



Support the mental health of your organization with **TELUS Health**.

At TELUS Health, we focus on employee health and wellbeing by supporting the mental, physical and financial wellbeing of organizations and their employees.

We bring together intuitive user experiences with accessible clinical support to offer holistic mental, physical, social and financial support for employees, when and how they need it.

With 53% of employees believing their work is suffering because of poor mental health¹, it is more important than ever for employers to support their team members' wellbeing.

1. People at Work 2022: A Global Workforce View, ADP Research Institute.





TELUS Health EAP.

TELUS Health EAP is a convenient, flexible solution that helps your workforce be proactive about their health and wellbeing, while helping you increase overall productivity and attract and retain talent.



Standard wellness features

Including the news feed, wellbeing content, and self-directed programs, including the total wellbeing index (health score based on questionnaires).



Short-term counseling

Through scheduled appointments and available in different modalities including in-person and over the phone.



Work/life solutions

Including family support services, legal and financial support, health coaching, child and elder care, nutritional counseling, and more.



Management consultations

For confidential coaching on workplace issues or other issues that could interfere with individual/team performance.



Global clinical network

Access to a global clinical network of nearly 100,000 multi-disciplinary, culturally sensitive, master's-level counselors.



24/7 crisis support

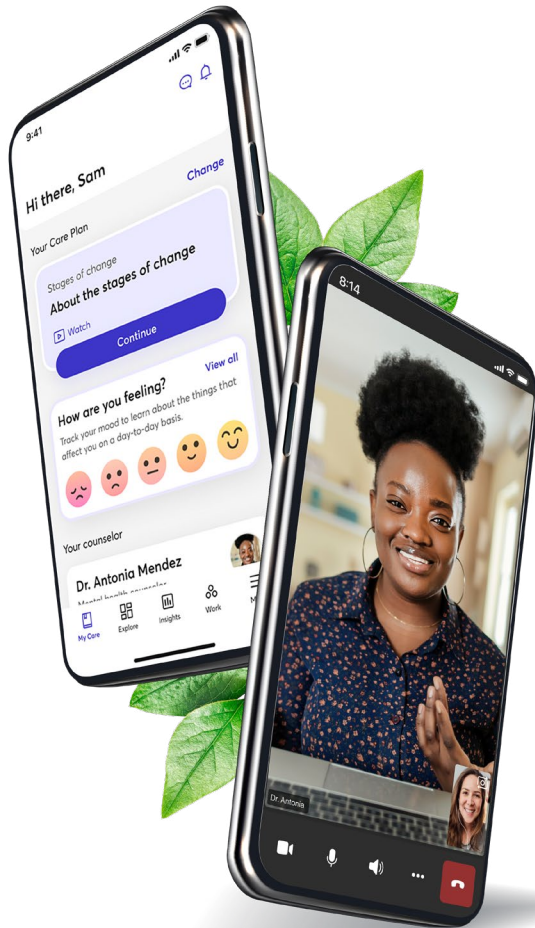
Timely support when critical incidents affect your organization.



TELUS Total Mental Health.

TELUS Total Mental Health helps make it easier for your employees to access the level of mental health support that is right for them. Total Mental Health leverages human support and technology to help create meaningful outcomes for your people.

With TELUS Total Mental Health, your people get everything offered in the EAP, plus:



Continuous counseling

Continuous counseling that goes beyond the limited session model, available by phone, text, video, and in-person.



Personalized care plans

Personalized care plans built by an expert clinical team. These plans outline paths for care to support individual progress. Care plans can provide support on a range of presenting issues including depression, anxiety and more.



Guidance by care navigators

Guidance by care navigators book appointments, and support your people through their journey. They can also complete billing for members and reduce the administrative burden employees may face when searching for care.



Counselor choice

Total Mental Health users have the option to review biographies of various counselors and select the one that best fits their preferences and needs.

Unsure of which service is right for your organization?
Talk to us today to learn more.