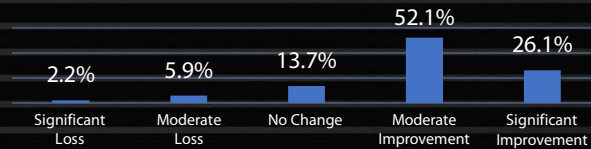


# EAP CASE STUDY: OUTCOMES & IMPACT

Employee assistance programs (EAPs) with the proper construct can have a lasting effect on employee health, wellbeing and productivity. CuraLinc Healthcare used four evidence-based diagnostic tools to measure the impact of the EAP for 10,170 employees who used the program between January 1, 2020, and December 31, 2020. A summary of the results is below. For additional information, contact your CuraLinc representative or visit [eapoutcomes.com](http://eapoutcomes.com).

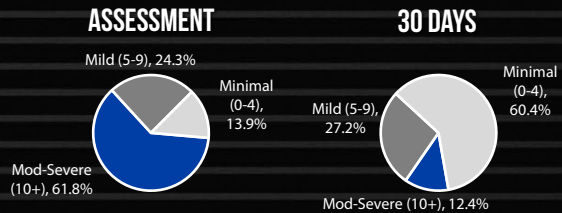
## PRODUCTIVITY (DIAGNOSTIC TOOL USED: SPS-6)

Over 78% of employees reported improved productivity after using the EAP.



## DEPRESSION (PHQ-9)

Over 96% of EAP participants with depression reported improvement after using the program.



## ABSENTEEISM (WOS)

The average time missed from work due to the employee's presenting issue dropped from 10.3 hours to 3.1 hours after using the EAP.

### IMPROVEMENT



## ALCOHOL USE (AUDIT)

Over 89% of participants who consumed alcohol regularly improved by one or more risk levels after using the EAP.

### RISK MIGRATION

SCORE	RISK LEVEL	ASSESSMENT	30 DAYS
0-7	Zone I: Low Risk	39.4%	83.4%
8-15	Zone II: Risky	33.7%	13.5%
16+	Zone III or IV: Harmful or Severe	26.9%	3.2%

TO REVIEW THE STUDY, VISIT  
[EAPOUTCOMES.COM](http://EAPOUTCOMES.COM)

