

Where health meets human potential

One Drop combines smart devices, an AI-powered digital platform, and one-on-one coaching to help your employees living with chronic conditions stay healthier.



Diabetes



Prediabetes



High cholesterol



High blood pressure



Harnessing AI for health

More than 20 billion health data points power the machine learning models behind our health forecasting and insights. Participants know what's coming next, so they can change their behavior and prevent complications. It's like turn-by-turn navigation for life.

ADAPTIVE APPROACH

Our adaptive support experience is tailored first to a person's chronic conditions, then adjusted over time based on new health data and interactions with the One Drop app.

HEALTH COACHING

Certified health specialists have access to users' data and can offer proactive support via live text chat in the One Drop app.

EDUCATIONAL EXPERIENCE

Interactive learning modules, proven behavior change techniques, and customized goals are combined to create a personalized transformation plan for each participant.

THOUSANDS OF INTEGRATIONS

One Drop syncs with thousands of other popular apps and devices, so participants can see all their health data in one place.



dexcom

inpen

Trusted Digital Health Program

"The response from our consultant partners and employers has been overwhelmingly positive. Through this collaboration, we enable employers to proactively manage their high-cost population while helping employees and family members take charge of their health."

Rod Reasen | CEO and Co-founder

springbuk.

Our advantage: Unlike most digital health companies, One Drop began as a direct-to-consumer platform. As an ally to people living with chronic conditions since day one, we know how to connect with our audience.



Connected devices & on-demand supplies

Glucose, weight, and blood pressure data wirelessly sync with the award-winning One Drop app. Participants with diabetes can order an unlimited supply of test strips and lancets, delivered right to their doors.



510(k) cleared



Health Canada approved



CE marked

Save up to \$1,800 per participant per year

Our peer-reviewed studies demonstrate that One Drop lowers A1C by 0.8% to 1.9% in just 3 months.^{1,2,3} These A1C reductions can drive \$325 to \$1,800 in direct cost savings per participant per year.⁴

Multinational program

One Drop is available worldwide in English and Spanish.



*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.

Clinically Effective Approach. Meaningful Results.

↓ 1.32%

Lower A1C in just 12 weeks⁵

↑ 35 min

Increased average physical activity⁶

↓ 15g

Fewer carbs per meal

References

¹ Osborn CY, Heyman M, and Dachis J. "The One Drop Mobile App and Experts Program is Evidence-based and Improves Blood Glucose." Ann Behav Med (SBM Abstract Book). 2017;51(Suppl 1):S1-S2867.

² Quisel T, Foschini L, and Kerr D. "Self-care Tracking and Blood Glucose Stability Among One Drop Mobile App Users." Ann Behav Med (SBM Abstract Book). 2017;51(Suppl 1):S1-S2867.

³ Osborn CY, Heyman M, Huddleston B, van Ginkel JR, Rodbard D, and Dachis J. "The One Drop Mobile App with In-app Coaching Improves Blood Glucose and Self-care." Diabetes (ADA Abstract Book). 2017;66(Suppl 1).

⁴ Grabner M, Abbott S, Nguyen M, Chen Y, Quimbo R. "Estimated Cost Savings Associated With A1c Reductions In A Large US Commercial Health Plan." Value in Health. 2013; 16: A1-A298

⁵ Kumar S, Moseson H, Uppal J, Juusola JL. A diabetes mobile app with in-app coaching from a Certified Diabetes Educator reduces A1C for individuals with type 2 diabetes. Diabetes Educ. 2018; 44(3):226-236.

⁶ Fewer carbs per meal.



Learn more: onedrop.today/pages/employer

results@onedrop.today

© 2021 Informed Data Systems Inc. and One Drop. All rights reserved.