

Digital mental health solutions, grounded in science

1,800—that’s the estimated number of employees that could be suffering with mental health issues in a company of 10,000. That equates to 36,000 working days and \$7.9M lost per year*.



Care, redefined

Our digital mental health solutions are designed to help you tackle an underlying challenge that companies everywhere are facing: prioritizing mental wellbeing with effective, accessible and scalable mental health support.

100+ years

of combined experience building products



12 patent applications

around AI and digital phenotyping

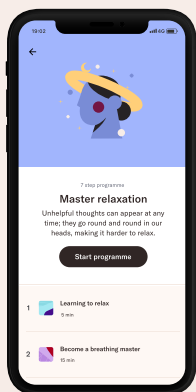


12 in-house Ph.Ds and M.Ds

Working in partnership with:

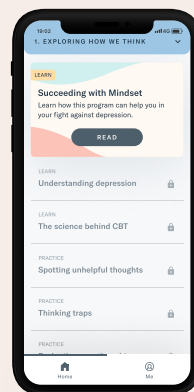


Our products



Koa Foundations

Give your employees access to practical, evidence-based wellbeing tools to help them handle stress and build resilience with Foundations.






Koa Mindset

Provide employees who need more than Foundations' general wellbeing support with Mindset's app-based Cognitive Behavioral Therapy tools, designed to help them live well with depression or anxiety.

To find out more about how Koa can help differentiate your market offering with the most salient topic of our times, contact shep.hallberg@kohealth.com for a brief expert consultation.

OUR OFFICES:

 Boston (US)  London (UK)  Barcelona (Spain)

*Figures are estimates based on data from the CDC.