



Motivating healthy habits



Propel® is a wellbeing program provider that utilizes its proprietary Software as a Service (SaaS) platform **fully customized, and fully mobile optimized** for organizations of all sizes to run and manage comprehensive global wellbeing programs and other initiatives. Propel's technology allows organizations to integrate customized incentive management, benefits information, employee recognition initiatives, community-service initiatives, safety and compliance training initiatives and more. Here are some of Propel's key features:

Fitness, health & wellbeing activity tracking. Users can track progress across hundreds of physical activities, nutrition, biometric measures and other wellbeing categories and connect to popular tracking apps/hardware like **Apple Watch, all Fitbit and Garmin** devices and more to automatically upload activity.

Goal tracking. Propel allows users to create and track an unlimited number of personal wellbeing goals and see real-time progress.

Fully customizable competitions. Participants can join individual, team and group competitions launched by the program administrator or create their own private challenges and invite others to participate.

Employee Recognition. Propel has automated methods of recognizing accomplishment, service/spot awards, colleague-nominated awards, etc.

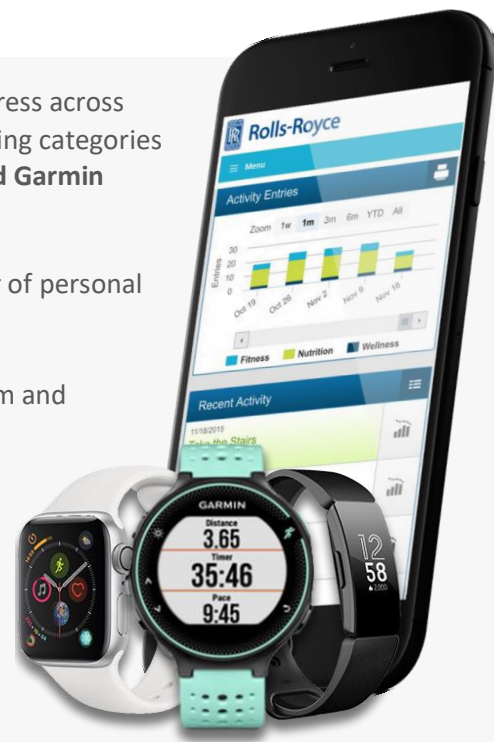
Customizable incentive management. Propel allows organizations to fully customize and automate their health-promotion strategy, build one or multiple customized incentive programs and closely track results.

Social networking and teaming functions. Create virtual teams, communicate with colleagues, find others with similar interests, participate in private challenges, connect to activity tracking devices, engage in community initiatives and more.

Multiple program component connectivity. Propel offers our clients the opportunity to integrate multiple program components from internal or third-party vendors (HRA, health coaching, etc.) to create a fully integrated program experience based on the client's specific program goals.

Full Content Management System. With Propel, the client has the tools to manage all Portal content, add and delete pages, links and navigation any time.

Full-year Account Team Support. Propel provides a dedicated account team to help the client plan and execute the full program plan with weekly or bi-weekly conversations throughout the program year.



Example Screenshots of the Propel® Platform as Customized for Various Clients

