

# We Help Health Plans Make a Positive Impact on Their Pregnant Members' Lives

Loved by expecting parents everywhere, Delfina Care stands out as the ultimate digital pregnancy companion. Blending data from the user, their care team, and remote monitoring, Delfina offers personalized real-time care during those crucial moments between OBGYN appointments.

## We address preventable complications

- 1 in 5 pregnant people experience perinatal depression and/or anxiety
- Gestational diabetes complicates 10% of all pregnancies
- 5% - 10% of pregnant people experience hypertensive disorders

With Delfina Care, you can trust us to guide your members and network providers through pregnancy, delivering care that enhances outcomes and saves costs for your plan.

## How Delfina Works



Members take control of their pregnancy journey with Delfina Care's easy-to-use mobile app and Cellular 2G-enabled condition monitors (when clinically indicated).



The Delfina app provides education and personalized digital coaching and connects users with wrap-around support from doulas, lactation specialists, and mental health providers.



The member's provider receives real-time biometric data through their dashboard and can tailor interventions as needed.



As published in the *American Journal of Obstetrics & Gynecology: Maternal & Fetal Medicine*

**Delfina's machine learning systems can identify those who will develop gestational diabetes as early as 12 weeks and enable early intervention.**

## The Delfina Difference

5

HEDIS Measures <sup>5</sup>

82%

Monthly Member Engagement <sup>6</sup>

\$6,800

Estimated Per-Member Cost Savings <sup>7</sup>

Reach out to [partner@delfina.com](mailto:partner@delfina.com) today to learn why health plans and providers trust Delfina as their best-in-class pregnancy partner.

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**Sources:**

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