



what is SoulBeing?

a vetted network of complementary and alternative providers that supplement your health plan to offer your employees and their families a truly integrated ecosystem of healthcare options.



how SoulBeing works

1

sign up! you sign up to offer SoulBeing as a benefit so your employees and their families have an easy place to find high-quality health and wellbeing options outside of the hospital.

2

we do the work for you. we customize communications, provider roundtables, educational webinars, wellness fairs, and other programmatic resources to meet the needs of your workforce across all 50+ complementary and alternative medicine service categories in our network.

3

empower your employees. employees & dependents use our care navigation platform to find providers for in-person and virtual appointments. they can schedule, pay for, and complete sessions within our HIPAA-secure portal.

our network includes:

naturopathic medicine
functional medicine
integrative medicine
mental & behavioral health
nutrition & dietary services
acupuncture
yoga & movement therapy
chiropractic care
massage therapy
speech therapy
health coaching
...many more!

why are these services underutilized?

1. access
2. education
3. affordability

SoulBeing solves for all three.

www.soulbeing.com

avg PEPY spend on "sick-care"

\$12k+

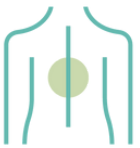
70%

of chronic conditions are preventable

potential PEPY savings

<\$8.8k

Sources: [CDC](#), [NCCDPHP](#)



why SoulBeing matters

your people are the heart and soul of your business. healthcare is siloed, so your benefits have been siloed too. health plan premiums continue to increase, but your people are not getting healthier.

the good news is that your employees and their families live in communities full of high-quality health and wellbeing providers. these are the exact people with the expertise to keep your teams healthy and happy. in fact, working with a dedicated expert is one of the most effective strategies for positive, sustainable behavioral change.

it is time to redistribute your health spend to outcomes-based strategies that are proven to keep people out of the hospital, avoid unnecessary surgeries, and stay off potentially dangerous prescriptions.

it is time for SoulBeing.

