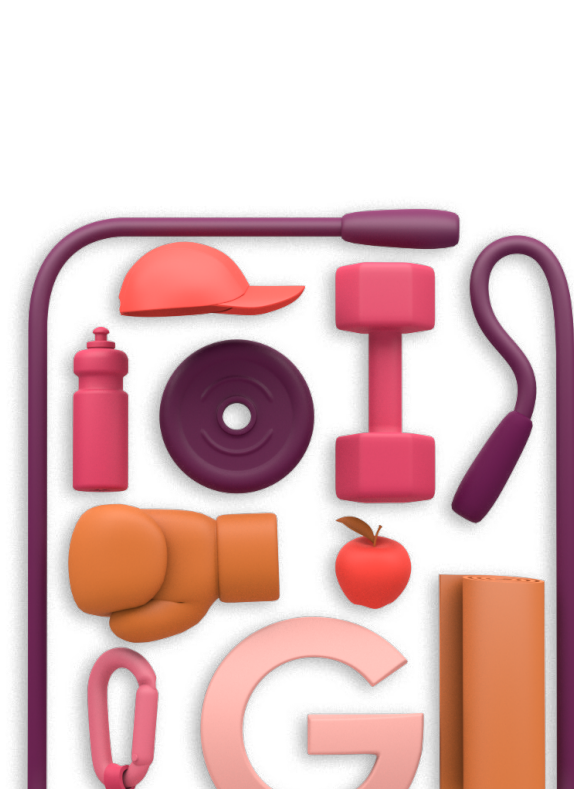
- 1 Click on "Book Live Classes" on the Gympass app to explore options and filter by type of workout or training session.
- 2 Choose the date and time you want and confirm the booking.
- 3 You will receive a confirmation email and a link to join the session through the app.

Even more!

With Gympass, there's even more wellbeing! At no additional cost to your monthly membership, you get access to premium apps, such as on-demand workouts, nutrition, meditation, wellness coaching, financial tips, and more.

Let's discover new healthy habits together with Gympass! Start your membership today.

- 1 Download the Gympass app, or go to www.gympass.com/us
- 2 Create your free account
- 3 Choose the plan that best fits you



Or scan this QR code.

