

# **Build a Culture of Wellbeing with Holistic Resources and Ongoing Support from Navigate**

In your wellbeing program, you treat your employees as people, not as numbers. But that doesn't mean data isn't important—in fact, it should work hand-in-hand with a personal approach to engage your participants and help them address their unique, individual wellbeing status.

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Online resources
(a Wellbeing Survey,
a Biometric Data
Display and more)
teach participants
about their personal
health risks.

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Participants join challenges, complete video learning courses and engage with portal resources to address those risks.

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You gather data you can use to plan future program inclusions.

Note: standard platform features vary by purchase tier.

# **Provide Holistic Resources with the Power of 8**

No matter what wellbeing risks your people face, we've got them covered. Our online resources adhere to our Power of 8 philosophy, which means we provide content to assist with the eight key pillars of wellbeing: **Purpose, Physical, Mindfulness, Nutrition, Social, Balance, Financial and Community.** 

















# Do Good for Others and for Your Bottom Line

- Happy employees are 12% more productive.1
- A sense of belonging at work makes employees 7x more likely to engage in their work.<sup>2</sup>
- Companies with happy employees outperform the competition by 20%.<sup>3</sup>

The stats go on and on, but they amount to one big truth—building a culture of wellbeing and offering holistic resources is the right thing to do for your people and for your business.

<sup>&</sup>lt;sup>1</sup> https://warwick.ac.uk/newsandevents/pressreleases/new\_study\_shows/

<sup>&</sup>lt;sup>2</sup> https://www.businessnewsdaily.com/6759-friends-at-work.html

<sup>&</sup>lt;sup>3</sup> https://growtheverywhere.com/management/statistical-case-company-culture/



### **Get Your Message Out**

What's your wellbeing story? Use configurable areas of the portal and helpful, engaging communication campaigns to get your participants' attention and keep it all year long. We plan and confirm all communication campaigns during the implementation process, so you will know exactly what to expect and how often to expect it.

#### **Standard Inclusions**

- Program launch promotion
- Challenge registration campaigns
- Video content
- Year-round wellbeing education

#### **Additional Capabilities**

- Dimensional items unique to your needs: notepads, pens, water bottles and more
- · Ad hoc materials as needed

# **Utilize Ongoing Support**

We do the heavy lifting during implementation and we don't leave you hanging once your portal is live. Instead, we'll stay in contact throughout the program year and renewal process, combining what we learn about your audience with current industry trends and best practices to build an engaging multi-year strategy.

- Send Pulse Surveys:
  - These completely customizable, bite-sized surveys are easy to create and can be sent at any time, about any topic you want to know more about.
  - Available at the Enhanced and Optimized levels.
- Account Management Support:
   Every client, no matter what size, receives
   support from an Account Manager and
   an Account Coordinator. This support
   team meets with you during your program
   build, throughout the year and during
   program renewal to provide strategic
   recommendations, confirm details and
   provide progress updates.
- Admin Dashboard:
   Admins can easily review and sort data
  - with this easy-to-use, visually dynamic dashboard.
- In-House Customer Service:
   When your participants need answers,
   we're here to help. Navigate's in-house
   customer service team works side by side
   with account management and technology
   to ensure every participant call receives
   friendly, accurate resolution.



# Optional: Boost Engagement with the Live Amplified Rewards Mall

Studies show tangible rewards are more motivating<sup>4</sup> than cash prizes. Engage your audience with an incentive structure and a reward catalog that will motivate them to complete required activities.

- Your Account Manager will work with you to design an incentive structure around your organization's wellbeing objectives or we can simply integrate rewards into your existing plan.
- Either way, your participants complete tasks to earn rewards credits that can be redeemed for hundreds of merchandise and egift card options.

<sup>4</sup> Using Rewards to Create Moments That Matter, Martiz Motivation Solutions

Question? We're Here to Help

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