



**CORE**  
**HEALTH**  
by **Carebook**

**Well-Being Engagement Reimagined**

[www.corehealth.global](http://www.corehealth.global) | 1.866.396.2673

## About Us

Since 2004, CoreHealth has and continues to bring together the science of prevention, the art of engagement, and the power of technology in new and inspiring ways to help people find their own path to wellness.



### Total Well-Being Programming

Create meaningful engagement with solutions that consider the total health and well-being of your population.



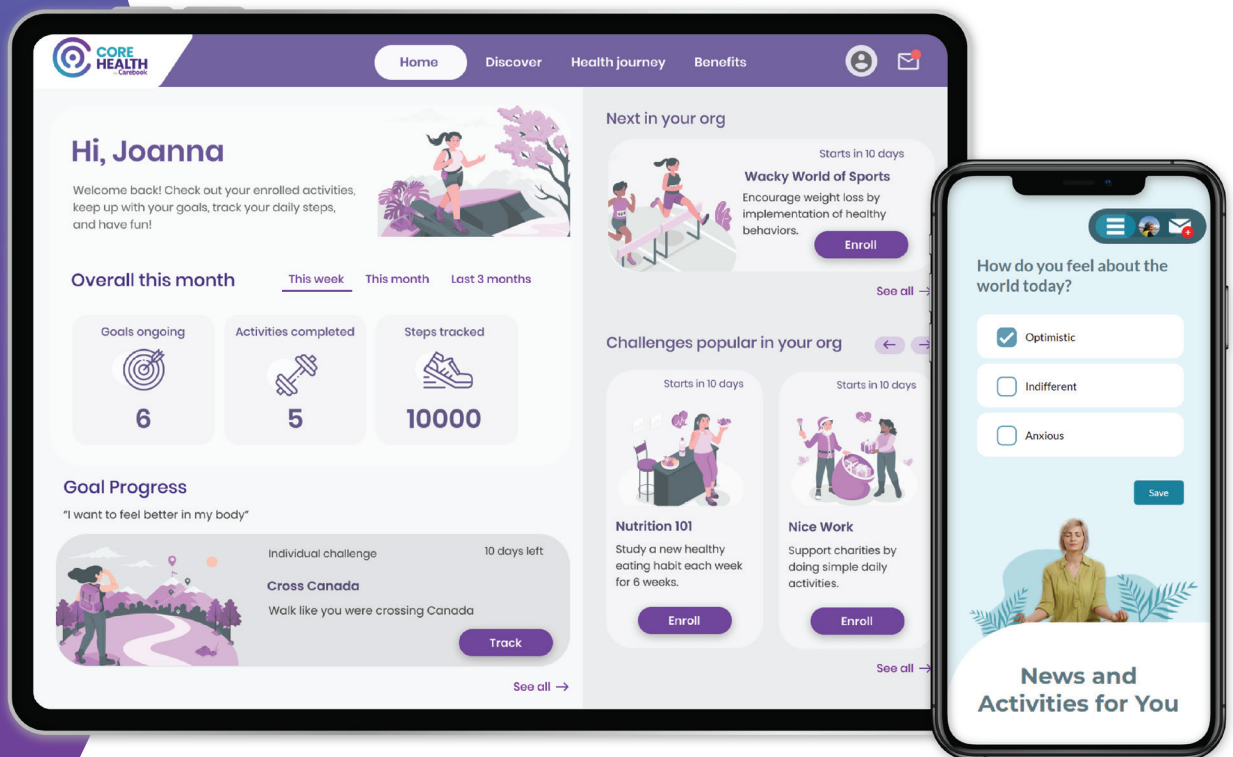
### Outcome Focused

Gain population insight data to power impactful and targeted programming to address current health concerns and mitigate future risks.



### Flexible, Scalable Solutions

From simple to sophisticated, our suite of digital solutions scale to fit the current and growing health and well-being needs of your population.



## Digital Health & Wellness Solutions

A wellness platform as dynamic as your population. Bring all your well-being programming together on one agnostic digital platform for a unified, seamless experience to drive higher engagement and improved health outcomes. We bring together modern design aesthetic with intuitive technology to ensure an engaging experience at every level. Our ISO 27001 certified practices satisfy the toughest global security and privacy standards.



IS 704535

## Employer Solutions

Reimagining Corporate Wellness Programs

### CoreHealth Checkpoint

CoreHealth Checkpoint's turn-key, modular assessments provide essential insights into the health of your workforce to minimize future risks and maximize health program results. Check core areas of your population including biometrics, lifestyle, psychological, organizational, and financial well-being.

### CoreHealth Activate

CoreHealth's turn-key journeys engage employees with activities and well-being challenges, that inspire long-term behavior change. Health and well-being journeys focus on disease prevention, emotional health, weight management, sleep, nutrition, physical activity, and financial well-being.

### CoreHealth Impact

From insights to outcomes, our experts will bring your workplace wellness strategy to life. We'll build and implement your corporate wellness program to maximize engagement, productivity, and health outcomes. Our fully-managed well-being programs are led by a dedicated well-being advisor to deliver curated and impactful experiences for your employees.

### CoreHealth Your Way

Your Way, an all-in-one, multi-lingual wellness management platform designed to meet every employee where they're at — delivering robust insights, providing powerful wellness programming, and driving impact in the form of an engaged and productive workforce.

## Provider Solutions

Amplifying Digital Health for Wellness & Service Providers

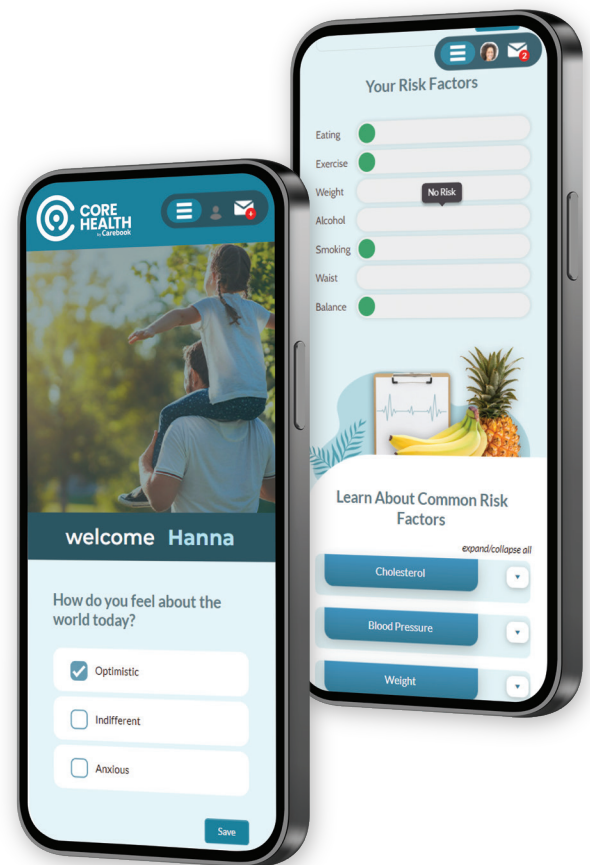
### CoreHealth Pro

For wellness providers and innovators to build fully configurable, all-in-one programs on our white-labeled, flexible digital health management platform. Pro empowers providers to reimagine and future-proof their digital solutions.



"Assessment reports are extremely valuable for managers and they like the comprehensiveness of it and how much information the tool will give them."

- Laura Hunter-Mcleod, Global Health Program Lead, GlaxoSmithKline (GSK)



"The product is very flexible and can be configured to a multitude of needs and interests, allowing us to deliver inclusive wellness programming needs for multi-national companies."

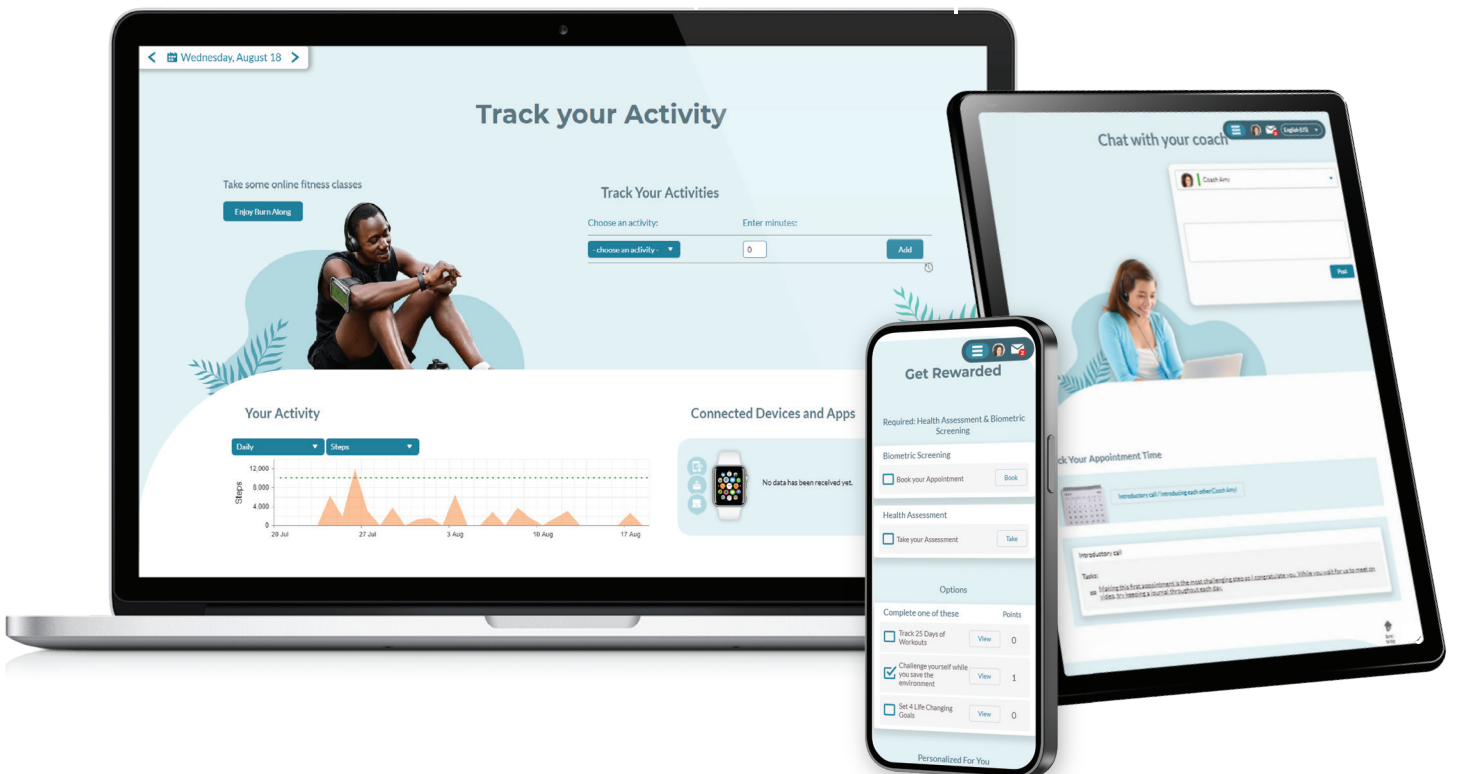
- Matias Golob, Founder, Connected Well-Being





# Solution Features

	CoreHealth Checkpoint	CoreHealth Activate	CoreHealth Impact	CoreHealth Your Way	CoreHealth Pro
Onboarding survey	✓	✓	✓	✓	✓
Comprehensive assessment	✓		✓	✓	✓
Well-being challenges		✓	✓	✓	✓
Behavior change micro-learning			✓	✓	✓
Benefits navigation	✓		✓	✓	✓
Reporting	✓	✓	✓	✓	✓
Digital Coaching				✓	✓
Dedicated account manager	✓	✓	✓	✓	✓
Well-being advisor			✓		
Integration partners			✓	✓	✓
Points engine			✓	✓	✓
Scheduling			✓	✓	✓
Fully configurable				✓	✓
Self-managed content				✓	✓
White-labeled				✓	✓



## Our Partner Network

Enhance your programming with platform integrations that easily expand your preventive health programs. Pick and choose from the world's largest network of third-party, best-in-class health and well-being vendors - all closely integrated within our platform.

Or ask us to integrate with your preferred partner!

### Our Diverse Partners Provide Options for:

- Mental & Emotional Health
- Physical Fitness
- Nutrition
- Financial Well-being
- Health Content
- Addiction
- Telehealth
- Incentives & Rewards
- Device Integrations
- Data Analytics
- Coaching
- Social Responsibility



## Inspiring Holistic Health Engagement & Outcomes Through Technology

**83M+**

Avg number of steps logged per day.

**3.5M**

Eligible lives on our platform.

**1.5M+**

Assessments completed annually.

## Start your wellness journey

Contact us via email  
[inbound@carebook.com](mailto:inbound@carebook.com)

Speak with our experts  
1.866.396.2673 ext. 2

Visit anytime  
[www.corehealth.global](http://www.corehealth.global)