

Our Innovative Programs Build Lasting Employer Relationships



BEHAVIORAL HEALTH SYSTEMS

Behavioral Health Systems, Inc., founded in 1989, administers a comprehensive suite of behavioral programs for employers nationwide. These include: a national network of 100,000+ specialty providers, managed behavioral health/substance abuse and employee assistance plans, disease management, wellness/wellbeing programs, a drug testing division, psychotropic Rx management and a behavioral workers' compensation program.



“How many times do you get the opportunity to dramatically cut benefit costs while enhancing the benefit value to employees? Not often. However, that is exactly the opportunity we seized a few years ago by “carving out” the mental health benefit from our normal medical plan.” — Sr. Vice President of Human Resources, BHS Client

This BHS Client of 17 years represents a 25,000 life group with employees across 48 states. Upon implementing the BHS integrated mental health/substance abuse/employee assistance program on a fee-for-service basis, these were the results:

The Employer Experienced:

- 1st Year Cost Savings of 50%
- Average Per Diems of \$600
- Relapse/Readmission Reduction
- Comprehensive Mgmt Reports
- Increased Patient Satisfaction
- Guaranteed Parity Compliance

The Employees Experienced:

- Enhanced Inpt/Outpt Benefits
- Reduced Employee Premium Sharing
- Reduced Out-of-Pocket Costs
- Ease of Access/Dedicated Care Coordinator
- Paperless Claims Processing
- Seamless EAP and Continuity of Care



✓ **Managed Behavioral Health Organization (MBHO)**

Still most popular after 28 years is our comprehensive behavioral health 'carve out' program, whereby BHS provides personalized assistance to members in accessing benefits, making provider referrals (priority scheduling), ensuring member satisfaction, and providing care management to ensure maximum treatment effectiveness. BHS currently serves 100+ employers across 50 states, representing 500,000+ members. Annual savings average 50%. Client retention rate continues to exceed 90%.

✓ **National 20,000+ Specialty Provider Network**

Through BHS' national network of over 20,000 specialty providers, BHS employers and members have access to a full continuum of care and to negotiated rates which produce maximum cost savings (\$600 avg per diems vs. \$2,000+ maj med rates). Also unique to BHS is our 'open' network philosophy which ensures maximum freedom of choice for the member.

✓ **Integrated/Stand-alone Employee Assistance Plans**

Providing an EAP as an integral part of the BHS mental health/substance abuse benefit plan is by far the most popular. It offers the member a seamless approach, easy access, and continuity of care on longer term treatment. The employer benefits from higher utilization, cost transparency, and cost savings of 50-75% compared to traditional, capitated, stand-alone EAPs. BHS does offer EAP programs as a separate product line, and incorporates unique features to maximize similar benefits.

✓ **Psychiatric Disease Management**

BHS provides education and coaching for members with serious or chronic psychiatric conditions. Current programs address attention deficit disorder, autism, bipolar depression, PTSD, and generalized anxiety.

✓ **Safety First Drug Testing**

Offering a national network of labs and collection sites at preferred rates, this division of BHS further reduces employers' direct overhead costs by providing a centralized source for MRO review, results reporting, NIDA-approved random selection, electronic ordering, on-site collect capability, associated claims payments, and quality assurance. Background and drug screens can be combined. We currently serve over 500 companies nationally.

✓ **Wellness First**

BHS recognizes that each employer's vision (and budget) differs as it relates to wellness and wellbeing services desired. BHS is continuously expanding its comprehensive range of services, both traditional in scope (i.e., on-site biometric screenings, risk assessments, nutrition/smoking cessation, financial/physical fitness/emotional help aids), as well as unique (i.e., a proprietary Health Risk Assessment tool, which encompasses mental health as well as physical). Unlike many other program providers, however, BHS offers these services on an unbundled fee basis, tailored specifically to the needs of the employer.



✓ **Behavioral Rx Management**

Today, psychotropic drug use ranks among one of the highest problem areas. BHS developed proprietary software to analyze pharmacy data and can identify unnecessary, inappropriate, misused and overprescribed specialty drug use. BHS can implement case-specific measures to benefit both employer and member.

✓ **Behavioral (Workers') Comp Management**

The impact of psychiatric and addiction issues on medical workers' comp cases cannot be understated. BHS specializes in expert psychiatric evaluation and treatment of injured workers, which has proven to lower overall costs and result in a quicker return to work.



BEHAVIORAL HEALTH SYSTEMS

800.245.1150

www.behavioralhealthsystems.com