

# We believe no one should go through caregiving alone.

# **Caregiving Crisis**

### Who are caregivers?



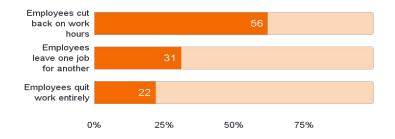
# 73% of employees are caregivers

54+million in US

### **The Caregiving Crisis**

## Caregiving is costing employers over \$50 billion annually.

That's an estimated \$3,200 per employee.



- 24+ hours per week are spent on caregiving responsibilities, on average
- 70% of caregivers fear they'll have to leave the workforce to support loved ones
- 53% of caregivers went in late, left early, or took time off
- 26% of personal income is spent on caregiving

Caregivers are an employee identity group and can often be marginalized. Cariloop focuses on customized aid, relieving daytime caregiving demands, and inclusion of all employee benefits to realize the greatest ROI for the member possible.

#### Gender

Women largely take on more caregiving responsibilities than men, leading to gender disparity and decreased career opportunities for caregiving women.

### Race + Ethnicity

Cultural norms and family structures of already marginalized groups can lead to discrimination in the workplace and limit their career opportunities.

### Age

Older workers may face age discrimination in the workplace and be passed over for promotions or other opportunities.

#### **Disability**

Caregivers with disabilities may face additional barriers of access and discrimination from service providers.

### **Socioeconomic Status**

Low-income workers who may have less access to paid time off or other benefits also have a higher need to maximize the value of their benefits.



### The Caregiving Crisis

# 73%

of employees are caregivers

Harvard Business School On average,



hours per week are spent on caregiving responsibilities

> Caregiver Action Network

Caregivers are the **fastest-growing employee group** 

> Society for Human Resources Management

### MIND

57% of caregivers experience *clinically significant* levels of stress, anxiety or depression.

> Blue Cross Blue Shield Association

### BODY

Caregivers suffer from increased rates of physical ailments, tendency to develop serious illness and have high levels of obesity and bodily pain.

Family Caregiver Alliance

### WALLET

26% of personal income is spent on caregiving.

AARP

Not taking action to support caregivers creates a huge risk for the business

Productivity

80%

of caregivers say caregiving affects their productivity at work

Harvard Business School

### Retention

**39%** 

of caregivers leave their job to care for a loved one

Family Caregiver Alliance

DEI Goals & Progress

Caregiving disproportionately affects women and historically marginalized communities

Family Caregiver Alliance

# **Delivery Model**

### Cariloop Support Model

### Meet members where they are...









Phone

Portal



Email



Provide a dedicated **Care Coach** 

12+ Avg. years of experience 2 hr response time W-2 Employees

Diverse credentials to support all services:

- Licensed Master Social Worker
- Oncology Patient Navigator
- Pediatric Nurse Practitioner
- Certified Case Manager
- Chemical Dependency Counselor
- Certified Dementia Practitioner
- M.Ed Guidance Counseling
- ASL/ESL Specialist & more...

**Connect to personalized** digital tools and resources

#### Member Portal

streamlines member coach communication, critical resources, documents, and communications.

- Medication tracking
- Provider tracking
- Care planning

**Caregiver Marketplace** robust, accessible and trusted provider network for in-home:

- Child care
- Tutorina •
- Pet care •
- Senior care
- Cleaning / Household •

help

**Continual support for** the stages of life

Maximize available benefits for complete support

Cancer		
Alzheimers/Dementia	EAP	Medicare/ Medicaid
Hospice		
Medicare/Medicaid		
Childcare	Health	Physical Wellness/
Fertility	Navigation	Nutrition
Pregnancy		
Return-to work		
IEP/504 Planning	Fertility	Financial Wellbeing
College Planning		
+ all Adult/Eldercare, Pediatric/Childcare and Education needs	MSK Benefits	Telehealth

### Supporting your people through all life's journeys



#### **Family Planning**

- Prenatal prep
- Locating fertility clinics
- Exploring adoption
- Surrogacy
- Leave support
- First will creation
- Return to work planning



#### **Education & College**

- Navigating early intervention (Developmental delays or disabilities)
- Special needs
- diagnosis support IEP/504 meetings
- Locating tutors
- After school care

School transfers

- ESL learning
- **Early Childhood & Teens**  Daycare/nanny/babysitter placement
- Pediatrician search
- PT/OT/SLP evaluations
- Down syndrome/Autism diagnosis
- Nutrition
- Finding summer camps
- Mental health guidance



#### LGBTQ+ Support

- Adoption, surrogacy and fertility resources
- Gender affirmation
- Vetting LGBTQ+ friendly providers, attorneys, pharmacies, etc.
- Transition resources



#### **Adult Support &** Self Care

- New diagnosis navigation (cancer, dementia, diabetes, etc.)
- Finding doctors
- Locating and vetting counselors or therapists
- Family dynamics
- Providing domestic violence resources



#### **Elder Care**

- Finding & vetting assisted living, nursing homes, hospice, etc.
- Medicare/Medicaid enrollment
- Wills/POA/Advanced Directives
- Dementia support
- Difficult conversations
- Transportation resources
- Finding elder care attornevs
- Sales of a home
- benefits and eligibility Navigating VA Health Care and pensions Understanding how
- insurance, VA benefits, and Medicare work together



### Veterans Support

Understanding VA

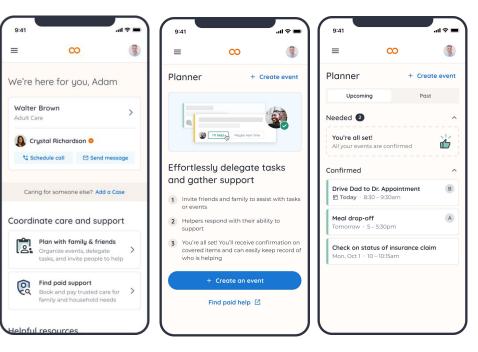
### **Personalized Digital Tools & Resources**



caril <mark>co</mark> р ноте	Your Cases * Planner Find Care Learn		⑦ Ø Maya •
	We're here for you, Maya		
	Tobias Turner Pediatric Care	>	
	🚇 Linda Barrow 🗢	및 Schedule call 전 Send message	
	Lily Turner Pediatric Care	>	
	🚇 Linda Barrow 🤗	€ Schedule coll 🛛 🖾 Send message	
	Caring for someone else? Add a Case		
	Coordinate care and support		
	Plan with family & friends Organize events, delegate tasks, and invite people to help	Find paid support Book and pay trusted care for your family and household needs	
	Helpful resources	Browse all	

Our New and Enhanced Digital Experience

- Provides personalized content and resources
- Seamlessly connects members/families to their dedicated Care Coach
- Helps streamline access to critical documents, information and communications





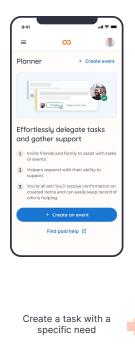


### New in 2024: Care Help and Planning

### $\mathbf{c}$

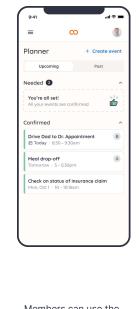
#### **Coordinate Care and Support**

Seamlessly request help from family and friends or source paid care providers



Ends	2023 🛱	9:30am		
All day	2023	5.504111		
Location				
				1
5 Boyd I	ower, Iowa	City, IA 5224	+2	
Description				
and I nee	g to be awa ed someone morning do nent.	e to take W		
Invite peop	le to help 🛈			
bethany.	m@email.cor	n 🕲		
allan@en	nail.com 🕲			
stacie@e	mail.com 🕴			
nicole@e	mail.com <table-cell></table-cell>			
_				
	Sa	ve		J

Submit a request for help to your personal network. They can accept or decline and add the task to their personal calendar



Members can use the Planner tool to manage all care requests and easily access the Caregiver Marketplace when friends and family are unavailable.

### **Caregiver Marketplace**

Find, book and pay for care using a robust, accessible and trusted network for:







Tutors

**Backup Care** 

Full/Part-time



Senior Care and Home Help Pet Care

- Self-serve and on-demand
- Reliable, convenient and easy to use
- Occasional, part-time or full-time needs
- Optional program/stipend administration
  - Employer controls stipend amount
  - Dollars immediately available in member accounts
  - Invoiced after utilization

### We partner to embed Cariloop and help create a culture of care



### **Caregiving Employees**

Reduce stress, manage costs, and allow employees to be more present with their loved ones.

- New Hire
- Leave of Absence
- ERGs
- Wellbeing Programs



### Managers

Train managers to identify caregivers, refer to Cariloop

- Manager Training
- Caregiving 101
- How to ID a Caregiver



### **HR Leadership**

HR Leaders are de facto Care Coaches. Free up your HR team to focus on strategic initiatives.

- HR Training
- Benefit Fairs/AE
- Recruiting Efforts



 $\mathbf{O}$ 

### Enterprise

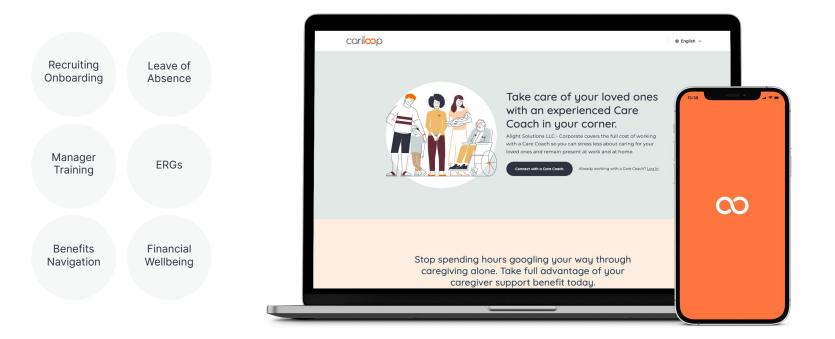
Improve employee productivity, attraction and retention of diverse talent, reduce LOA's and improve return to work ratios.

- Careers page
- ESG report
- DE&I activation

# The Voice of the Caregiver

Hear real stories of how Cariloop has impacted specific lives of the caregivers we serve.

### Embed Cariloop in existing programs and benefits



### Support for whoever they consider family

Your team has many people in their lives who they count on and who count on them. If they're caring for someone who they consider family, we're here to help!



### **Cariloop's Caregiver Marketplace is powered by UrbanSitter**

With UrbanSitter, it's easier than ever to find, book, and pay caregivers you trust—for everything from hiring a full-time nanny to booking backup child care in minutes.



**Convenient and easy to use:** Book & pay caregivers in one simple app and site.



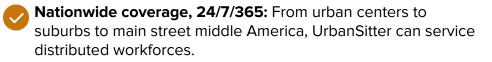
**Reliable backup care:** Last-minute response rate is under 5 minutes in most areas.

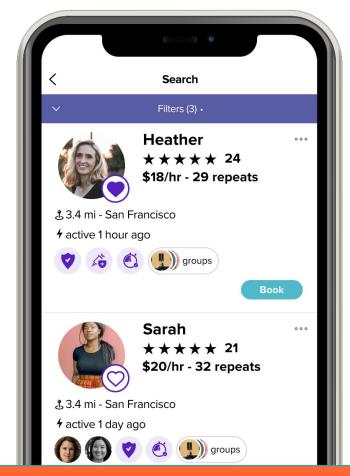


**Community trust:** Plugs into your existing parenting networks to find caregivers your personal connections use and love.

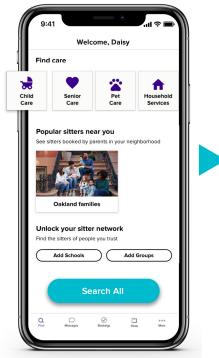


**Background checked & reviewed:** All caregivers have been background checked, and reviewed by our team.

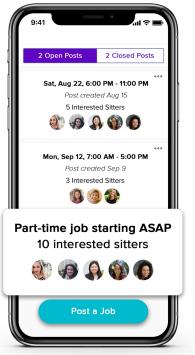




### Finding care is a breeze from start to finish



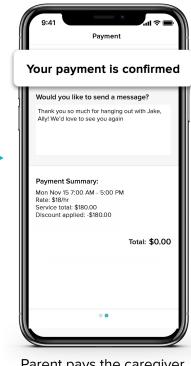
SSO into UrbanSitter from Cariloop to find part-time care for their child.



Parent posts a job and finds qualified caregivers within minutes.

Your job is confirmed!
Ally Crouther
Mon/Wed/Fri, 7:00 AM - 5:00 PM
Cancel
Description litter for our 5-year old boy needed, while parent: re working. Must love dogs and assist with light lousekeeping.
lob Details
Children to babysit 1 chil
Children's ages 5 year Rate per hour \$18/hr via Cred
(Switch to Cash
Message

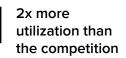
Parent books their preferred caregiver.



Parent pays the caregiver with their preferred form of payment.

### **Cariloop's Caregiver Marketplace Care Difference**





Clients that switch to UrbanSitter from another caregiving benefits vendor report an increase in employee utilization of nearly 2x.



### Backup care that's actually available

No other vendor can match UrbanSitter for same-day needs. Employees can reliably find backup care—no need to book weeks in advance.



Every type of care, all in one place

In-home care providers, daycares, preschools, concierge services, tutoring, pet & home care, senior companions—UrbanSitt er covers every employee's care needs.



Establishing trust through data

Caregiver profiles show statistics such as quantity of "Repeat families" and bookings, response times, and ratings to inform and build trust before hiring.





We avoid the conventional wasteful "backup day" model by offering simple and straightforward Care Credits measured in dollars. Employees only use what they need; employers only pay for what is used.



Supports diversity, equity and inclusion

UrbanSitter's caregivers speak more than 25 different languages, span all 50 states, and have the flexibility to work off-peak hours to service hourly and nightshift workers. Self-service, on-demand caregiver marketplace of high quality network of caregivers, with optional subsidy contributions combines the advantages of a digital and concierge support to drive better outcomes for members



Backup Child Care For emergencies, working late, school closures, day care disruptions and holidays



Full/Part-time Child Care For finding the perfect nanny to fit any schedule

**Tutors** For assisting with homework or distance learning

Pet For dogs, cats, and other animals

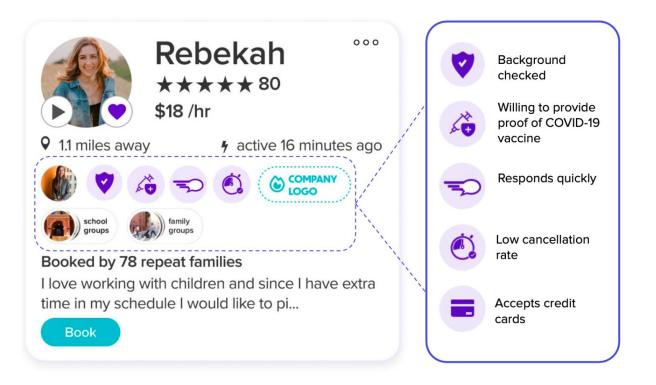


Senior Care and Home Help For senior care and errands

### Top trust & safety standards for parents

- Background-checked caregivers
- Review and "repeat families"
- Community recommendations
- Scheduled and paid through our platform
- COVID vaccine status and screening questions
- Cariloop Care Coaches will support employees through it all

We take the hassle out of caregiving & coordinating



# **Digital Member Experience**

### Our Care Portal is designed to enhance the Coach-Caregiver relationship.

Our New and Enhanced Digital Experience -

- Provides personalized content and resources
- Seamlessly connects members/families to their dedicated Care Coach
- Helps streamline access to critical documents, information and communications



		Click here to tour the	9:4	9:41			
		<u>experience</u>		€ plan.c	ariloop.com	Û	
• •			≡	Jonah 👻	م	TL	
caril <mark>co</mark> p							
	Activity	Documents Care Team	Disc	cussions	Recent acti	vity 🝷	
•	Discus	SSIONS Recent activity +			une 14 Jonah's Recovery - by to help with tha		
		Linda Barrow - June 14		🗆 3 New 🖷	? 2		
		Resources for Jonah's Recovery – Hi Taylor, I'm happy to help with that started on looking into some recovery-safe activities and have that inf	Do	Kendrick Langsto June 14 · <u>Dismiss</u>	n was added to Jonah	n's Case ∙	
	Do t	Kendrick Langston was added to join Jonah's Case • June 14					
	TL	Taylor Langston - June 11 Looking for recovery support activity ideas – Hello Taylor, thank you for started looking into that and send over some resources mid-week. Let	TL	-	June 11 covery support act aylor, thank you for	-	
	8	June 10 - 🏦 Private Tell us more about your caregiving needs Let your Coach know how they can best support you	8		<b>bout your caregivi</b> ur Coach know hov	-	
		Linda Barrow - June 10 - 🔒 Private Welcome to Cariloop, Taylor! – Welcome to Cariloop, I'm your Care Coa		View submission		C	

### Cariloop Product Roadmap

#### **Product Strategy**

Build on the foundation of our human powered and digitally supported caregiving support model to enhance our coaching services, technology tools, data and reporting to maximize our impact on member wellbeing.

#### 2023 Product Roadmap

### Caregiver Dashboard

#### The enhanced member dashboard makes it easy for people to:

- Get started on their journey
- Access relevant content
- Stay on top of important tasks and to-do's
- Facilitate digital document organization
- Create space for collaboration and delegation across the entire caretiving team.
- Access medication trackers, family calendars and other helpful digital tools
- Monitor progress

### Family Care Coordination

Simple, convenient, and secure tools to help coordinate care:

**Family calendar**, for tracking appointments, follow-ups and tasks

#### Medication tracker,

list of current and previous medications, refills, potential interactions, side effects and more

#### Benefits mapping,

providing a comprehensive overview of available programs, tools and resources to support your journey

#### Provider coordination,

tracking doctors, nurses, social workers, therapists, home health aids and others who are providing care.

#### Live coaching chat,

allowing access to a coach for quick questions during business hours.

# Care Content & Community

Create a sense of community outside of your direct care team with:

**Member content library,** access to comprehensive content to support your journey

**Coaching chatbot,** providing personalized and relevant answers to member questions 24/7

**Care communities,** allowing members to network with other individuals, caregivers and families on similar journeys

### ROI & Value Engineering

Accurately measure and report the impact of Care Coaching including:

- Reduced frequency and duration of leaves and absences
- Improved return to work ratios
- Decrease in employee turnover cost
- Improved attraction and retention of key talent, including women and minorities
- Reduction in cost of caregiver health

#### 2023+ Product Roadmap

### Continued Investment

### and Evolution of Services including:

- Integrated administration and delivery of elder care, back-up care, childcare and pet care
- Enhanced Medicare Support
- Leave and Disability Support
- Care planning tool
- Enhanced integration with Alight Reporting and Optimization
- International expansion

# **Coaching Methodology**

### A glimpse into Cariloop's Coaching Excellence







Care Coach Alejandra Master Social Worker



Care Coach Julie Special Needs Education, ESL/ASL



Care Coach Kathy **Oncology Patient Navigator, Nurse** 

Care Coach Kristen B. Ed.D, Literacy Specialist, ESL

### Cariloop's Key Differentiator - Experienced Coaching and Support

00

Scalable Model Qualified applicant pool + hybrid training and mentoring program	<b>Proven Analytics Platform</b> to support "just in time" hiring, onboarding and surge planning	Member Satisfaction Objective case review, oversight and member feedback ensure consistent quality	<b>Curated Expertise</b> Licensed, credentialed coaches drive a meaning member experience and care journey outcomes
400+ screened coaching candidates	Proven 30 day onboarding	90% + Member Satisfaction	Average of 12+ year of experience
<b>Proprietary Digital Tools</b> <b>Drive</b> coaching efficiency and support the member journey	<b>Geographic Coverage</b> Documented best practices and database to support ALL members regardless of location	Data Driven Member/ Coach Algorithm Ensures the best possible coach for member needs	<b>Cross Functional +</b> <b>Specialized Support</b> allows dedicated coach to support a variety of need with specific areas of for

Cariloop's highly qualified coaches are the foundation of our experience - Who is helping your employees and their families?





#### **Credentialing our Expertise**

Average of 12 years of experience



#### **Elevated Service**

- 2 hour response
- SLA's

### Healthcare

- Doctor of Medicine (MD)
- Registered Nurses (RN)
- Licensed Practical Nurses (LPN)
- Occupational Therapists (OT)
- Licensed Nursing Home Administrator (LNHA)
- Certified Health Worker (CHW)
- Certified Dementia Practitioners (CDP)
- Certified Occupational Therapist Assistant/Licensed (COTA/L)
- Oncology Patient Navigator-Certified Generalist (OPN-CG)
- Chronic Care Management
   Professional (CCM)

### Counseling

- Licensed Social Workers (LSW, LMSW, LCSW, LBSW)
- Licensed Professional Counselors (LPC)
- Disability Income Associate (DIA)
- Change Management Professional
- Health Care Life Coach (HCLC-C)
- Certified Integrative Nutrition Health Coach (C-INHC)
- Certified in American Case Management (ACM-SW)
- Licensed Chemical Dependency Counselor (LCDC)

### **Education**

- Teachers
- English as a Second Language Teachers (ESL)
- EC-12 Principals
- Special Education Teacher (SPED)
- M Ed in School Counseling

### A human first model, designed for sustainability and impact

### Healthy pool of qualified applicants at all times

The problem of burnout in traditional healthcare works to our advantage. Healthcare professionals are eager for settings like Cariloop, away from the bedside where they can really make a difference

### Reliable Applicant Pool

#### Hiring and Onboarding

We have an efficient process that allows us to screen, interview, vet, hire and onboard within 30 days

#### Performance Management and QA

Our hybrid modular, and in-person training program, along with a successful mentoring and monitoring program, allows Coaches to be up to full speed by 30 days Superior Candidate Selection

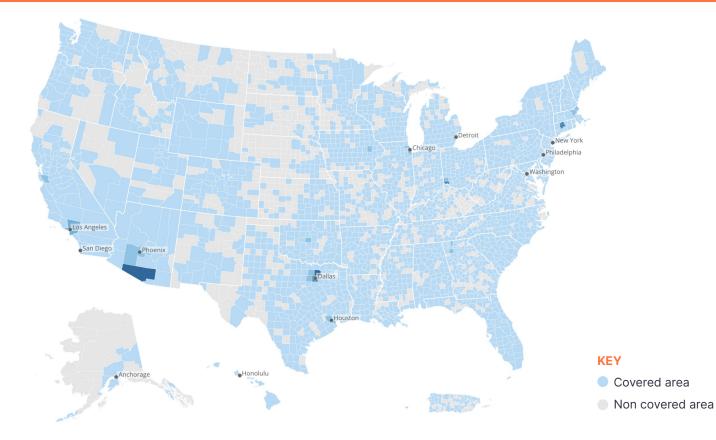
> Best-in-Class Coaching Support

### Our current geographic coverage

By member and care recipient

Cariloop is proud to support employers and caregivers located in the USA and Canada

Our services are available in English, Spanish and French



# DE&I & SDOH

### The responsibilities that come with being a caregiver do not discriminate

#### Gender

Women largely take on more caregiving responsibilities than men, leading to gender disparity and decreased career opportunities for caregiving women.

#### **Race + Ethnicity**

Cultural norms and family structures of already marginalized groups can lead to discrimination in the workplace and limit their career opportunities.

#### Age

Older workers may face age discrimination in the workplace and be passed over for promotions or other opportunities.

#### Disability

Caregivers with disabilities may face additional barriers of access and discrimination from service providers.

### **Socioeconomic Status**

Low-income workers who may have less access to paid time off or other benefits also have a higher need to maximize the value of their benefits.



### Caregiving is a social determinant of health

- Cariloop supports caregivers so they can address the SDOH of care recipients
- Cariloop cares for caregivers, reducing stress, anxiety and helping them manage their own health
- Cariloop works with customers to target members and families most impacted by SDOH and measure the impact our support has on their health outcomes



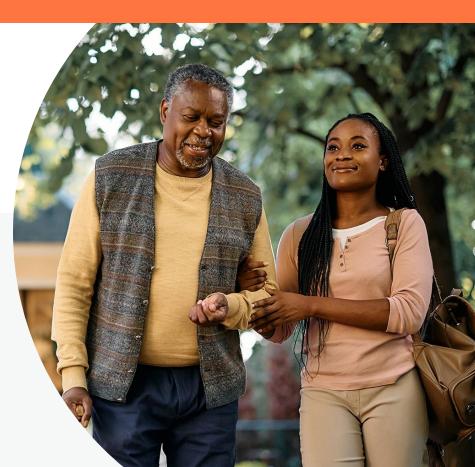
NEARLY

20%

of adults in the United States provide unpaid care for an adult with significant health or functional needs.

The involvement of a family member in home-based care is associated with improved patient health outcomes and lower rates of health care utilization, but also high caregiver stress.

-NEJM Catalyst



### Maximizing Resources Intended to Address Social Determinants of Health



 $\mathbf{c}$ 

### LGBTQ+ Support from Cariloop

LGBTQ+ employees, families and communities face unique caregiving challenges that are often overlooked by traditional employee benefits. Individualized caregiver support helps ensure that employees are able to access affirming support that meets their families' needs—no matter how they define their family.

Cariloop Care Coaches provide dedicated, expert-level guidance with things like:

- Transition resources and support, including gender marker and legal name changes
- Family planning
- Finding and vetting gender and LGBTQ+ affirming healthcare providers, attornies, pharmacies, etc.
- Aging resources including LGBTQ+ senior facilities and end-of-life planning
- Finding and vetting mental health services for all ages
- Finding local and virtual support groups
- Educational resources and support for parents of children who are questioning their gender and or sexuality
- And so much more...



## Sample Marketing Materials: Flyer

As LGBTQ+ families and caregivers navigate a spectrum of caregiving challenges, having dedicated support in your corner can make all the difference.

Cariloop's Care Coaches are here to provide guidance, resources and support for you and your loved ones—no matter who you call family.



Receive guidance and support from a dedicated Care Coach now at www.cariloop.com/COMPANYNAME



## **Expert Medicare Support**

#### **Empowering Members to Make the Best Decision:**

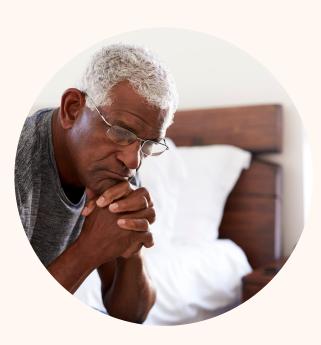
- Explain the different parts of Medicare, including Part A (hospital insurance), Part B (medical insurance), Part C (Medicare Advantage), and Part D (prescription drug coverage)
- Help compare the various Medicare plans available to them, explaining differences between Original Medicare, Medicare Advantage, and Medicare Supplement plans

#### **Clarifying Eligibility & Supporting Enrollment:**

- Confirm eligibility for Medicare based on age, disability status, and/or other qualifying criteria.
- Support individuals through the enrollment process, helping them understand when and how to enroll to avoid penalties and coverage gaps
- Educate about special enrollment periods

#### **Explaining Coverage & Anticipating/Managing Costs:**

- Educate on which medical services and treatments are covered under each part of Medicare, as well as potential out-of-pocket costs
- Explain Medicare premiums, deductibles, co-payments, and co-insurance, as well as provide ideas to help manage these costs.
- Provide resources to help individuals evaluate prescription drug coverage (Medicare Part D) plans based on the medications they need and their associated costs.



## **Comprehensive Cancer Care Support**

### $\mathbf{c}$

#### **Understanding the Diagnosis**

- Share and discuss clear and reliable resources/information about the specific cancer diagnosis, treatment options, side effects, etc.
- Review and discuss treatment plan
- Further explain different treatment options and provide resources to help individuals evaluate the advantages and disadvantages, enabling them to make informed decisions
- Comprehensive support in navigating second opinions

#### **Mental & Emotional Health Support**

- Provide emotional support and a safe space to express fears, frustrations, and emotions
- Teach coping strategies to help manage the stress, anxiety or depression often associated with a cancer diagnosis
- Find and vet in-network specialized mental health professionals available to provide support
- Facilitate connections with other cancer survivors and/or support groups
- Acknowledge and celebrate treatment milestones and achievements, fostering a sense of accomplishment and positivity.

#### **Managing Family & Work Dynamics**

- Support finding and/or streamlining any necessary help (full-time, part-time or occasional) with childcare, adult care, respite care, pet care and/or household work
- Guidance and tips for effectively communicating diagnosis, treatment plan and needs with family/children, friends and co-workers
- Help navigating a leave of absence (if needed) and other workplace accommodations on their behalf; guidance on how to maintain professional relationships
- Guidance in discussing and preparing for end-of-lige preferences/planning, advanced care planning and emotional preparation, if relevant.



#### **Navigating Insurance & Financial Assistance**

- Navigate insurance coverage and clarify benefit specifics
- Guide through claims process, EOB and any disputes
- Identify resources for financial assistance

#### **Support with Appointments**

- Guidance for communicating with healthcare team to ensure questions and concerns are relayed effectively
- Provide tips for coordinating appointments and help with organization of appointment calendar and reminders
- Identify and help secure alternative transportation options on their behalf
- Work to address any logistical challenges on their behalf

#### Self-Care & Overall Well-being

- Guidance for maintaining a balanced diet that supports energy levels, immune system and overall well-being during treatment
- Provide information about exercise routines that can enhance strength, reduce fatigue and improve overall quality of life
- Educate on strategies to help alleviate treatment side effects and symptom discomfort to improve daily functioning

## Veteran Support from Cariloop

Veterans and families of veterans don't get enough help. Our experts help these members navigate VA healthcare and benefits much easier and faster.

Cariloop Care Coaches provide dedicated, expert-level guidance with things like:

- Walk through how VA benefits and private health insurance can work together
- Get the full scope of resources and providers available for PTSD and other mental health challenges
- Uncover eligibility and enrollment information for Veterans' Pensions and VA Aid and Attendance
- Secure personalized and vetted options for local VA-contracted care providers, including non-medical home care, assisted living and long-term care
- Link up with veteran support networks in the community
- Identify funeral/burial service options/headstone programs for veterans
- Connect with a Veteran Service Officer



## **Member Journeys**

## **Meet Alex**

Alex's partner is a trans-individual who just relocated back to the US with an immediate need for prescription refills.

 $\mathbf{c}$ 

Alex calls their Care Coach to help find and vet local care options for gender affirmation care including verifying insurance coverages and availability, as well as providing information on how to get medications

Alex's Care Coach provides mental health resources, support groups, education and advocacy for Alex and their partner When Alex's partner is ready to explore gender reassignment surgery, her Care Coach calls in-network surgeons to verify availability and estimate procedure costs

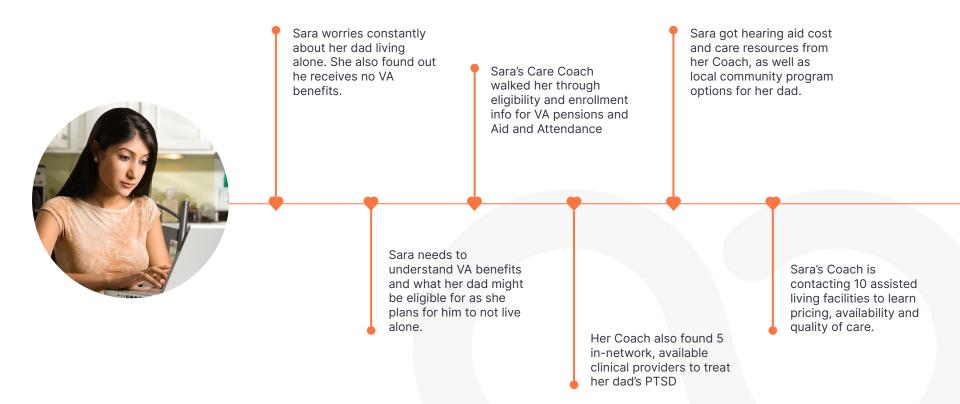
Located a state specific telemedicine option supporting trans healthcare that operates on a sliding scale

Their Care Coach also found 5 in-network, available clinical psychiatrists able to support and coordinate care with Primary Care Physician (PCP) Alex's coach identifies financial tools and resources to assist with budgeting and saving for procedures

## Meet Sara

Sara's dad is a veteran who suffers from PTSD, is hard of hearing, and his health is declining.

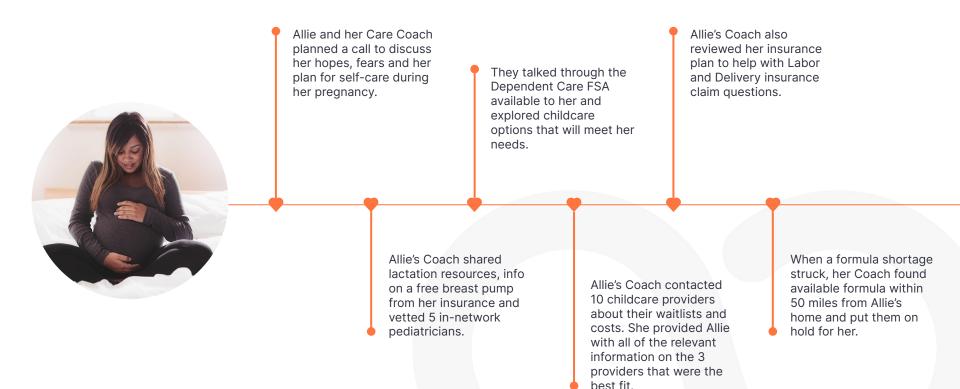
 $\mathbf{c}$ 



## Meet Allie

Allie is pregnant and is unsure of everything she needs to do to plan for the birth of her child.

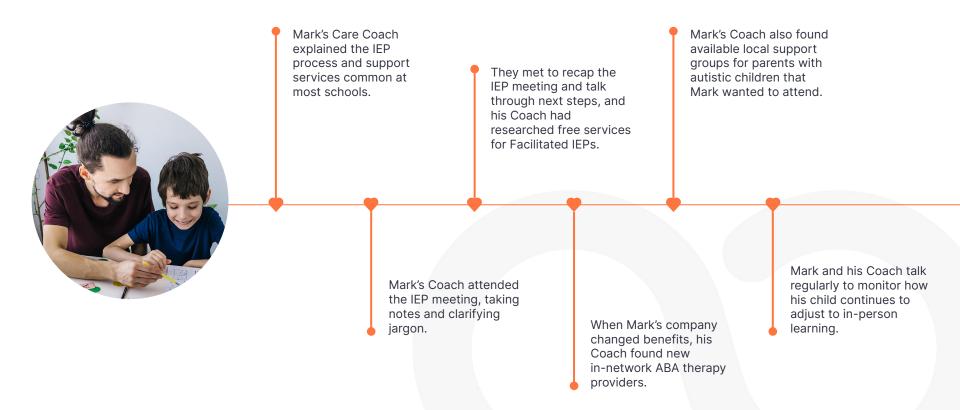
 $\mathbf{c}$ 



## Meet Mark

Mark's child was recently diagnosed on the autism spectrum and he had no idea what support his child would get at school.

00



### Meet Sean

Sean has been working with his company for several years when he's diagnosed with testicular cancer and is forced to take an extended leave of absence.

00

Sean opened a case for himself and shared with his Coach that he's feeling significant anxiety about his leave, diagnosis and treatment and is unsure of where to begin.

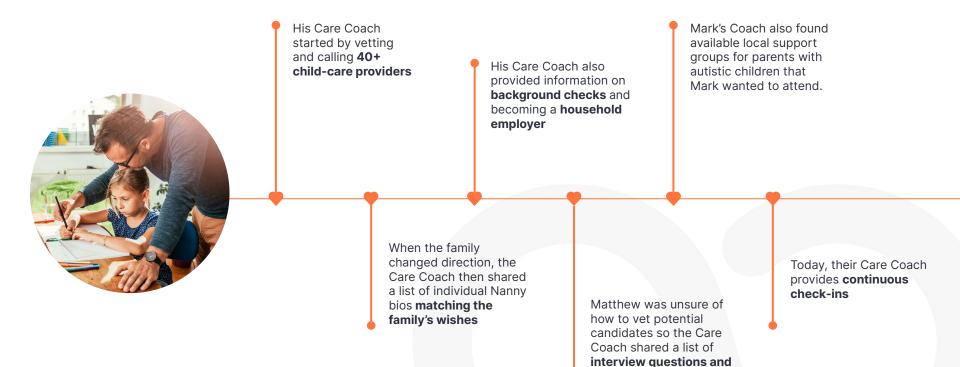
The Coach then helped Sean identify resources he made need throughout his absence - from support groups to financial assistance programs. The Coach provides Sean with a list of resources he may need during his LOA, such as support groups, counseling services and financial assistance programs.

Sean's Care Coach helped him understand the necessary paperwork for the leave of absence, such as medical certification and FMLA forms.

The Coach helps Sean communicate his condition to his employer, his medical providers and his family, ensuring everyone is informed and aware of his upcoming LOA. The Coach supports Sean throughout his leave, helping him stay on track with his recovery and transition back to work.

## **Meet Matthew**

Matthew requested help **finding part time childcare**, two to three days per week.



considerations

## **Meet Brian**

Brian is a new employee who recently ended his time in the service. He reached out to Cariloop with questions related to insurance and expressed difficulty adjusting to civilian life.



The Care Coach scheduled a call with Brian, who shared that he is having trouble sleeping, focusing, and isn't sure how his benefits work for medical and mental health needs.

Brian's Coach talked him through how his VA health benefits and private health insurance work together for both service connected and non service connected conditions. His Coach prepped Brian with questions to consider asking his provider and ways to track his sleep to have detailed information for the physician to make the most of his appointment.

Brian's coach answered questions he had about an EOB he received and coverage for testing his physician ordered.

Brian's Coach connected him with a local Veteran Service Officer (VSO) to help with time-sensitive considerations related to his separation from active duty and benefits that may be available to him.

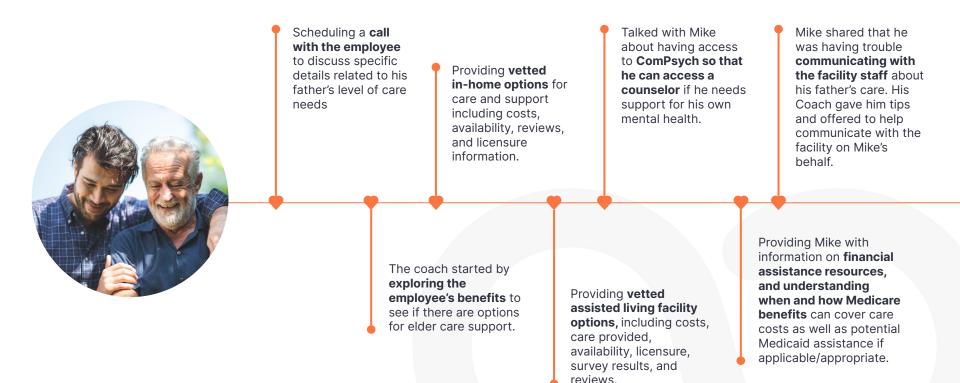
His Coach shared ideas to consider to help with healthy sleep routines and researched primary care providers and neurologists who specialize in sleep issues. Brian's Coach informed him about the EAP his employer offers, identified 3 local counselors who have experience working with veterans, and suggested an app to help with mindfulness and meditation.

His Coach connected him with veteran support networks and activities in his community and researched emotional support animals on his behalf.

## Meet Mike

Mike calls in about his parent with **dementia and needs support navigating the process of assisted living.** 

 $\mathbf{c}$ 



## **Meet Grace**

Grace's daughter has been suffering from **depression and anxiety** for the past year. After trying several different therapists that haven't been a good fit for her daughter, Grace is **struggling to find resources** both for herself and her daughter.



Grace and her Care Coach planned a video chat and Grace shared that she feels like she's failing as a mother and feels exhausted and hopeless...

The coach started by providing resources and information about Grace's daughter's mental health disorders and self-care practices to help Grace better manage her own stress and anxiety. Her coach helps navigate available providers who specialize in adolescent depression and anxiety treatment and assists Grace in scheduling introductory sessions to find a good fit for her daughter.

Coach provides ongoing support to both Grace and her daughter as they manage their mental health.

The Care Coach listened to Grace with **compassion** and began to map out a **care plan** to support both Grace and her daughter.

Provided vetted options for in-network mental health providers in both Grace's EAP & local area who specialize in families coping with mental health disorders. The coach documents a **care plan** that empowers Grace to **set boundaries** to allow her to take care of herself while still supporting her daughter.



## Journey of a family caring for their 38 year old loved one with multiple chronic conditions

## The family's Experience



#### Engagement

A sibling opened a case for their brother and invited other family members, including their parents to join

#### **Assessing needs**

Our Care Coach gathered information about what the family needed help with and what their priorities were

#### Understanding Complexity

Our Care Coach ascertained that the loved one has diabetes, hypertension and stage 4 kidney failure and is not eligible for kidney transplant. He also has decreasing vision and is unable to drive and is dialysis dependent

#### Support

At the family's request, the Coach started by supplying resources for end-of-life planning including the creation of a living will. She further helped them with distinguishing between Medicare and Medicaid and understanding the application process

#### **Continued Support**

The Care Coach helped resolve transportation issues to dialysis and medical appointments, offered insights into SNAP benefits and supplementary assistance as well as resources to help them better understand dietary requirements. The Care Coach is currently working with the family to improve mobility and safety at home

## Understanding the family's challenges Difficulty with transportation to dialysis, managing a

to dialysis, managing a special diet, understanding how/if Medicare and/or Medicaid can help, making the home a suitable environment for the patient, planning for end of life including creation of a will

#### Mom's Experience

Engagement

Mom reached out to explore



**Support** 

The Care Coach explained their state's Virtual School Program with accredited options detailing structure, curriculum, and career preparation. The coach also detailed how these programs operate, including the roles of parents or learning coaches, expectations for completing school assignments, the high school curriculum, information about career and college preparation, student Career Coaching details, and available career clubs. Additionally, the coach delved deeper into specifics about two schools the mother had shown interest in

#### Follow Up

Upon receiving a follow-up check-in from her Coach regarding the progress of the school year, mom replied with the following: "You are god sent!!! Thank you so much for all of your help. My son is in homeschool and he is doing very well. He says it's a little harder than regular school because it is a lot of reading instead of the teacher telling them everything. Overall I am happy because he is staying out of trouble and becoming a better reader. Thank you again <3"

#### Seeking to Understand

The Care Coach learned what was most important to mom: self-paced learning, college credit accumulation, and temporary removal from a traditional school setting. Additionally, mom was hopeful that her son would advance in his studies. so he might reduce his senior year course load, opening up job or additional education opportunities

#### **An Empowered Mom**

Mom enrolled her son in a school that aligned closely with her criteria. One particularly attractive aspect was the program's self-paced structure, combined with the provision of a success coach. She holds optimism that the school's smaller student population will facilitate effective support for her child in exploring future career aspirations

# Integration, Implementation, Ongoing Engagement + Delivery

## Cariloop Implementation (30-60 days)





**Agreement Review** 

The Agreement Review process starts the implementation process

Benefits team sends Cariloop a high-resolution logo

Optional "Soft Launch" so employees can actually start cases



**Kickoff** 

1-Hour In-person Meeting/Lunch or Virtual Call

Cariloop Customer Success team introduced with goal of gaining insight into group and communication methods

Review of implementation status (benefits guide, billing, W9, etc.)

2	2	
2	2	
	70	

Pre-Launch Huddle

30-minute virtual call to review status of Project Plan initiatives to prepare for a successful launch



Launch Cariloop

Customer Success hosts initial event to introduce and educate team members about Cariloop

Customer Success team touches base with Benefits team on a consistent basis for ongoing support and collaboration (i.e. monthly check-ins)

### Our **Customer Portal** puts

your team in total control of managing your caregiver support strategy and monitoring Cariloop's impact in real-time.

< Customer	Dashboard Since La	Download Report				
Dashboard	Case Metrics 🕥 🔹 Adult 🖬 Pediatrics					
* Metrics	<b>A</b>	8				
E Content	11.1k Eligible Employees ©	371 Members ⊚	445 Total Cases ⊗	445 Active Cases ⊙	182 Average Case Interactions ©	
Eligibility			_			
2음t Team	R <sup>N</sup>	<u></u>	60			
Notes	3.3% Utilization (1)	167 Care Team ③	>1 Case ③	_	0 100 200	
	Case Needs ⑦	Adult 3.2k Pedia	atrics 692		All Needs Initial Needs	
	All Needs			<ul> <li>Expand A</li> </ul>	II Top 5 Needs	
	999 Physical health Adult					
	489 Living situation 428 Mental and em					
	267 Financial assist	7.01				
	251 Mental & emoti	3.9k Case Needs				
	224 Legal Adult -				Come (VEEUS	
	222 Community resources Adult					
		sations with a loved one	Adult			
_	196 Childcare Ped	iatrics		•		

## **Cariloop Caregiver Survey**

## Not sure how Caregiving is affecting your employees?

Our complimentary Caregiver Survey opens your eyes to the impact **caregiving** has on the physical, financial and emotional well-being of your employees.



(Your company logo here)

[company name] wants to make sure you know how much we care about you and your loved ones. In order to further achieve that, we ask that you please take a minute to fill out this quick survey so our team can better understand the family caregiving needs of [company name] employees This questionnaire should take no longer than 1 minute.





#### **Employee Caregiver Survey**

\_\_\_\_\_ wants to make sure you know how much we care about you and your loved ones. In order to further achieve that, we ask that you please take a minute to fill out this quick survey so our team can better understand the family caregiving needs of \_\_\_\_ employees. Your time is greatly appreciated!

1) Are you and/or a family member helping a **senior** loved one (elder parent, grandparent, etc.) with any of the following? (Select all that apply)

a. Finding doctors or specialists, researching care facilities or in-home care

b. Paying for medication, food, rent or understanding how to pay for care

c. Managing medications, household chores, personal hygiene, or driving to medical appointments

d. Understanding legal documents, trusts, estate planning, or finding family attorney's

e. Finding a counselor, support groups, or mental health resources

f. Navigating or preparing for end of life care (hospice, funerals, comfort care, etc.)

g. Navigating difficult conversations with loved ones

h. Other care-related tasks not listed above

i. None of the above

 Are you and/or a family member helping an adult loved one (non-senior adult, spouse, parent, sibling, aunt/uncle, partner, friend, YOURSELF, etc.) with any of the following? (Select all that apply)

a. Finding doctors or specialists, researching care facilities or in-home care

b. Paying for medication, food, rent or understanding how to pay for care

c. Managing medications, household chores, personal hygiene, or driving to medical appointments

d. Understanding legal documents, trusts, estate planning, or finding family attorney's

e. Finding a counselor, support groups, or mental health resources

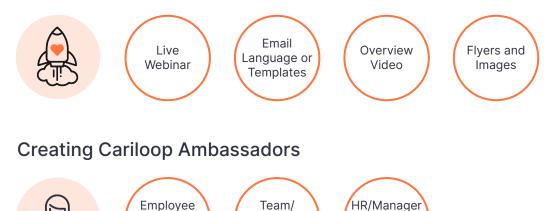
f. Pregnancy or post-partum support

g. Navigating difficult conversations with loved ones

## Initial & Ongoing Employee Engagement

We craft memorable and informative experiences to fit your culture and keep caregiver support top-of-mind.

### Company-Wide Launch



Department

Meetings

Team

Training

### **Ongoing Engagement Opportunities**

Resource

Groups



## **Cariloop Member Engagement Strategy**



#### **Discovery Session**

Understand current content needs

Evaluate preferred channels

Identify any essential content themes

Understand employee experience and ecosystem



**Review Content** Thematic Calendar

Each month, our content will fall into these categories:

- Evergreen Content
- Spotlights on caregivers
- Heritage months and seasonal topics
- Trends



Employee Experience Integration

Embed Cariloop Coaches into your employee experience:

ERGs

- New Hire Experience
- Leave of Absence
- HR and Manager
   Training



**Content Execution** 

Cariloop's marketing team will deliver content on the 15th of each month needed to promote content to your employees



#### Voice of the Customer

Work with you quarterly to gain insights and feedback on content

Discuss any trends or in-the-moment community happenings

Align on content for the next quarter

## Sample Employee Feedback Survey

Has working with Cariloop helped you feel **more confident in your caregiving decisions?** 

> No 13% Yes 87% Yes 92%

Do you feel Cariloop has saved

you time regarding your

caregiving responsibilities?

On a scale from 1 to 5, where 5 is the highest rating:

Overall, how helpful has Cariloop been in supporting you on your caregiving journey?

**4.7** 

How valuable has having a Cariloop Care Coach been while caregiving?

How likely are you to recommend Cariloop to a friend or coworker?

to **5.0** 

## **Cariloop Gives**





Being a Certified B Corporation means we uphold rigorous standards for social and environmental performance, accountability and transparency. Being a Public Benefit Corporation means these standards are written into the DNA of our legal framework.

## Thank you!

For more information on our program, please visit us at: <u>www.cariloop.com</u>